

# Year 8 Summer Tasks

Subject	Task
<b>3D Design</b>	<ul style="list-style-type: none"> <li>• Create a mind map of different Olympic medal designs over its history. (See google slides for breakdown of tasks)</li> <li>• Create a medal design for this year's Tokyo 2021 Olympics. You need to design both the front and back (See google slide for information)</li> </ul>
<b>Art</b>	<p>Title: The Sea project</p> <ul style="list-style-type: none"> <li>• Collect or take images of the sea for example the beach, shells &amp; water.</li> <li>• Research the Artist Maggi Hamblin. Find out 10 interesting facts, collect or draw images of her work.</li> <li>• Present your work in an interesting way either on paper or you can us ICT</li> </ul>
<b>Design &amp; Technology</b>	<ul style="list-style-type: none"> <li>• Research different types of textiles/fabrics. You could use the internet or look at clothes labels to see what the fabrics are and what they are made from. Make a sample page with samples of fabric, the name of the fabric.</li> <li>• Collect samples of wood or find out about the different types of wood. Produce an A4 page of your research. What is the difference between deciduous and coniferous trees?</li> <li>• Collect different styles of fonts. Produce an A4 page of the different styles with their names.</li> </ul>
<b>English</b>	<ul style="list-style-type: none"> <li>• Creative Writing - write a description or short story based on any of the following topics: stormy weather, lion-taming, lost in the desert, colourful food. Be sure to use vivid, sensory description and structure your response in a way that is interesting to your reader.</li> <li>• Choose 5 things that you can touch from where you're sitting. Write a story using all 5 items.</li> <li>• If you were frozen in a block of ice for a million years – what would the world be like when you got out?</li> <li>• Design a poster or information leaflet for tourists to visit your home village or town.</li> <li>• Try to read as many books as you can, ideally one a week (6 in total) during the summer holiday. Write a short book review for each book you read and give it a star rating out of 5.</li> </ul>
<b>Food &amp; Nutrition</b>	<ul style="list-style-type: none"> <li>• Cook a high protein dish</li> </ul>
<b>French</b>	<ul style="list-style-type: none"> <li>• Review vocabulary from the knowledge organisers from the Autumn, Spring and Summer terms.</li> <li>• Complete the Quizlet sets for the autumn vocab, summer and spring.</li> <li>• Watch a film in French or listen to some French music (ask HFR if you'd like some ideas!)</li> <li>• Try out some baking by using some French recipes (ask HFR for more info!)</li> </ul>
<b>Geography</b>	<ul style="list-style-type: none"> <li>• watch the episode 3 from Ade in Africa - it is about development in Africa - what success is Africa having and problems/challenges does Africa still face?</li> <li>• <a href="https://www.bbc.co.uk/iplayer/episode/m0002p4d/africa-with-ade-adeptan-series-1-episode-3">https://www.bbc.co.uk/iplayer/episode/m0002p4d/africa-with-ade-adeptan-series-1-episode-3</a></li> </ul>
<b>German</b>	<ul style="list-style-type: none"> <li>• Review vocab from each unit that you have stuck into your class books</li> <li>• Revise vocab on memorise</li> <li>• Practise some German cooking and translating a recipe (linked to food unit in textbook)</li> </ul>
<b>Mathematics</b>	<ul style="list-style-type: none"> <li>• Please login to Mathswatch. If you have forgotten your password please contact Ohare@tgschool.net</li> </ul>

	<ul style="list-style-type: none"> <li>• Complete the targeted task questions allocated to you.</li> </ul>
<b>Music</b>	<ul style="list-style-type: none"> <li>• Ask your parent or guardian what their favourite album of all time is. LISTEN to the album. Now input the name of the band into <a href="https://www.music-map.com/">https://www.music-map.com/</a> and listen to another band from what comes up. Did you like what you heard? Can you now recommend this to your parents or guardian</li> <li>• Listen to a piece of classical music and use this as inspiration for another creative activity. You could write a poem, go for a walk, draw a picture.</li> <li>• Watch this video of a drummer using junk to create his instrument. <a href="https://www.youtube.com/watch?v=TViLxRIUBDM">https://www.youtube.com/watch?v=TViLxRIUBDM</a> Can you create something like this of your own? Video it and share it with your friends.</li> <li>• Choose one of your favourite songs and then search for the same song but performed by someone else. (BBC Radio 1 Live Lounge is good for this) How different are they? Do you prefer the new version? Why not look at other songs performed by the new artist.</li> </ul>
<b>Physical Education</b>	<ul style="list-style-type: none"> <li>• <b>Target Challenge:</b> Use a rolled up pair of socks and throw them in a bucket/bowl/bin</li> <li>• <u>Easier:</u> Start from 1m away <u>Harder:</u> Take a step back every time you get them in.</li> <li>• <b>Circuit Challenge:</b> Complete the following exercises:</li> <li>• 10 press ups / 20 squats / 10 sit ups / 10 burpees / 30 seconds plank - Repeat 3 times.</li> <li>• <u>Easier:</u> Start with fewer of each. <u>Harder:</u> increase amount or number of times you repeat</li> <li>• <b>Dance Challenge:</b> Learn a dance routine!</li> <li>• Choose a dance you like, or find a tutorial on youtube, watch and practice, practice, practice!</li> <li>• <b>Steps Challenge:</b> Try to complete at least 10000 steps a day for a week.</li> <li>• <u>Easier:</u> Reduce the number of steps. <u>Harder:</u> Increase the number of steps</li> <li>• <b>Running Challenge:</b> Complete a 5km run.</li> <li>• <u>Easier:</u> Start with a 1km run and build up by 200m <u>Harder:</u> Time the run and try to improve your time;</li> <li>•</li> </ul>
<b>Religion, Philosophy &amp; Ethics</b>	<ul style="list-style-type: none"> <li>• Read 'I am Malala' Malala Yousefzai or watch 'He named me Malala' (PG)</li> <li>• Read 'The complete Philosophy Files' Stephen Law</li> <li>• BBC ethical questions : <a href="https://www.bbc.co.uk/bitesize/topics/zkdk382">https://www.bbc.co.uk/bitesize/topics/zkdk382</a> Read / watch and write your own answer to each ethical question</li> </ul>
<b>Science</b>	<p>One of the first topics you will learn about next year is: <b>Cell Biology</b></p> <ul style="list-style-type: none"> <li>• Go to the KS4 Science section of BBC Bitesize (<a href="#">Cell biology - GCSE Combined Science Revision - AQA Trilogy - BBC Bitesize</a>)</li> <li>• Revise the three sections on Cell Structure, Cell Division &amp; Transport in Cells</li> <li>• Watch the videos #1-9 on the Cognito youtube channel (<a href="#">54 GCSE Biology (9-1) - YouTube</a>)</li> </ul>
<b>Spanish</b>	<ul style="list-style-type: none"> <li>• (JKe) Go to your Y8 Google Classroom to find a range of ideas and resources, including login details and usernames etc.</li> <li>• (LHu) Watch one or more of the stories from this selection. Use this link: <a href="https://www.youtubekids.com/search?q=toycantando+cuentos">https://www.youtubekids.com/search?q=toycantando+cuentos</a>. Write a list of vocabulary in English and Spanish with key words and phrases from the story.</li> <li>• (LHu) Complete any Quizlet sets that you haven't finished yet. Follow this link to your class: <a href="https://quizlet.com/class/15610425/">https://quizlet.com/class/15610425/</a></li> <li>• (LHu) Try a Hispanic dance, food, drink, or watch a TV series or film (use subtitles) and write a review in English (add pictures and some phrases in Spanish too).</li> </ul>
<b>Wellbeing</b>	<ul style="list-style-type: none"> <li>• Switch off all social media 30mins prior to going to bed.</li> </ul>

***For all students during your time away from school. Try these daily routines***

- Eat something for breakfast within half an hour of waking up even if just tea & a biscuit.
- Take a half hour walk everyday - walk a neighbours dog for example.
- **Target Challenge:** Use a rolled up pair of socks and throw them in a bucket/bowl/bin
- Easier: Start from 1m away Harder: Take a step back every time you get them in.
- **Circuit Challenge:** Complete the following exercises:
- 10 press ups / 20 squats / 10 sit ups / 10 burpees / 30 seconds plank - Repeat 3 times.
- Easier: Start with fewer of each. Harder: increase amount or number of times you repeat
- **Dance Challenge:** Learn a dance routine!
- Choose a dance you like, or find a tutorial on youtube, watch and practice, practice, practice!
- **Steps Challenge:** Try to complete at least 10000 steps a day for a week.
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- **Running Challenge:** Complete a 5km run.
- Easier: Start with a 1km run and build up by 200m Harder: Time the run and try to improve your time;