



# SHOULD I KEEP MY CHILD OFF SCHOOL?

Sometimes children are clearly too unwell for school, but sometimes it can be tricky to decide whether or not to keep your child off school when they are unwell. Since Covid, parents are finding the decision even more difficult to make. Attending school is vitally important for the long-term wellbeing and aspirations of children. Poor attendance can negatively impact a child's future, both socially and developmentally, as well as educationally. There are government guidelines that say when children should be kept off school, how long they should be kept off for and when they shouldn't be kept away from school.

## No they are ok to go to school

Cough, cold and flu-like illness (no temperature)

**and make sure you let their school know about...**

Hand, foot and mouth

Glandular fever

Head lice

Tonsillitis

Threadworms

Slapped cheek



## Yes tell school immediately and keep them off until...

**Cough, cold and flu-like illness (with temperature), including Covid-19**

they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for Covid-19

**Chickenpox**

at least 5 days from the onset of the rash and until all blisters have crusted over

**Diarrhoea and Vomiting**

48 hours after their last episode

**Impetigo**

their sores have crusted and healed, or 48 hours after they started antibiotics

**Measles**

4 days after the rash first appeared

**Mumps**

5 days after the swelling started

**Scabies**

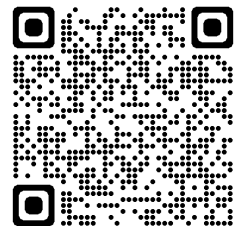
they've had their first treatment

**Scarlet Fever**

24 hours after they started taking antibiotics

**Whooping Cough**

48 hours after they started taking antibiotics



**Advice and guidance**

To find out more, search for health protection in schools or scan the QR code or visit

<https://qrco.de/minftec>