



THOMAS  
GAINSBOROUGH  
SCHOOL

# PORTRAIT



Now that we've grown  
up together....



2015

Issue 21  
December  
2018

CONTENTS INCLUDE: HOUSE NEWS, ENRICHMENT,  
ALUMNI, SIXTH FORM, CAREERS & SPORT

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# Haven't they Grown?

On the cover of our first issue of Portrait in 2015 we chose a lovely photograph of four angelic looking Year 8 students gazing happily at the huge Christmas tree that had just appeared in their school building.

Those little Year 8s have now grown into four wonderful young adults in Year 11 so we thought we would try to recreate that picture from three years ago and use it on the cover of this issue, our 21st Portrait.

However we also thought it would be a good idea to allow Lucy, Charlotte, James and Greg to tell us about the last three years and their stories of their time here at TGS.

Mr W Lloyd



2015



## Lucy Bowes

In the past three years I feel like I have grown in my studies and as a person. Last year I chose my GCSEs with the support and advice of my teachers which enabled me to choose the right subjects.

After Year 11 I am going to go to Suffolk One to study Chemistry, Maths, Biology and Physics to eventually become a vet.

Tgs has been supportive in helping me to achieve my goals and I will look back on my time here fondly.



## James May

From the start of my journey at TGS, I enjoyed the flexibility we were given when choosing our subjects. Back in Year 7 it was a choice between three pathways which allowed me to pick a set of subjects that fitted my strengths. In Year 10 I was able to choose four subjects that I enjoyed and take my current knowledge and skills to a higher level. I am looking forward to taking my A levels choices here at TGS where I know I'll be able to work and study to the best of my abilities.



## Charlotte Knights

"What do you want to do when you grow up?" was a question I never knew how to answer when I was younger. Since joining TGS though, I have a much better idea of what I am interested in and how to get there. After Year 11, I hope to go to the TGS Sixth Form here to study Forensic Science, Psychology and Biology, with the intent of going to university, and hopefully becoming a Forensic Scientist in the future.



## Greg King

I've grown up with many others seeing them change, mature, and grow as people with the school.

The time that I've spent at this school has been a delight as the support and help you get from staff is very good offering help when you need it.

I am glad to have spent these years at TGS.

Christmas is racing towards us and the end of the long Autumn Term is in sight. I would like to say how proud I am of our Year 11 students who have just completed a gruelling fortnight of mock exams and conducted themselves so well. I truly hope that the results reflect the hard work that has been put in, and give them confidence for the Summer exams.

Our Year 7 students seem to have always been here at TGS, they have caught the Abbas spirit so quickly from their excellent role models in the higher years. It is delightful to be stopped in the corridors to hear their news and ideas, and to see so many joining in with enrichment clubs. I can see from the merits rolling in just how hard they are working. Well done Year 7, keep going exactly the way you have begun!

Children in Need was once again celebrated with a cake competition. Here are just two of the Abbas fantastic entries; these are from Jake and Finn Morris in Year 7. I really enjoyed hearing about their cooking interests and then seeing such wonderful results! Brilliant effort from all of our Abbas bakers, thank you.



This is a picture of just some of the Abbas helpers and cakes for our third cake sale of the term to raise money for Headway Suffolk. Super effort from Sam Clayton, Callum Ryan, Thea Reeve, Jess Hammond, Callum Ryan, Fia Garrard, Jake and Finn Morris, Caleb and Tobey Fenton and many more. Thank you so much and well done!



To continue with our House Charity news, we have an opportunity to pack some grocery shopping bags for customers at Sainsburys Cornard from 10.30 to 12.30 on Sunday 16th December. It would be great to have a smart and smiling team ready to help the shoppers and raise money for our Headway Suffolk charity.

Our Abbas Christmas raffle is under way with some excellent prizes again this year. We have a laptop, some Swarovski earrings and pen, a Michael Kors bag, a little ipod plus other exciting donated prizes. The tickets are £1 each. The draw is 14th December. All money goes to Headway Suffolk.





Thomas Goes Scary was again a huge success. Students were able to show off their artistic and imaginative talents with a “shoulders up” Halloween creation. Well done all for entering, especially our Abbas winner, Ella McCrory!



This beautiful creature was created by Holly Bunter ABO for the Penguins and Polar Bears made from recycled materials competition to be displayed at the Apex Centre in Bury – he is absolutely beautiful. Well done Holly!



There are so many ways that our students can get involved in wider school activities. Please check notices for minibus enrichment trips and the clubs themselves. The competitions are varied and accessible to all, please do continue to support participation where possible. There is so much to be gained from these activities: it isn't just about merits!



Invitations to the termly cream tea are ready to go out to those students from each house who have shown that little bit of extra effort towards all things house related this term. With only eight invitations per house you can imagine how difficult that is in Abbas, I honestly have enough genuine contenders to fill the event with Abbas students alone.

Thank you for your continued support, it really is noticed and appreciated.

I wish you all a very happy Christmas and a very peaceful New Year, and I look forward to 2019 being as happy and productive as 2018 certainly has.

Best wishes, Mrs N Wilby

ABBAS

What a fabulous half term, with so many achievements from you all. Our first charity event of the year – the chocolate hamper raffle raised £75 and even had a Chamberlain winner – Eden Bryant. A huge thank you to everyone who bought tickets and to our committee team for giving up their time to sell tickets. Watch out for our big London-to-Brighton event in the Spring term.

I have had loads of Value nominations this term. It is amazing to see so many of you getting involved with events both inside and outside of school. To mention a few special values:

Jack Osborne won 8 medals at a recent swimming gala with 5 of these being gold. He also achieved several personal best times! We wish him well at his next gala. Charlie Walder performed the amazing role of a WW1 soldier for his local Remembrance service and has continued to excel at his Park Run events winning the Under 16 Boys category for 2km in Hadleigh recently and he has just received a Distinction Grade 5 for the French horn – what a talented young man!



George Bowden is making a great name for himself with a fantastic hustling speech to become his form Student Parliament representative and entering an amazing chocolate hedgehog for the Children in Need cake competition.

Well done to Maisie Young, Poppy Chisnall and Olivia Roberts who have all given up some of their time recently to volunteer in the library and the local community – what great role models you are for others.

Finally, well done to Megan Turner who has already achieved the yearly target of

300 merits in one term! Through constant hard work, entering of competitions, volunteering in the careers hub and at charity events and attending clubs, she has demonstrated all of our school values and is a real credit to Chamberlain House.

A huge thank you and well done to all our sporty members; our Yr 7 & 8 dodgeball team won the inter-house competition (as well as having the most competitors) and our Yr 7, 8 & 9 netball and football teams played some outstanding matches.



I am very proud to have seen many high quality entries from Chamberlain for every competition so far this year and am excited for this to carry on. Please continue to get involved both inside and out of school and please continue to share your achievements with us. Fingers crossed – have we done enough to win the Chelsworth Cup again this term?

Have a wonderful Christmas and a Happy New Year!

Miss J Hilson

The last few weeks have been busy and exciting for all students, including an enrichment day, Children in Need events, exams for Year 11 and 13 students, clubs, competitions and sporting fixtures but, we've still had time to recognise many students' excellence, support for others and plan new charity events.

### *Honour: Award Nominees Winners*

Each week tutors nominate students for their contributions to school and community life, and in Houghton nominees and winners in November have included:

Archie Bennett-Bonner H-BFA an excellent example of resilience: Great achievements in boxing; last weekend he received the award of 'Boxer of the Night.'



Henry Barretto-West H-SOV, an excellent example of respect: Working as a volunteer for SESAW for a few years, making excellent contributions to the welfare of animals in the area.



William Wise H-EIR, an excellent example of positivity: William spent 2 hours helping to put together gazebos and bunting around judging rings for the Boxford Fun Dog Show which raised £700 towards the refurbishment of the village's sports pavilion (£22K needed). He was thanked for his help by the chairman of the playing fields committee and received very positive feedback.

Tommy Bentley H-TBA, an excellent example of resilience: Tommy ran like a champion in the Western area competition and got through to the next round. Congratulations!

Other nominations included:

William West H-RCA: Confidence  
Aaron Davenport H-EIR: Positivity  
Harriett Hesketh H-JWK: Confidence  
Thorunn Bubb H-TBA: Happiness  
Courtney Ratcliff H-TBA: Resilience  
Charlie Roberts H-JKE: Positivity  
William Howard H-JWK: Respect  
Dylan Cook H-BFA: Resilience  
Brent Perez H-SOV: Happiness  
Noah Ruse H-GBR: Confidence

### *Valour: Performers & Leaders*

We are also enormously proud of and grateful to the students who have led our assemblies and organised activities for other students, especially for those students from the Air Cadets who gave a great presentation. As well as our House Captains helping lead assemblies and present certificates we have had a range of talented students including Kiera Hall, Shannon Ambrose and Lois Pilgrim.

### *Charity Events & Competitions*

This half term we have taken part in great fundraising activities such as the Children in Need Competition and Bake Sale. These two cakes were the best in Houghton House. Well done!

April Gray H-TBA  
Honey Regan H-SOV



We had our Houghton Cake Sale in support of The Smile of Arran and it went really well. We raised over £80 and gave lots of information about the work the Smile of Arran does.



I also want to congratulate Seb Self for his great entry to the competition TGS Goes Scary. Excellent effort.



In preparation for Christmas we are holding a Smile of Arran Sale, where students and members of staff will be able to buy lots of merchandise from the charity plus some amazing knitted chocolate covers.

Finally I wish you a very happy and relaxing Christmas, look after yourselves and make amazing memories of this time with your family and friends. I look forward to seeing you in the New Year in our Celebration Assembly.

Mrs L Hurtado



My new house committee has organised our first charity event of the year which took place on Halloween. Wednesday the 31st of October saw TGS 'Thomas Goes Scary!'. Pupils came to school wearing a 'Halloween Head' for the day for a minimum donation of £1. Please have a look at some of the amazing photos and see if you can tell who is who.

We are busy organising our stalls for the Christmas Market and have 6 great stalls staffed by a dedicated team. Hopefully it will be a great success and we will raise plenty of money for Help for Heroes – our house charity for this year. We are hoping to be able to get involved in some of their organised charity events and further information will be circulated shortly. One possibility is the Finsbury Park Tough Mudder 5k during the Easter Holidays. Pupils could participate if they are 14 or over on the day.

Loads of other house competitions have been taking place and we have had some notable successes – although pupils will have to wait until the final assembly of the term to find out the results! Let's hope we have done enough to lift the trophy for the first time in a while.

Mr W Ponsford



IN SUPPORT OF  
**HELP for  
HEROES**



The theme of the fortnight is an overarching topic for the fortnight. Students produce work in tutor time and take part in activities such as quizzes. At the end of each week Tollemache gather for a house assembly to hear guest speakers or myself give presentations on the theme of the fortnight. At the start of each assembly it is customary for the house to have a performer. This term we have done things a little different, we have heard from students about their hobbies and passions alongside the singing and dancing performers. This term the house has heard how James Ward impressed the kayaking judges at the junior novice european freestyle open. James regularly travels to a kayaking centre 2 to 3 hours away. This is because the water is 3 to 5 meters deep. When you have a deep body of water the water can be channelled to create fast currents. In James's presentation we saw him glide rapidly down the currents flipping and turning wowing the judges.



Aaron Worley and Malackie Cook gave a presentation on books boys love to read. Aaron prepared the synopsis for each book with images and Malackie read the script. We also heard from the Air Cadets and what activities and adventures they encounter.

It is difficult to stand up on the stage and speak to over 300 students. However the students did it and did it very eloquently. All boys were buzzing with excitement after performing on the stage. All of these students demonstrated the school values. If you have a hobby or a sport that you are passionate about contact me please. The

house loves to hear inspiring performances from their peers.

The theme of the fortnight is focused around the values of the school which has become the bedrock of Thomas Gainsborough.

These values were demonstrated during our Tollemache charity event this term. The students organised a lantern walk to raise money for their charity Each. The lantern committee visited every tutor group promoting the event.

The house met at the Lightwell and started our walk at dusk.

During the second lap as daylight ebbed away the lanterns glowed and bobbed about. As we walked back to school I did feel there was a little spark of something special the students were achieving for charity. When we all got back to the Lightwell we were greeted by steaming cups of hot chocolate with fluffy marshmallows and cream created by Mr Partrick, Abbie Manser and Zoe Deacon. The staff and students who took part in the event agreed it was the perfect start to the Christmas season.

Thank you everyone who sponsored the students, the lantern committee and staff who took time out their busy day to help support the event. My biggest cheer of thanks goes to the students who once again demonstrated our school values.

Head Girl of Tollemache Gemma Sargent took photos of the event.

Mrs F Raleigh



# COMPETITIONS

**L**oads more competitions have taken place this half term and now we are all waiting to see who has done enough to win the Chelsworth Cup.

## *Women in Stem*

Students had to create a newspaper article about a woman in Science, Technology, Engineering or Maths. They had to describe the person and what they changed, whilst presenting this in a newspaper format. House winners were: Russell Lewin (Abbas), Hayden Muskett (Chamberlain), Keira Hall (Houghton), Lauren Martin (Peyton) and Michael Fryer (Tollemache)



## *Tales of Terror*

An English based competition - spooky and scary short stories. These were full of fabulous effort and amazing tales. Well done to all who entered.

Winning entries: Madison Dunne (Abbas), ECK Team effort (Chamberlain), Bronwyn Bubb (Houghton), Harriet Sayers (Peyton) and Alasdair Noble (Tollemache)

## *Polar Bears & Penguins*

Students were challenged to make a Polar bear or Penguin out of recyclable products. These were then displayed at the Apex Theatre – Bury St Edmunds and

Ipswich Town Hall. We had over 200 creatures made from such a variety of products. The Art team was very impressed and hopefully some of you were able to see them proudly on display.

Winning house entries were from: Holly Bunter (Abbas), Sam Parsons (Chamberlain), Harrison Oliver (Houghton), Jasmine Brown (Peyton) and Ellen Bull (Tollemache)

## *Thomas Goes Scary*

Well done to all of you who made scary faces on Halloween – this event raised £162 for our house charities and there were some very frightening creations.

Our winning house entries were: Ella McCrory (Abbas), Alfie Sheridan (Chamberlain), Grace Freeman-Tinsley (Houghton), Seb Self (Houghton), Archie Wiffen and Charlotte Bourrell (Tollemache)



## *Children In Need Cakes*

We have 38 highly decorated cakes for our Children In Need cake competition – all students donated their cakes to charity raising over £200. These students were extremely generous in donating their cakes as some had spent a lot of time and effort on them.

Our house winners were: Jake Morris (Abbas), Charlotte Turner

(Chamberlain), Honey Regan (Houghton), Ellagrace Wells (Peyton) and Charlotte Farrelly (Tollemache).

Special mention must go to Lana Cook, George Bowden, Lewis Sisto, Finn Morris, Rosemary Gray and April Gray too for their amazing cakes!



## *Ongoing Competitions*

Don't forget there will be a lot more opportunities for you to get involved and get competitive this year.

Mr Partrick is running a Problem-Solving Quiz which he emails out to all students. Miss McAndrew sends you the weekly Maths Challenge and Miss Peacock has set a Christmas competition for you to create a 3D model of a cell using recycled materials. Good Luck!

Miss J Hilson

# Christmas Tree Festival

The annual Christmas Tree Festival at St Peter's church was held earlier this month opened by the Mayor of Sudbury. It was a spectacular event with 98 different Christmas Trees all under one roof raising money for several local charities. Our TGS tree was decorated by student's own baubles which represented our school values. There were some fabulous creations which really showed a great deal of time and effort. We'd like to say a huge 'Thank you' to all those students who contributed in order to make our tree look great. We hope that many of you had the chance to visit this event and feel the festive spirit.

Miss J Hilson



This term has been full of amazing clubs and students have enjoyed taking part in them. Here are some photos of some of the work they have been doing. Remember to check our new Enrichment Timetable (Spring 1) to choose the clubs you want to attend:

## *Knitting club with Miss Hilson*



## *Stage Make-up Workshop with The New Wolsey Theatre and Ms French*



## *Food Tech Club with Miss Hunt*



## *Warhammer Club with Mr Harris*



## *Visit to the Language Show in London as part of our MFL Enrichment*



Comments from some of the students attending:

‘It was such a fantastic day, I made new friends, very informative and the Italian session was fun and very interesting. It has helped me to decide to do Spanish as an A Level. Thank you to the teachers for taking us, and I hope I can go again next year!’

Hannah McGrath-Wells

‘Today was very informative and allowed me to see my options better regarding possible future careers or studying languages. It was also very fun (¡Muy divertido!). Met some new people. I would love to do it again next year!’

Erin Bridgeman

## *Darts Club with Sudbury Youth Darts*



## Resistant Materials with Mr Bentley, making kites



## Certificate of Excellence: Celebrating Enrichment

This term we have launched this new recognition for students who commit to a club and attend 8 sessions. These certificates will be issued in assembly and can then go on the student's Record of Achievement. This is just another reason to have a look at the great offer of enrichment clubs and start attending in the New Year.



## Equestrian club

On Wednesday 6th December 11 students went to Fletchers farm in Fordham to take part in riding and horse management.

I was the first group to learn how to look after the horses. We learnt how to tack up the horse that we were paired with. The first thing I did before I could tack the horse up was I had to take off the rugs. These are used to keep the horse warm as they are clipped in winter to keep them a bit cleaner from the mud.

We then were shown how to put on the bridle and the saddle. Putting the bridle on was tricky because I needed to get the bit in the horse's mouth, also the saddles are very heavy and if you have a big horse it is hard to lift over the horse.

It was then my turn to ride. I rode Luna who is a grey horse and she is very tall at about 16 hands tall. We learnt how to steer our horses in the direction we wanted them to go. I also learnt how to trot which was very bouncy.

I had a very good time with the horses and trotting on my own was a new step for me even though I have riding experience because I do riding every Monday morning with help from volunteers.

Lily Anne Collis



On November 5th, Megan Turner (Year 9 Chamberlain) organised a non uniform day in aid of the Indonesian Tsunami which occurred on the 28 September 2018 in Sulawesi. The Tsunami was caused by an underwater earthquake and it has been estimated that over 650,000 people have been affected by the event. Megan organised the non uniform day as she was so moved by the amount of devastation the tsunami and earthquake caused the Indonesian people and wanted to help. As usual TGS students did not disappoint!

Students paid a pound each to dress in non uniform and many students also baked cakes to sell on the day. I am proud to announce that TGS raised £1371.74 in total for the British Red Cross to help ordinary people re-build their lives. Megan embodies the TGS values of respect in this action and I was very impressed by how well she organised the day and cake sale.

The British Red Cross have been in contact and the money will be used for food, water, hygiene kits and blankets. Thank you Thomas Gainsborough School: you are amazing!

Mrs C Kelly



## DON'T DROP LITTER

Students may have noticed signs that have recently appeared around school discouraging them from dropping litter. They have been designed and produced by Reuben Rumsby in Year 9.

Reuben wrote to Mr Lloyd asking for permission to launch his campaign last month and has been championing his cause ever since.

Well done Reuben and keep up the good luck!



# ALUMNI

## Fran Gavin RAF Police

**M**y names is Francesca Gavin.  
I attended GCUS from  
2009-2012. I achieved 1 A, 5Bs,  
2Cs, a D and an E in my GCSEs

I went on to study forensics at  
WSC before joining the Civil  
Nuclear Constabulary where I  
became the youngest firearms  
officer in the UK and was listed  
by the BBC as one of the youngest  
high achievers of that year.

I've since left the CNC and joined  
the RAF Police where I am a  
Corporal serving at RAF Brize  
Norton, providing security cover  
for all air transport operations for  
the RAF. I have been deployed  
on humanitarian missions,  
including Op Ruman last year  
in the wake of Hurricane Irma  
where I provided aid to the  
Caribbean islands devastated by  
the hurricane season.



# Jack Massey

Jack had learning difficulties noticeably from the age of about 18 months.

He just didn't reach his milestones, with walking, talking, and fine motor skills.

At 5 he luckily got a statement of S.E.N.

He got fantastic support at Bures primary, Stoke middle and finally Thomas Gainsborough school. He attended TGS from 2010 to 2014.

We were told when he was 11 years old, that he probably wouldn't be capable of doing GCSE.

He struggled and got heaps of support.

And took his GCSEs.

Jack will be 21 in February.

He spent 3 years at college studying game design and passed with merit.

He is now in his second year at university doing computer games design and is loving it.

Jack also has a job working behind a bar at a social club. He has been working there 2 years and is well liked and respected.

Jack still has some difficulty in some social situations but has come a very long way.

Sharon Massey

Jack is an amazing example of succeeding through adversity with hard work and support.

We wish Jack lots of success in the future and look forward to hearing about it!



## *Stage Make up Workshop 'Blood & Guts'*

Just before Halloween The Wolsey Theatre came into school to run a stage make up workshop. As you can tell by the title it gave students the chance to create gruesome make up of their own. After a brief history of stage make up and the differences between stage and television effects, the students created bruises, cuts, and even a head wound. They also tasted blood!!!! The course was so popular we ran two sessions and have invited the Wolsey back to run a stage combat session in the New Year.

Mrs K French



## *World War II Workshop*

Year 10 GCSE drama worked with Wells Hall Year 5 students on an immersive drama workshop. The Year 5s had been studying the war at home and what it would be like to be an evacuee. They arrived dressed for the part with labels, gas mask boxes and a memory from home. The year 10s led them through a series of interactive experiences including packing a suitcase, their train journey and meeting their new family all through the medium of drama. It was a great learning experience for everyone involved and an experience that Year 10 can use as part of their GCSE exam.

Well done to all involved!

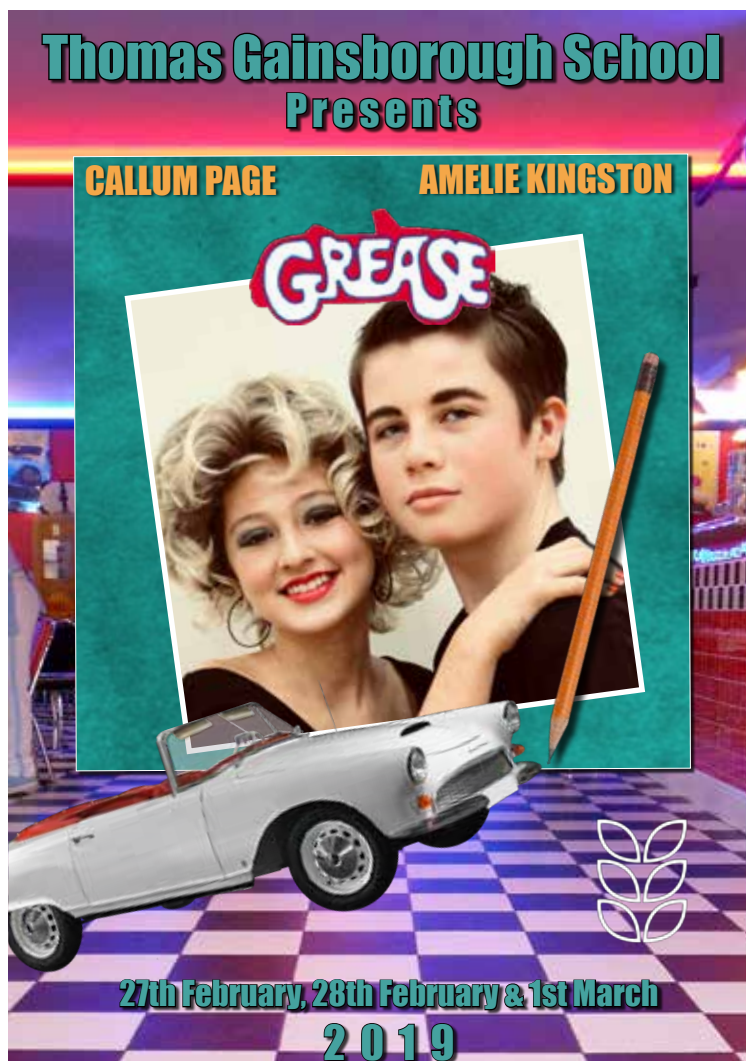
Mrs K French



## *Wardrobe Ensemble Workshop*

Recently, I, and over 100 drama students at TGS, had the opportunity to take part in a workshop with a director and producer of The Wardrobe Ensemble company. This was a great experience and I really enjoyed being able to explore new creative ways of devising theatre. The workshop was led by a professional from the company called Jesse who was very energetic and passionate in his teaching which made it interesting to learn from him. It was also great to see a devising process from a professional point of view. We took part in many action packed activities and it was great to know that professionals use these too. Overall, it was a fun and useful workshop. I'm very thankful to Jesse and will definitely be using a lot of the tips he taught us later on!

Bethany Williams



Look out for  
ticket details in  
the New Year!

# GEOGRAPHY

Year 9 STEM Geographers spent a day in Felixstowe as part of their fieldwork. Each group visited 5 sites around Felixstowe, looking at the sea defences and how they are preventing coastal erosion and longshore drift. At each site the students described the area, drew a sketch and used the bipolar scale to judge the environment. They also had the opportunity to speak to local residents and ask them to complete a questionnaire. There was, of course, also time for fish and chips!

Ms B Fairs



## *Maths Competition*

Congratulations to the winners last term of the Parallel draw and the 'Extra Maths Stuff to do at home'. The winners of the £10 shopping vouchers were Davit Rickards and Erin Forbes. Remember that you can take part in these at any time, just collect a leaflet from the Maths display for the 'Extra Maths' draw, and for the Parallel draw; Years 7, 8 and 9 can sign up to [www.parallel.org.uk](http://www.parallel.org.uk) using your school e-mail address and the teacher code capu2 and complete a challenge.

The monthly TTRockstars competition has now been extended to include Year 9 as well. Each month the three students in each year who have answered the most questions correctly get awarded merits. Last month the winners were Megan Hannan, Charlotte Gallaza, Russell Gonzales, Sam Parsons, Edward Aldsworth, Rachel Haworth, Harriet Sayers, Joshua Mallett and Lottie Cooper. Well done to all. Also don't forget the Maths Challenge – over 200 entries have been received so far.

Ms R McAndrews



# BUSINESS

## *Student Investor Challenge*

As part of our Business Studies curriculum, we were given the opportunity to participate in the Student Investor Challenge. This is a national competition where, in teams of 4, we have £100,000 of virtual money to buy shares in FTSE 100 companies listed on the London Stock exchange.

We had a short training session where we picked our teams and learned the basics of how to trade. Our team consists of Kieron Noble, Harvey Clare, Liam Rickwood and Sam Dudden and our team is called the TGS Winners.

We are very proud that out of over 5,300 teams, we are currently in 5th place. We get together after school and during lunch times and put lots of effort into it to get to this position. We invested strategically, thinking ahead about which companies would do well over the winter months and coming up to Christmas.

We invested in Coke, Tobacco, Oil and BT. We thought quite wisely about these choices because we knew people would buy these products because Christmas is coming soon which people spend socialising with others and the increase in cold weather would increase the demand for oil.

If we remain in the top 500, we will go forward to the semi-finals, with the possibility of winning an all-expenses paid trip to New York. This has been a really enjoyable challenge for us.

Kieron Noble, Harvey Clare, Liam Rickwood and Sam Dudden



Throughout September and October this year, 16 students from Years 10 and 11 completed three weekends of expeditions as part of our bronze Duke of Edinburgh award. This involved a training weekend where we learnt to read maps, take grid references, plan routes, cook on a Trangia, put up a tent and health and safety skills. We then used these skills to put up our own tents and cook a meal we had planned in school. The following day, we completed a short expedition with a DofE leader, who taught us how to map read correctly using compasses.

Over the next two weeks, we planned, as a group, our meals and route for our practice expedition. This expedition involved us completing a 14km walk on the first day, carrying our tents, food, fuel, cooking

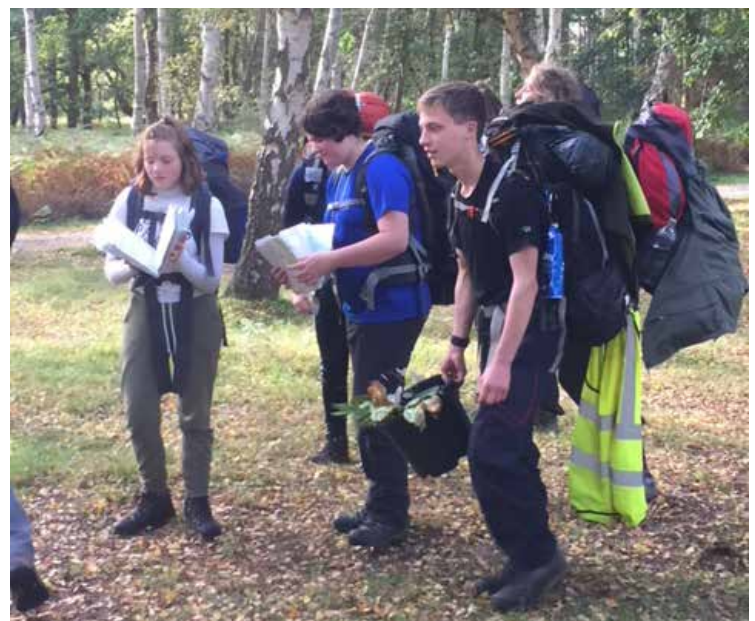
equipment and personal items with us. We then camped in Framlingham overnight, cooking our own food on Trangias. We completed a similar route on the second day, despite it being very heavy rain for most of the day! On this route we met our leader at several different checkpoints along the route which we had planned in school, along with timings for each part.

Our qualifying expedition was two weeks later. On this expedition we had an assessor following our route, occasionally turning up at random points. We were allowed no phone over the whole weekend and completed a total of 28km over the two days. To complete the DofE and get our award we also have to complete 3 other sections: volunteering, skill and physical. For volunteering we

pick somewhere we want to help out at, for skill we might choose something that we want to learn from scratch and then for physical we pick a sport we either want to do better in or maybe something we have never done before.

For my 3 sections I've completed my volunteering, where I went and helped out at an Oxfam charity shop every week for 3 months. I'm half way through my physical which is Tri-Sudbury, where I learn to swim, bike and run. This one is for 6 months. However, for my skill, I am planning on starting in December and hopefully finishing in February. Learning all these new skills have been challenging but so much fun and I now feel confident to try new things in the future.

Esther Shrubsole and Anna Robinson





## *Polar bears and penguins highlight the recycling challenge*

TGS pupils, along with Brownies, Guides and care home residents have, answered Suffolk Waste Partnership's recycling challenge with decorative polar bears and penguins using a huge variety of materials and waste products. It is all part of a project to raise awareness about plastic pollution and littering and the damage it can cause to the environment. The community project managed to make 1,350 polar bears and penguins for the displays, all made from assorted re-used and recycled materials including plastic bottles, cardboard, buttons and ribbons. As part of the art project, the work has now gone

on display at The Apex in Bury St Edmunds and at the Town Hall Cafe gallery space in Ipswich, where they will be seen by thousands of visitors over the Christmas period. They will be on display until after New Year.

Councillor David Bowman, chair of the Suffolk Waste partnership, said: "We are so pleased with the response from schools and groups again this year and are proud that reducing, reusing and recycling are important to them. These young people are the adults of the future and it's never too early to start good recycling habits."

Miss L Nichol

# ART





## *Students rewarded for Arts Award bronze success*

In a new record achievement, 260 members of Year 9 have received their Arts Award Bronze certificates from Trinity College London.

The students have completed the Award, which is a level one qualification in the Arts, as part of their Art and Design lessons, completing a portfolio of evidence which achieves four assessment objectives. During the projects,

the students have developed new Artform knowledge, new awareness of contextual sources, visited Art exhibitions or performances and taught a new skill to a partner.

The delivery of the award at our school has again been praised as an example of outstanding practice, with Miss Nichol now acting as an Arts Award ambassador for Trinity College, and taking part in training activities.

We would like to congratulate Year 9 on achieving this award and demonstrating their creativity, organisation and motivation throughout the project.

Mr E Clark

# Tales of Terror

At the end of last half term I ran a competition entitled 'Tales of Terror' for which students had to write a suitably scary or unsettling tale of between 300-700 words. The standard was high and congratulations to the following overall winners:

1st Harriet Sayers: 'They Were Coming for Us'

2nd Millie Hurlock-Scott: 'The Foxes' Call'

3rd equal Bronwyn Bubb; 'Only Black' and Alasdair Noble: 'Guilty'.

Congratulations also for entries from the following:

Eleanor Thompson, 'La Dia de Los Muertes'; Callum Ryan, 'Dribbling at the Heel'; Chloe

Leither, '3.49 pm'; Alanah Reeve, 'Me and My Shadow'; Katy Wainwright, 'Reflection'; Billy Purser, William Aldsworth, Elijah McMahon, James Bunting joint entry with 'Horror in the Wardrobe.'

The winning entries show two very different interpretations of 'terror': Millie's piece creating the terror of nightmares and Harriet's, the terror of what humans are capable of doing to each other.

Mr G Edwards

## They were coming for us

They were coming for us. I was first to hear them crashing through the door. I woke him up. He was my lover, and my only friend.

"Wake up, you faulpelz." I half shouted in Philip's ear. He jumped awake, throwing back the faded blankets and gazing around with wide eyes. He fumbled for his glasses, the pair he never went without. We both scrambled out of the bed and ran for the window. It was a tangled mess of shattered glass, thanks to Kristallnacht, the night when they smashed the windows, and therefore the lives of us, the 'subhuman' people of Germany. You see, most people viewed us as criminals, because he was Jewish and also because we were both men. In a relationship. Unforgivable. The Führer couldn't have that, could he? So we were forced to live on the run. This wasn't the first time we had been found by the police, so we knew how to deal with midnight break-ins.

All the same, when the Gestapo came for us this time, we were unprepared. As we crashed through the murky forest, I heard the chilling yells of the police as they pursued us, with guns and threatening eyes. We both stumbled, and I could hear Philip's panicked breathing as he grasped my hand with a death grip. "Hans! We can't be safe here!" He cried.

At that point, it started raining. It sounded like blood dripping through the dying leaves. The forest itself seemed to echo

# ENGLISH

around us with the cacophony of the barks and the shouts of our possible murderers.

I stared into his eyes as I anticipated our death. They were a soothing silver, ringed in a dark hue not unlike how I imagined the depths of the ocean. The moon was reflected in his glasses, shining through the darkness as we cowered in the foliage. I could sense them drawing closer. Was this all that my life had amounted to? Being killed by Nazis simply for loving a Jew? I remembered the endless days we spent in each other's arms, and the countless letters we had exchanged in our delirious courtship. All of that would be gone soon, extinguished by the ideals of our nation.

He was the first to die. An ear-splitting gunshot rang through the night as they blew out my Philip's brain so his crimson blood splattered on the leaves below him. Then came my turn. As I anticipated the agony of death, I saw his entrancing blue eyes. His glasses had fallen. And so had we.

Harriet Sayers

## The Foxes' call

The old birch trees swayed in the ominous wind. A myriad of crickets called quietly into the still night air. A girl ran through the looming tree line out into a small clearing. As she ran the damp grass slowly soaked through her shoes. She stumbled on slowly until she reached the other side of the clearing. She finally stopped taking short sharp breaths as she rested on a withered tree. She looked around wildly but she only saw a lone fox, standing at the treeline staring at her. She froze as it began to laugh uncontrollably,

as coal black tentacles grew from its back. They shot towards her making an eerie whistling. She let out one final terrified scream. The tentacles wrapped around her neck squeezing and squeezing as she gasped for air until her neck snapped silencing both her desperate screams and the crickets.

I drummed my fingers on the cold hard wood of my desk. Letting my gaze wonder out the cloudy windy onto the old rusting goal posts that stood alone on the barren school field. My gaze wandered further to the tree line of autumn golds, umbers and reds where the tall birches stood still and the old chipping white fence lay broken like bones. And then something caught my attention - a lone fox with a dirty shaggy coat stood staring. It seemed to be smiling. "Kiki?" I looked away straight at the teacher.

"Yes?"

"Are you paying attention?"

I slowly walked alone like normal. The path twisted and turned through the wood as I tried not to stumble on the uneven ground. Quietly I grabbed my phone: no texts, this was unusual - my mum normally texts me be now. I put it away as a shiver ran down my spine like small sharp needles. Looking around I realised with confusion that I had wandered off the path. In fact I had never seen this part of the wood. With a sudden creak the trees began to turn an ash black as if they were burning with an invisible flame. They began to crumble releasing what seemed to be millions of tiny black bugs. I began to scream, as I ran away from the terrifying scene as the horrifying drone of wings followed me.

The further I ran the odder

things got. What was happening? A deafening bark sounded out from behind me followed by a scream for help. It sounded like me. That's when I noticed it was night. The drone of wings had stopped now. How long had I been running? I didn't stop. the barking and screaming got louder and more frequent surrounding me. I was becoming disorientated. Shapes began to appear in the shadows of the trees moving in a twisted human like dance. I ran on still through sharp briars and damp leaves from the rain earlier today. Then I saw it. A small clearing.

I ran through a treeline of old birch trees. As soon as I did, the barking and screaming stopped. Instead I was welcomed by a myriad of crickets. I began to slow down as I stumbled through the damp grass to a withered tree at the other side of the clearing. I leaned against it taking in quick sharp breaths. Looking around I didn't see the ominous shadows or couldn't be me. It had the same hazel hair in pigtails, but covered in fresh crimson blood. Its eyes were gone; just black holes. My... no its neck was bruised and tilted at an odd angle my white shirt and navy blue skirt were also covered in blood. Then the fox began to laugh uncontrollably, as coal black tentacles grew from its back. They shot towards me making an eerie whistling. I let out a terrified scream. The tentacles wrapped around my neck squeezing and squeezing as I gasped for air trying to get free. The pain was unbearable, then with one final gasp it went black.

Millie Hurlock-Scott

# REMEMBRANCE

Last July I discussed with Mr Gibson an idea I had for commemorating the centenary of the end of World War One. From this the idea for the poppy cascade grew.

Each tutor group was asked to create poppies for a display being as creative as possible. There was a wide range of materials used including fabric, plastic bottles, painted, knitted and some students took inspiration from war poetry or old news paper articles. Once collected the poppies were attached to the net a task that took over 10 hours but resulted in a stunning display that hung over 2 floors and made a great centre piece for the whole school to reflect on. Some of the knitted poppies were sold to raise money for the British Legion and I took great pride in wearing one when walking past the Cenotaph where I took part in the peoples parade on November the 11th. Our poppy cascade was a fitting way for the school to say thankyou and reflect on the sacrifice that was made on our behalf by so many brave young men and women 100 years ago.

Mrs K French



At the weekend I went to Belgium with the Long Melford Silver Band and had the opportunity to play with them at the Menin Gate for a Remembrance Service while the poppy wreaths were being laid. There were about 600 to 700 people watching and the top picture was taken a couple of hours after we had played and everyone had gone, the next one is of me standing with the band playing solo cornet 4 (4 out of the five players). The last one is of me standing with the local fire brigade who played the last post and do this every night of the year. It was a great and memorable weekend.

Issac Jones



1918-2018



On the 16th October fifteen students from TGS went to Colchester Hospital's Icen Centre to take part in World Restart a Heart Day. Whilst there we learned about CPR (Call, Push, Rescue) and how we would apply that to someone who had no pulse and wasn't breathing. We used dummies to practise on, and watched videos on how to apply CPR effectively and what to do, should we need to use our life-saving skills in an emergency. We were also shown how to apply a defibrillator and to keep CPR going whilst another person attaches the machine. We would urge people to learn CPR because we feel that it is a very important skill to have and should you ever have to use it, you would know what to do in a split second after having this training. Thank you to all those at the Icen Centre who made this possible.

Megan and Charlotte Turner



Regular attendance at school is vital to help children achieve and get the best possible start in life.

Children who frequently miss school often fall behind. There is a strong link between good school attendance and achieving good results. For example, only 12% of pupils with below 80% school attendance achieve five or more GCSEs at grades 9-4 including English and Maths, compared to 68% for pupils with attendance greater than 95%.

The Government has set the benchmark for the minimum satisfactory level of attendance at 95%. It is of note, therefore, that if a two week term time holiday is taken, that attendance will automatically reduce below 95%. If a two week term time holiday was taken every year of secondary school, by the

time the student was in Year 11 and ready to sit their GCSE exams, this would mean that they had missed 10 weeks of their secondary education, assuming they had no time at all off due to illness.

It is our aim for all students to have an attendance level of above 96% for this academic year. This equates to having 7 school days or less absence over the course of the year. Support for students who have medical conditions which impact on their ability to attend school can be accessed via student services. Please contact the school to make an appointment to discuss this further.

## COLLECTION FOR THE HOMELESS

Thank you so much to everyone who gave so generously to our homeless collection. I was astounded by the sheer quantity of items we collected in such a short time.

Rachel Hepburn, the Corps Officer of the Sudbury branch of the Salvation Army has written to say how these items will be used.

‘Wow! I’m writing to thank you for your exceedingly generous donation of clothing, toiletries and sleeping bags. Since the Salvation Army started serving

its local community in 1865, we have always wanted to show compassion and love to those who have found themselves homeless. Homelessness can occur due to a whole range of factors, and statistically one in three families can be just a month’s pay away from losing their home. Homelessness can also look different; the most visible is rough sleeping, but homelessness can also result in sofa surfing, or being placed in temporary accommodation without any

security of how long you can stay. The donations you have given us, which have been shared with The Christopher Centre, will be directly given to people who find themselves in any of these situations in Sudbury, and can make a huge difference. Thank you so much – God bless!

A huge thank you from us all.  
Mrs L Hempel



# YEAR 11 LEAVERS ARRANGEMENTS

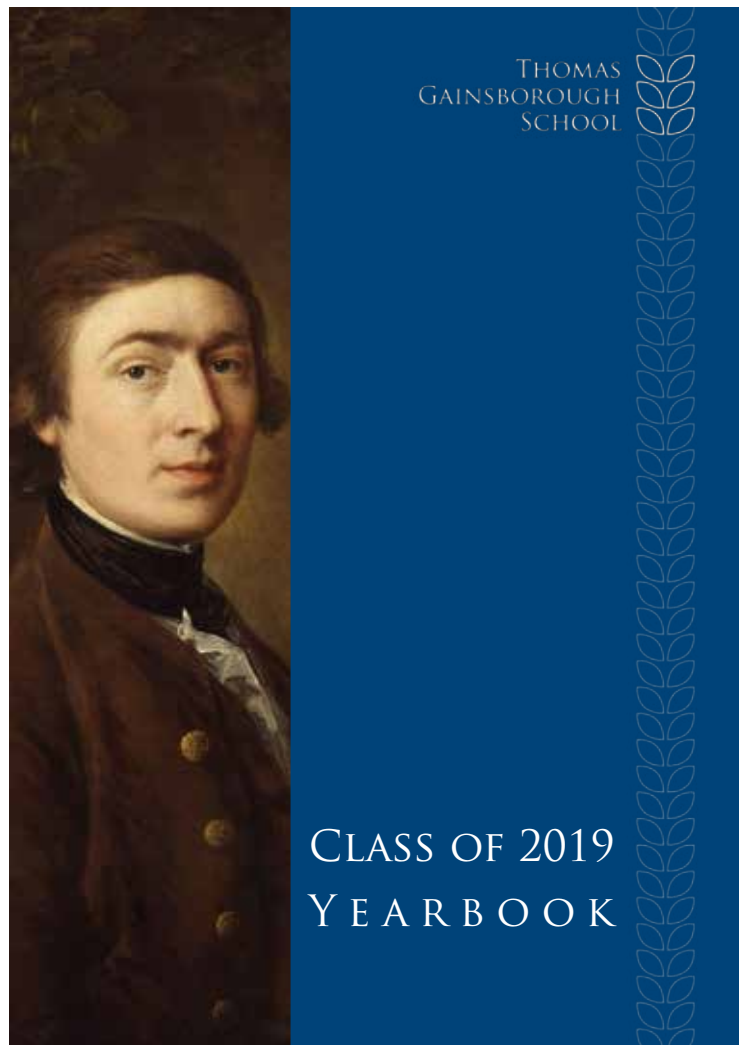
I know it seems early to be thinking about this but plans are already in place and there are some important dates for your diary.

The Graduation Ceremony will take place in a Marquee on the school field on Friday 21st June. Exact times will be circulated nearer the date. This event is free to parents and is a great chance to formally celebrate the success of your children during their first 5 years at TGS.

The Year 11 Prom will take place a week later at Colchester United Football Club on Friday 28th June. The Prom committee has been busy and have chosen a 1920's theme for the décor with gold, silver, black and white being the predominant colours. Tickets will be on sale from Easter at a price of £30 which will include exclusive use of the venue, a DJ for the entire night, a hot buffet, a 'photo booth' for students to take photos with their friends, and exclusive access to all the photos from the night taken by our photography team. An exciting way to round off their efforts during Year 11.

We will also be organising a Year Book and leavers hoodies for students to take with them as a lasting memory of TGS. Further details to follow in the New Year.

Mr W Ponsford





# PROM 2019

CELEBRATE THE END OF YOUR EXAMS IN STYLE  
DRESS TO IMPRESS, 1920'S IF YOU WISH!

28 JUNE - COLCHESTER FC - 19.00-22.30PM

£30 PER TICKET WHICH INCLUDES, VENUE HIRE, DJ, BUFFET  
MEAL WITH DRINK ON ARRIVAL AND ACCESS TO ALL THE  
DIGITAL PHOTOS FROM THE NIGHT



TICKETS ON SALE  
FROM  
STUDENT SERVICES  
SOON



# OPEN EVENING SUCCESS





## SPEAKERS FOR SCHOOLS AT TGS SIXTH FORM 10TH JANUARY, BEN STOCKS

**B**en Stocks is the Chief Executive of Porvair PLC, a specialist filtration and environmental technology business listed on the London Stock Exchange. During his tenure Porvair has evolved from a polyurethane chemicals business to one of the UK's very few specialist filtration companies. Porvair's products are found on almost all commercial aeroplanes in the world, and in most water laboratories. With broad experience in the engineering fields of aviation, clean water and clean energy, Ben is keen to encourage young people to look at careers in manufacturing and engineering.

Prior to his role at Porvair, Ben has held various management and manufacturing roles in the UK and USA. He holds an MBA from INSEAD.



# The Handmaid's Tale' Lectures

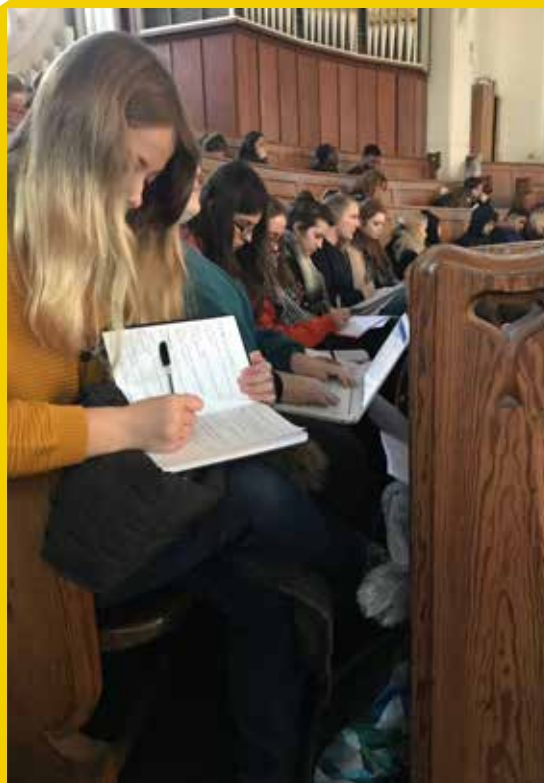
On 21st November the Year 12 English Literature class travelled to London to attend a series of lectures on Margaret Atwood's *The Handmaid's Tale*. Despite some traffic and directional problems, we arrived just in time to make the first lecture at the slightly ironic location (given the themes of the book) of a Baptist church. To prevent spoilers for those readers who have not read the masterpiece that is *The Handmaid's Tale*, it is probably best not to go into specifics about the lecture content, but overall it was a very strong start to the day.

One of the speakers was Dr Fiona Tolan of the Liverpool John Moore University. Her lectures were a favourite amongst us, with

the contextual elements of the text being her primary topic. She made suggestions of themes which none of us had considered, such as Atwood's use of typically gothic and fairy tale conventions. Dr Tolan's interpretation the fantastical being brought into a dark and disturbing text made her lectures both memorable and intriguing.

Overall, the experience was extremely rewarding. The day in lectures also gave us an insight into what we may be doing at university, but most of all gave us fantastic new ways of looking at our text, which will prove extremely useful for our mock examinations.

AJ Simms



# Be My Baby

On 18th October, a group of sixty GCSE and A-level students went to the New Wolsey Studio in Ipswich to see a youth company production of Amanda Whittington's 'Be My Baby'. The play follows the life of four young women, who were forced to move to a home for unmarried mothers during the 1960s. Even though the acting space was small, the all-female cast managed to create a highly moving and yet entertaining atmosphere, which I believe really resonated with all of us and opened our eyes to the experiences these young women had to go through.

The clever use of music from the era, along with the authentic set kept us interested. I think that this trip was really beneficial for us as Drama students, as we can now take some of the devices used and try to incorporate them into our own pieces. It was also great to see some of the work of our local talent, especially being as they were of a similar age to us. I would hope that we can see some of their work in the future, and maybe even get involved a later production ourselves.

Gemma Deacon



# SELWYN COLLEGE

On Sunday 28th October, a group of students from Year 11 and 12 visited Selwyn college, Cambridge for a choral service in their chapel.

Upon arrival at the Porter's Lodge we were greeted by Dr Cooper, a former student and fellow of the college. Before heading to the chapel, he gave us a brief tour of the exterior of the college and the Sidgwick site.

At the end of the tour we came upon an immensely tall chapel. Old oak beams, candles lining each side of ornately carved pews and the giant organ on a raised platform really made the space feel as if it came from another era. The choir itself was made up of current Selwyn students, dressed in traditional white gowns. The service began, and the incredible acoustics of the chapel echoed ethereal voices around the room.

After the hymns and prayers had been delivered we were invited for dinner and drinks in the main college hall. Dr Cooper talked to us about the men whose portraits lined the hall, including that of Selwyn himself. Before heading back to school, we had the pleasure of attending the 'Fresher's recital', in which students played classical, as well as contemporary pieces on the violin, piano, flute and clarinet, among others.

Overall, the experience was extremely rewarding, as it not only provided the opportunity to appreciate music of an excellent quality, but to get a feel for life in a Cambridge college.

AJ Simms



# ST.CATHERINES COLLEGE

On 20th November a group of Year 12 students went to Cambridge to spend a day at St. Catharine's College. On arrival, we were taken around the college by Kathrine Singleton, their schools liaison officer. We were able to get an insight of some of the facilities offered by the college; from libraries and study areas to junior common rooms and bars, there was something for everyone to get enthused about.

Later Kathrine spoke to us about different extracurricular activities on offer and the misconceptions that people may have about Cambridge University. Knowing that the majority of students are actually from state schools, not just private and grammar schools changed some of our perspectives about applying there. We also had the privilege of having our lunch at the college's lunch hall, a taster of the variety of food they had to offer.

Before leaving, we had the opportunity to speak to two third year undergraduates from the college and hear about student life from their perspective. Advice from them about many things such as academic pressures, time management and social skills was insightful and inspiring. Overall we enjoyed our day at St. Catharine's. We left feeling inspired and having had our questions answered, we valued the trip and made the most of it.

Jacob Miculob



## SPEAKER

On Thursday 11th October, Thomas Gainsborough Sixth Form welcomed Dr Christopher Huggins from the University of Suffolk. Dr Huggins addressed students studying A Level Law and Politics, several of whom are hoping to study these subjects at university. He gave valuable advice to the students about their university applications and also delivered a useful talk comparing the UK and US Supreme Courts. The link between Thomas Gainsborough Sixth Form and the University of Suffolk is a great advantage to our students in making their UCAS applications and we look forward to hosting other visiting academics in the near future

Mr D.G. Yates



# YR 13 BATTLEFIELD TOUR TO YPRES

A couple of Year 13s took a trip to the Western Front to be part of the national commemorations for the First World War Centenary. The pupils spent 4 days immersed in the events of the First World War - finding out about the weapons used, the conditions in the trenches, the strategies and tactics implemented and most importantly hearing the accounts of the people who were there. Pupils were honoured to witness the ceremony of the Last Post at the Menin Gate. The Last Post Ceremony has become part of the daily life in Ypres and it was a very humbling experience to be there on an evening that two unknown Australian soldiers were being laid to rest at the Tyne Cot Cemetery in Belgium. Pupils also had an opportunity to visit Beaumont Hamel - Newfoundland Memorial Park, a preserved battlefield where pupils learnt the story of the Newfoundland Regiment and their experience on 1st July 1916. Pupils also visited Thiepval memorial to pay tribute to soldiers from Sudbury who died in the Battle of the Somme, having researched them prior to the trip. This was truly a fantastic opportunity for pupils to develop a personal connection to the First World War and was a great way to honour their sacrifice 100 years on.

Miss J Lomas



# SIXTH FORM ENRICHMENT DAY

We had a very busy day and lots of lovely visitors arriving for our Sixth Form enrichment day.

Year 12 students began with a talk from a school Nurse about general good health and looking after yourself. This was followed by a talk from the school's engagement coordinator at AIM Apprenticeships, informing the students of the different types of apprenticeships on offer and how to apply. We then had two guest presenters from the Making Generation R campaign which supports injured veterans, taking their stories about overcoming adversity to schools across the

UK. We heard from Stuart who was on the receiving end of a landmine whilst in Helmand Province, resulting in him having to have a prosthetic leg. This hasn't stopped him from skiing, sky diving and other dangerous activities, an inspiration indeed. The afternoon was spent between The University of Suffolk, learning about the process of applying to university, writing a personal statement and surviving financially, plus a session with Sudbury Speakers learning tips on how to speak and present in front of an audience.

Year 13 students began the day with a mock interview with a

professional person related to their chosen course of further study or career. This then followed with a carousel of activities including 'Ready Steady Cook', resulting in a delicious array of dishes to taste for the teacher judges, 'Kwik Fit', learning about car maintenance, and 'Lloyds Bank', learning about bank accounts, credit cards, mortgages etc.

Mrs L King





As usual we have been very busy in the careers hub with students visiting on a daily basis.

On Tuesday 6th November we had an Employers Workshop, that was well attended by students. Police Officer, Ronnie Egan, gave a talk on life within the Police Force, all that it entails and how to go about joining. Students were very attentive and asked a lot of questions. Our thanks to Ronnie for coming into TGS.



Our annual visit to the Skills Show took place on 17th October. The show is at Trinity Park in Ipswich and all Year 9 students attend. It gives the students an opportunity to meet with employers, universities, colleges and other training provider exhibitors who offer a wide range of activities and information. This inspires students to consider possible education and career pathways for the future. All the students had a brilliant day. Their behaviour was impeccable, they really got involved with the employers and activities and they were a credit to TGS.



Years 10 and 12 students have been requesting work experience and all students who have completed a placement have really impressed the employers.

The following students have been on work experience this academic year:

## *Year 12*

Lauren Elliot : Cavendish Primary  
 Thomas Dudden: Wells Hall Primary  
 Jess Bowes: Ardmores Vets  
 Angel Worley: The Bridge Project  
 Bethany Ireland-Whittaker: Nicky West Photography  
 Georgia Spencer: West Suffolk Hospital  
 Olivia Turkentine: West Suffolk Hospital  
 Lauren Rogers: The Bridge Project

## *Year 10*

Olivia Pomphrett: Stoke By Nayland Primary  
 Zoe Pearson: Vertas  
 Matthew Holt: Frank Marsden carpenters  
 Fay Doveer: Pot Kiln Primary  
 Lauren Stowe: Fatal Attraction  
 Shannon Ambrose: Long Melford Primary  
 Maksymilian Kalinski: Wells Hall Primary  
 Aiden Clark: Siemens  
 Molly Menzies: Ardmores Vets  
 Libby Minns: Fatal Attraction  
 Poppy Curran: Melford Court Care Home  
 Eleanor Turner: Millers Insurance  
 Isabell Mustoe: Sunshine Nurseries  
 Hannah Freeman- Tinsley, Evie Manning and  
 Lois Pilgrim : St Gregory's Primary School

Our thanks to all the employers who offer their support in our work experience programme.

Mrs B Baker & Ms K Perkins



On Enrichment Day students enjoy a programme of events connected to careers and personal, social and health education.

### **Year 7**

#### *Accelerate East and What's my Job?*

Students who follow the STEM pathway took part in an Accelerate East Opportunity day. They enjoyed a session led by the University of Cambridge Engineering Department, they made paper aeroplanes and met apprentices from British Telecom.

The students in Broad and Grammar met with employers to take part in the new careers activity 'What's my Job?': they worked in teams to ask questions to try to find out the job title of the employer. We welcomed a pilot, a funeral director, a Channel 4 Producer, an HR professional and a radiographer. The feedback from the activity was very positive.

#### *E Safety*

Teaching students to keep safe online. Nurse presentation and Health & Wellbeing in class.

### **Year 8**

#### *Re Start a Heart*

Mr Myhill and Mrs Crawford led the CPR session in the Small Gym. Students learned how to perform CPR on a dummy.

#### *Healthy Lifestyles*

An activity to encourage students to eat healthily.

#### *Speed Networking*

We welcomed 20 employers to take part in our annual speed networking event; students were placed into small groups to ask the employers questions regarding their career and education pathways.

### **Year 9**

#### *Enterprise Day – Board Games*

Students were placed in small groups; they were given the task to create a board game for an age group of their choice. They planned the finance aspect and delivered a presentation; each group were marked for their creations and presentation. Winning game from each tutor group will be played

by the Careers club members to find an overall winner.

### **Year 10**

#### *Teenage Career and Peer Pressure*

A difficult subject, but an important one. Students viewed a video and completed a classroom activity.

#### *Finance*

The subject of credit cards, loans and mortgages. Spending within our means was covered to ensure students are fully aware of interest charging and debt.

#### *Revision*

Students discovered their own personal revision techniques to support future exam preparation.

### **Year 11**

#### *Sixth Form/University College/Apprenticeship Workshops*

Students selected their own progression route, they were placed in class groups; visitors from college, TGS sixth form students, apprenticeship providers and alumni gave useful and current information regarding next year.

#### *Positively Mad Revision Session*

Positively Mad presented an exciting session to provide students with some great revision techniques centred on memory recall and word association.





## Cross Country

A very wet and windy day - it was raining to some extent during most of the races, varying between light drizzle and heavy rain – proper Cross-country weather!

The course was undulating with a couple of steep, but short, hills. The ground wasn't waterlogged so not too muddy underfoot.

All the TGS runners worked hard under the difficult weather conditions and ran really well.

Joe Fitzwater was actually smiling, despite the challenging weather conditions!

Anna was 35th. She had a stitch from the early stages, so not a good run, but enough to get her into the next round.

Joe was 6th. He's running well at the moment. The other TGS qualifiers were Joe Fitzwater in the inter boys, Jacob woollatt in the Junior boys. Evie Hughes, Junior girls and Micheal Gwynn, Junior boys have also been asked to run, due to injuries on the day. Good luck to all and looking forward to the next round which is at Woodbridge on 10th January 2019.

Joe and Anna also ran in the Eastern Counties XC Championships a couple of weeks ago - Joe was 5th in the 8km U20 men's race – Anna was 17th in the 4km U15 Girls race.



## Football

### Year 10

#### King Edward VI BSE vs TGS

Playing on a grey windy day TGS took the lead midway through the first half after the KEGS keeper cleared the ball from his area and with the ball looping up in the air James Darmody produced an excellent roundhouse volley crashing the ball over the goalkeepers head into the far top corner. Unfortunately KEGS equalised 2 minutes into injury time at the end of the half.

#### HT 1-1

After a quick reshuffle at the break TGS came out firing with Lewis Bowen with an excellent finish past the onrushing goalkeeper, again KEGS came back and scored an excellent team goal, 2-2.

Again Lewis Bowen scored with an almost identical goal to put TGS in front again and again KEGS hit back this time with a dubious award penalty bringing the score to 3-3.

Now it was all out attack with a quick shift in shape and playing a front 4 the TGS players pushed KEGS back and after a great run and hitting the post James Darmody's rebound was put in from an acute angle by

Kyle Brown under the keeper's body after a lung busting run by the full back. TGS still had time to hit the post and bring a great last man tackle from the KEGS defender.

FT KEGS 3 TGS 4 An excellent result against a very strong KEGS side.

### *Year 8*

#### *TGS vs St Benedict's BSE*

A day to forget for the TGS Year 8 team. After a great win by the team against Thurston in the last game they faced a very lively St Benedict's side on a wet muddy pitch at TGS.

Things didn't look good when 5 players were absent or injured so we went into the game with a bare 11. Although having the best of the first 10 minutes, St Benedict's went ahead after an unfortunate own goal by TGS. TGS were not behind for long after a great run and finish by Leyton bringing the score to 1-1.

As with the year 10 team we conceded a goal late in the half to leave the score 1-2 at the break.

St Benedict's really found their stride in the second half scoring 3 unanswered goals to leave the final score 1-5 a deserved win for the visitors and lots of things for us to work on and focus on before our next game.

### *Year 9*

#### *Hartismere vs TGS*

On another blustery day the Year 9 team made their way to Hartismere and delivered a superb performance. From the first minute to the last the TGS boys dominated with excellent displays all over the pitch. The first goal arrived in the first 10 minutes with some great play down the left from Allen and Arnold releasing Taylor behind the back 4 where he was upended. The penalty was clinically put away by Max. The boys didn't stop there with Arnold, Gooderham and Bertie ruling midfield. The next passage of play saw Max put through only for the goalkeeper to slide out and cut out the ball but with the goalkeeper spilling the ball Spurling was alive to the chance tucking the ball away.

HT Hartismere 0 TGS 2.

It was more of the same second half with a fantastic performance by the back line keeping a very lively powerful striker quiet and everyone in midfield keeping the ball superbly. The third goal came after a sweeping passing move and an accomplished finish by Arnold 0-3. The fourth goal was the goal of the game with the ball being picked up by the

left back Allen. The ball moved across the back line then played into Gooderham who slipped the ball to Bertie who in turned split the defence with a great ball between the CB and FB for Taylor to cross to the far post for the waiting Spurling to head home. 0-4.

The final goal came with 5 minutes remaining when Arnold got his second with a close range tap in leaving the final score Hartismere 0 TGS 5.

An excellent performance where the standard of play and work rate did not drop during the whole game and a special mention for the defenders who gave everyone the confidence to break forward whilst staying composed and playing out from the back. FT Hartismere 0 TGS 5

## Sports leadership

This term the sports leaders have been busy helping to support some primary school events that have been hosted at TGS. Leaders have been involved in leading in football, basketball and indoor athletics and have all represented the school fantastically. The leaders will have a number of events to help with in the new year, and there will also be an exciting opportunity for a new group of students to become sports leaders too. Keep an eye out in your core PE lessons for this being advertised!

## Basketball

This year at basketball club, we have had attendance in numbers close to 60, which is a first that I have seen in many years of teaching at TGS. The dedication of our students has been fantastic.

The girls u14 and u16 basketball teams have played a few games this half term against Castle Manor, Samuel Ward and Thurston. Both teams gave it their best and managed to come 2nd in their leagues this year. This has meant that the u14 girls team have drawn Westley, who they will be playing against on Tuesday 11th December, and the u16 girls team have got County Upper in their semi final match. If they win these matches, both teams will be in the Suffolk Finals in the new year! We are also looking forward to the upcoming year 7 matches after Christmas, with the Year 7 girls team tipping off their first match against Horringer on Wednesday 23rd January.

Good luck to all!

## Netball

### *TGS v Sybil Andrews* *17th October*

Year 8s had a game against Sybil Andrews and won 13-10. At the start of the game we didn't do as great but as we realised that they were good we had to step up our game. We played our strongest position at the start. Further and further into the game we began to score lots more goals but did let some more in. In 3/4 of the game we were winning at 13-4 which was really good. The next quarter wasn't our best but it wasn't the worst ever. We still won. It gave us the boost we needed for our other games in the future.

Tamika McKnight

### *U14s TGS v Sybil Andrews* *17th October*

This is our 3rd and most successful match of the season so far as it resulted in 22-4 to TGS. Our defence did an amazing job of intercepting passes and gaining possession of the ball as well as getting it to our goal third as quickly as possible. One of our shooters, Katilin Riddle, consistently scored us a lot of goals and really helped us gain this win. We hope to continue to play at this standard all through the season and hopefully get some more wins for Thomas Gainsborough school.

Well done girls! Mia Lavergata

### *TGS vs Stour Valley* *Tuesday 13th November*

TGS played well as a team and we tried to keep possession of the ball by using quick level passes, rather than long loopy passes. This worked well, as we have learnt that when we have used loopy passes when playing against a tall team, we lose possession. By half time it was 3 - 0 to

Stour Valley. However, in the 3rd quarter TGS scored. It was a fast movement to the net. By the end of the game it was 5 - 1 to Stour Valley. We were unlucky as we tried hard, but Stour Valley had some very good and TALL defenders, which made it difficult for us to score more goals.

Francesca Pledger

### *Stowupland Away* *15th November*

Chloe, Emily, Natasha, Tilly, Mia, Tamika, Rosy and Hayley played against Stowuplands School at a netball tournament. We played four lots of fifteen minutes. In the first quarter the score was 3:2 to TGS. Our passes were accurate and we all worked hard. In the second quarter the scores were quite equal. Stowuplands team played strongly, which made the match intense. By the third quarter Stowuplands took the lead.

In the final quarter TGS almost caught up Stowuplands and scored lots by finding good spaces to be passed the ball. The tournament was very close and both teams played very well. The overall score was 16:14 to Stowuplands.

Hayley Provis

### *TGS v Stowupland* *1st November*

Year 8 A team went up against Stowupland. We were a very strong team but unfortunately they beat us 3-1 but we still gave it our all and we tried our hardest. Their team was very good at defending and that is where we were weaker as we were throwing the ball over defenders. In upcoming games, we need to make sure we have the correct tactics and learn from our small mistakes and hopefully we can bring home a win next time. Some of our stronger parts is getting the ball to the other side of the court as we thought about channeling which helped it get into the shooting third and then missing the ball. The

girls shooting were very talented players and still did great! Overall I thought we gave an excellent performance and even though we lost, we should still be proud as it was one of our best so far. Next time, we will bring home a win! Well done girls!

Harriett Hesketh

### *TGS v Stour Valley 22nd November*

Year 9 netball team went to Stour Valley to play a 7 a-side netball match. The team consisted of Hayley Provis, Tilly Motts, Natasha Guy, Chloe Ecuyer, Emily Downs, Kaitlin Riddle and 2 amazing Year 8 players: Tamika McNight and Amelia Gurney who stepped up to cover 2 players unable to play. The team played brilliantly and TGS came away with a win 11:8! The whole team should be proud of themselves for demonstrating the values of positivity and confidence. Well done everyone!

Kaitlin Riddle

### *U19 TGS v Finborough*

The team started their mini league of fixtures with a performance which lacked fluency in parts. Some great play in patches and some consistent shooting by Megan Bailey made the first half competitive. However Finborough increased their game play in the second half and TGS could not match the speed of their play. Never giving up, the TGS team put in a brave performance for the first game. Final score 25-8.

## Hockey

On a dark and rainy evening in November the TGS U14 hockey team attended a tournament at King Edwards School in Bury. As the rain lashed down, the whistle blew to start the first half of the first game and TGS went ahead early with 2 excellent goals from Farran Kirkham. Thurston made some tactical substitutions at half time and came out fighting with a well won goal. Fortunately, the experience of the TGS team shone through and they defended well for the rest of the second half.

The second game of the tournament saw a 2-1 win against a talented team from St Benedicts'. A win in the third game against KEGS would mean an overall victory for TGS and tensions were high. The game started at pace. TGS were caught off guard by the skill of some of their players and unfortunately went down by two goals. A rousing half time team talk meant that TGS piled on the pressure in the second half and towards the end of the half the pressure was rewarded with a goal. KEGS put everything into defending and absorbed wave after wave of pressure from the talented TGS attack, but unfortunately the second goal was not to come. The game ended 2-1. The TGS team should be congratulated on their positive attitude during the tournament. Notable mentions to Daisy, Ed and Odin Bodi for excellent defending and Noah and Farran Kirkham for their attacking play.

Miss S Parry



## Badminton

8 girls and 8 boys, made up 4 teams to represent TGS in the area badminton competition, at Samuel Ward. The arena was cold, which didn't make good conditions for badminton; however, all 16 students tried their best and behaved exceptionally well. There was some very good badminton being played by all TGS student, and especially from Owen, Charlie, Evie and Alice. Both teams didn't disappoint as they seamlessly made their way to the final. The boys unfortunately came up against a very strong County Upper team, and narrowly lost by 1 rubber. The girls stepped up and went one better, winning the competition and qualifying for the county round again, a great achievement and the journey carries on. All the girls are in Year 10 and are competing against Year 11 students, which makes it even more impressive.

Well done and good luck!



## Trips

*Rugby School*

Rugby School is a day and boarding co-educational independent school in Rugby, Warwickshire, England. It is one of the oldest independent schools in Britain. Its re-establishment by Thomas Arnold during his time as Headmaster, from 1828 to 1841, was seen as the forerunner of the Victorian Public School. When arriving at the school we met our tour guide called Tony. We walked around the grounds looking into the museum, squash courts and the oldest standing pavilion in the UK. This benefited both the Year 12 and 13 classes because we were able to consolidate our knowledge and make new links to the school and past times.

The most memorable and useful part of the tour was looking at the courtyard that remained there from the 19th century. The grass had a cross shaped path through it which only the ministers and teachers could use. This reflects our knowledge that Dr Thomas Arnold intended to draw the boys closer to God.

Overall, the trip was functional in order to integrate previous lessons with information provided by Tony the tour guide.

Macey Hinton &amp; Jess Arkesden

## Netball

On 30th November we took 30 students to the Copperbox Arena to watch professional Netball: England vs Uganda. After arriving safely at London we found our seats in a prime section, up high with a view of the full court. It was the second game of three, with England only closely beating Uganda a few days before. But on 30th November England played fantastically and were on top form with a clear win 65:53. Our girls were able to view netball at an incredibly high and amazing standard. It was not only an exceptional trip in terms of enjoyment but students also were able to learn from it. After the game we were able to get autographs and pictures with some of the players - much to the happiness of Miss Bryan. Overall a fantastic trip with very happy girls when driving back to school!

Ms K Young



## Rugby

A group of Years 10 & 11 boys made the long journey to Leicester to have high quality coaching from the Tigers coaches as well as take in a game and atmosphere of a tigers match at Welford Road. Along with this the students had a question and answer session with a Leicester Tigers player - SIONE KALAMAFONI as well as having a photo on the pitch during the half time interval of the game. All students were fantastically behaved and gave 100% in the training session. All had a good time even in the pouring rain which was with us for the majority of the trip.

Mr R Myhill



# SPRING TERM 2019

MONDAY 7 JANUARY – FRIDAY 5 APRIL

HALF TERM: MONDAY 18 FEBRUARY –  
FRIDAY 22 FEBRUARY

NON PUPIL DAYS: THURSDAY 3 JANUARY  
AND FRIDAY 4 JANUARY

# SUMMER TERM 2019

TUESDAY 23 APRIL – FRIDAY 19 JULY

HALF TERM:  
MONDAY 27 MAY – FRIDAY 31 MAY



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**If you would like to visit us it would be our pleasure to show you around. Please contact us on 01787 375232**