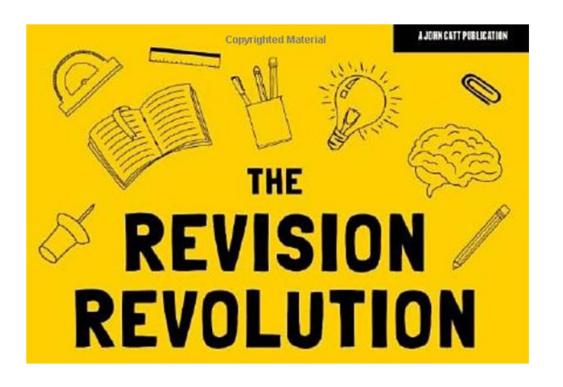
# Completion exams...

Revision!!!







## Challenge the misconception...





Revision is a big scary thing that happens at the end of content before an assessment

Stress is how we react when we feel under pressure or threatened. It usually happens when we are in a situation that we don't feel we can manage or control.



## CRAMMING WORKS! BUT ONLY SHORT TERM

### Revision See Again

We're just looking at it again — to help it move from your STM to your LTM

# Learning is 'a change to long term memory'

(Kirschner, Sweller and Clark, 2006)

#### MOTIVATION

Stops if we domaintains

SUCCESS

I've failed over and over and over again in my life and that is why I succeed.



Overall:

11.4

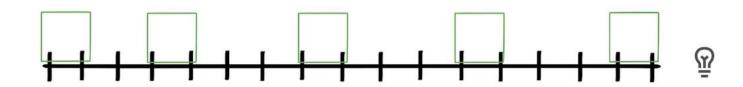
22.9

49.7

#### No Cramming

Strategy: Spaced Practice





#### Little and often

## Make a plan

Getrevising.com



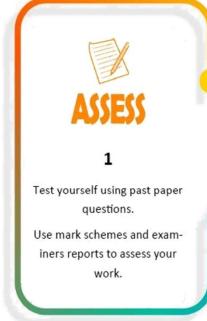


#### 3 A's of Revision

Straight forward, successful revision



## Making it effective!





Mix up your topics and subjects for highest impact

#### Test yourself first!

#### Work out what you know!

But it HAS to be low stakes!



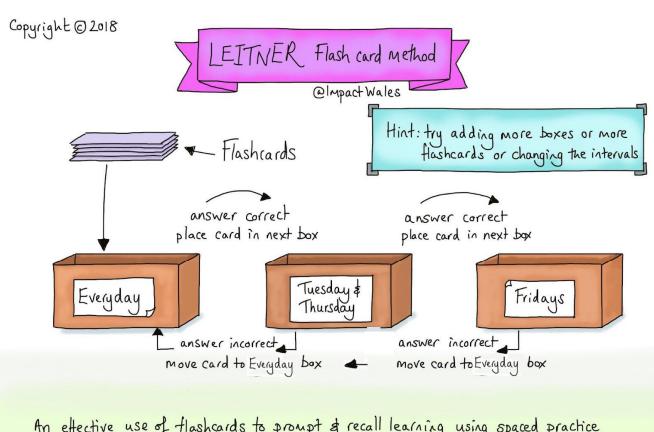
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 You don't need to keep revising what you already know!

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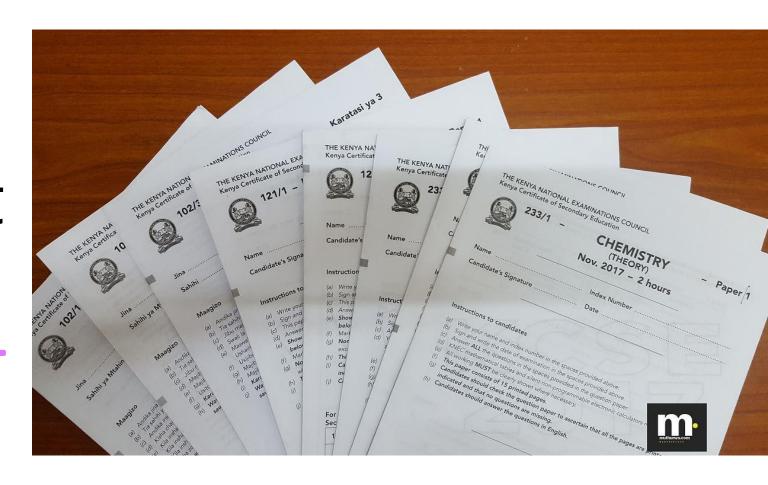




An effective use of flashcards to prompt of recall learning using spaced practice proposed by Leitner in the 1970s. It focuses on the proficiency of recall of the learner. Information which is easily recalled has a longer time lapse before the next recall opportunity.

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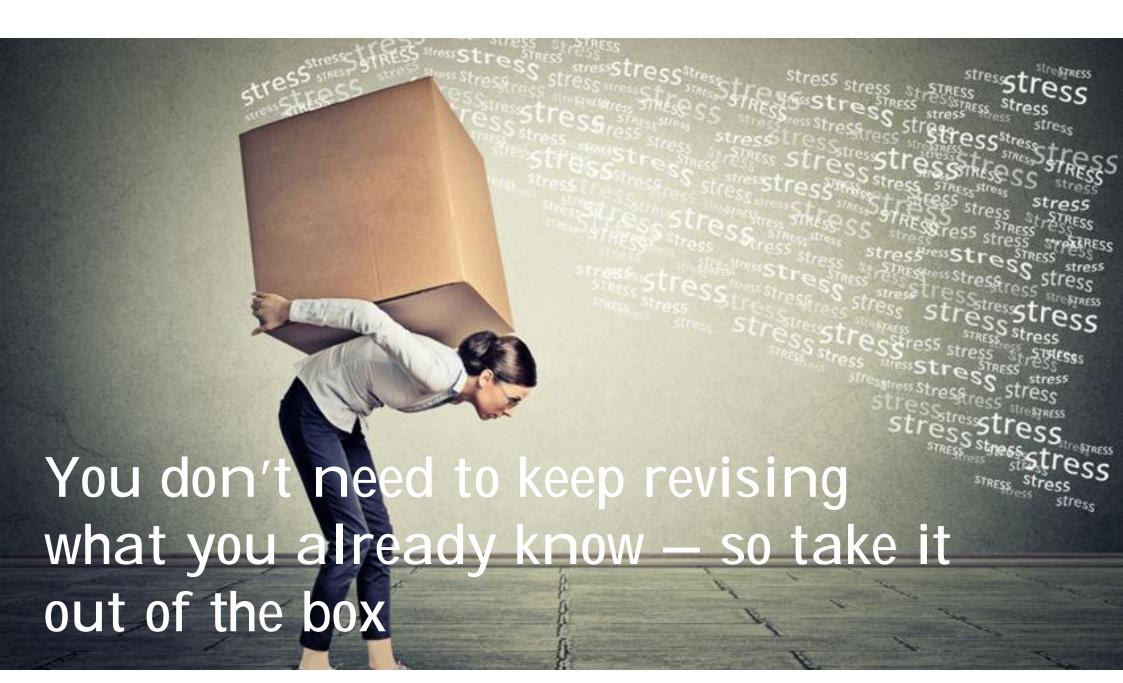




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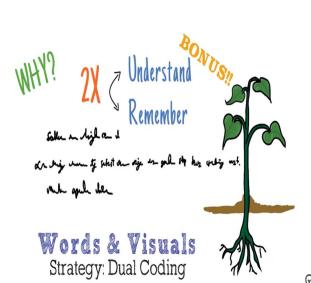






## Sort out what's left!







Strategy: Concrete Examples

Understand

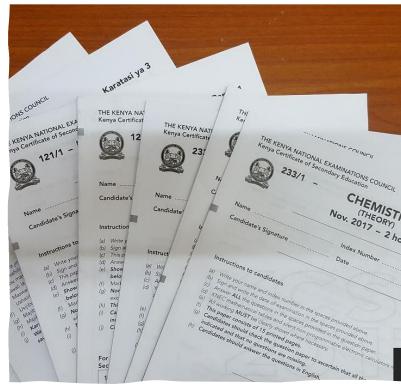
Explain

9

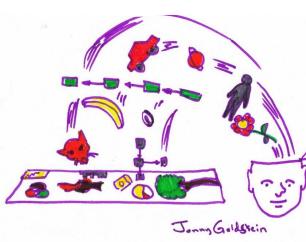
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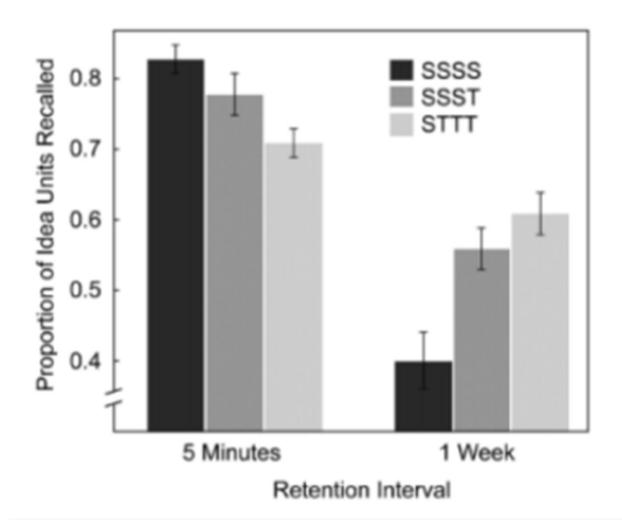


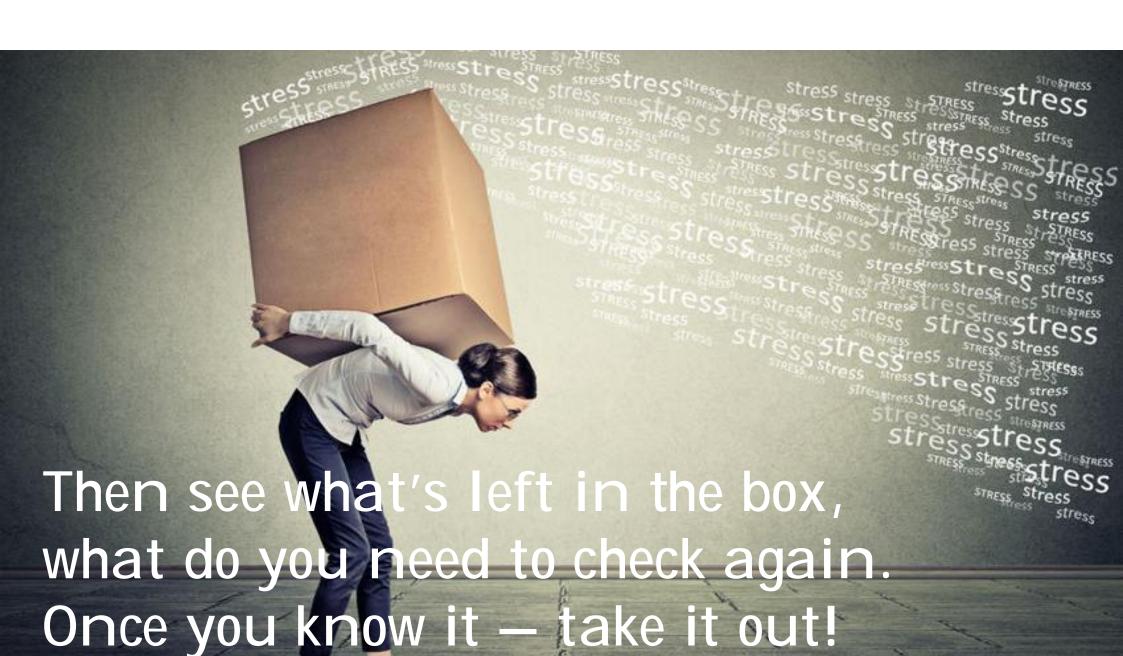






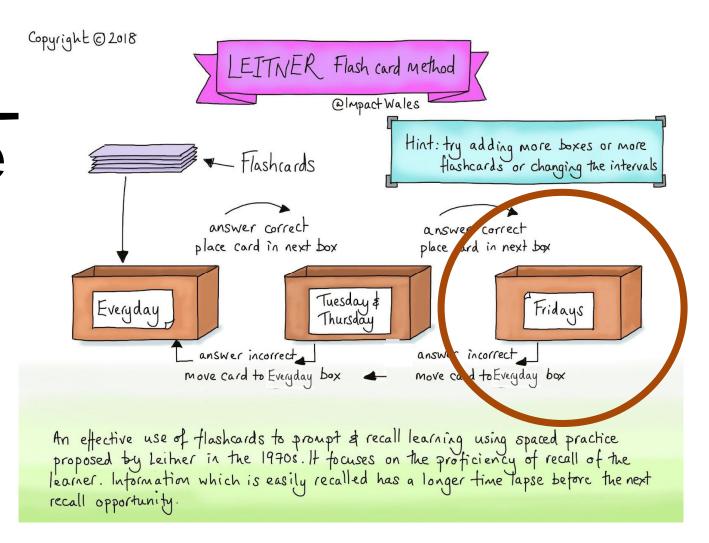




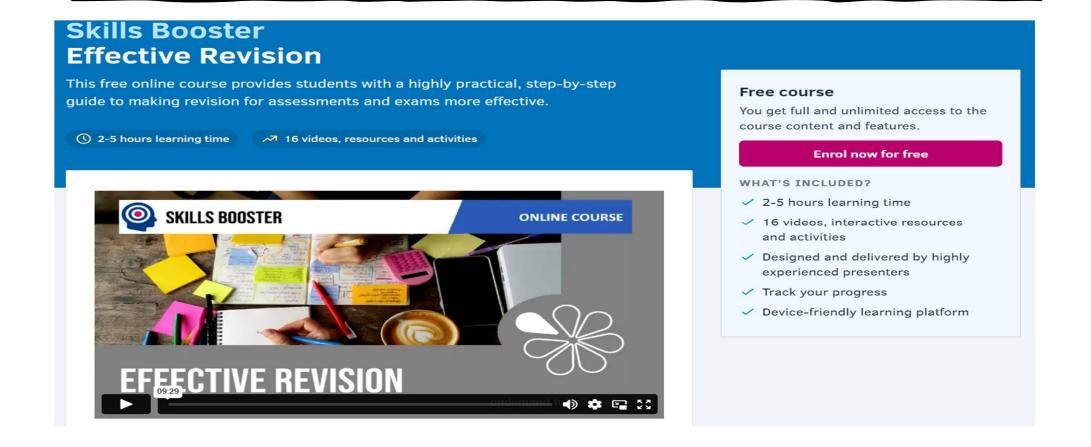


### And repeat!

# Just check the stuff you know now and again



#### Tutor2u.net



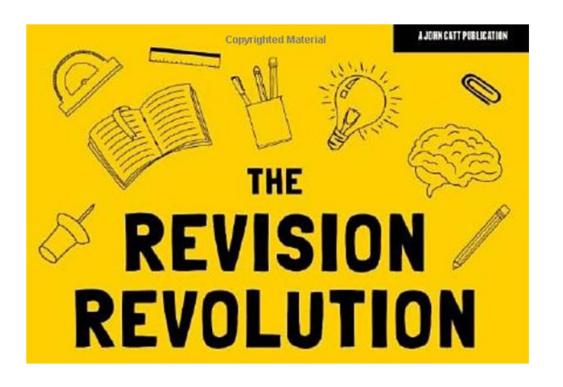
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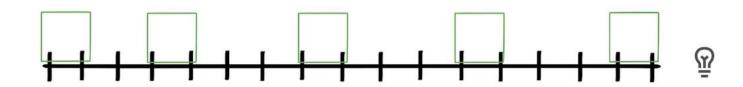
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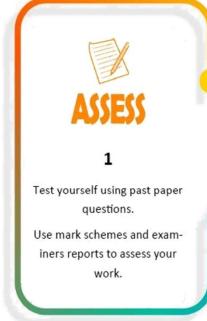


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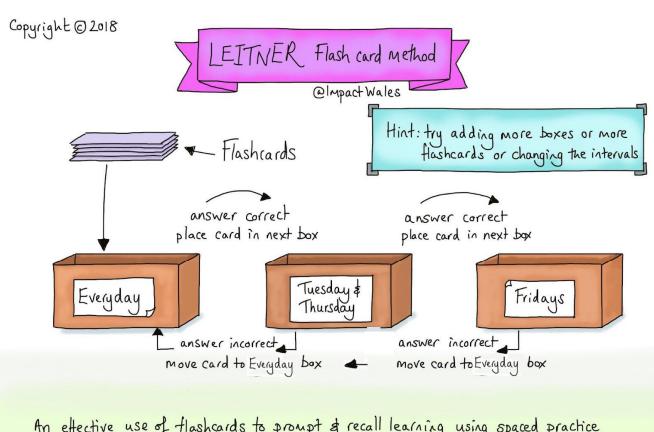
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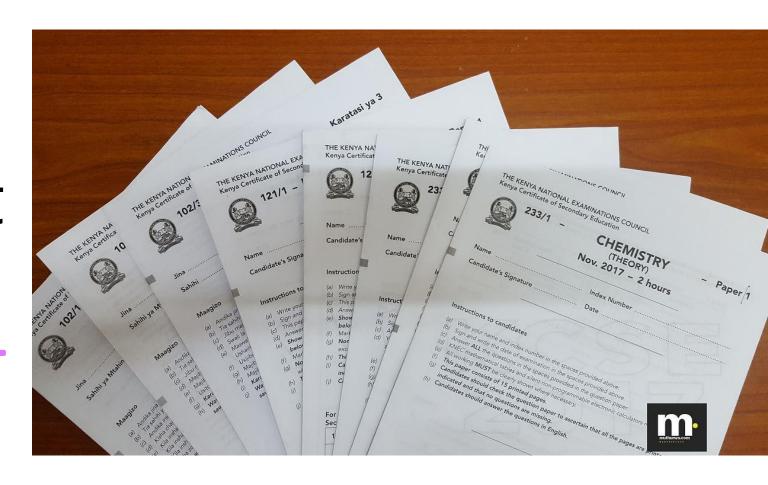




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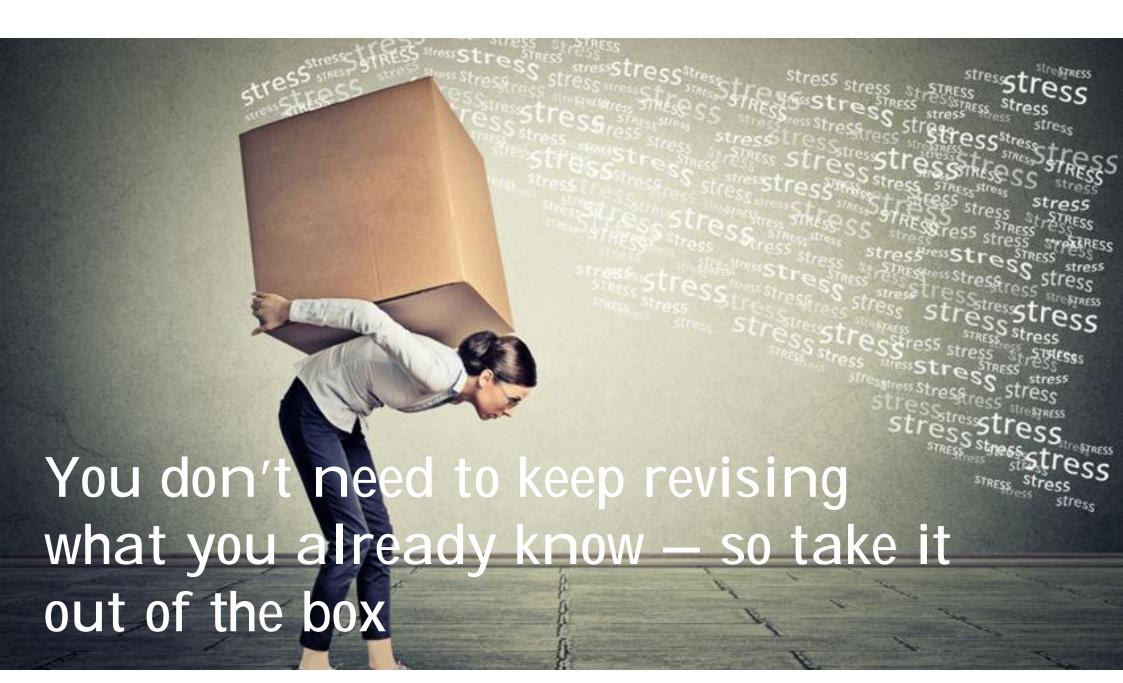




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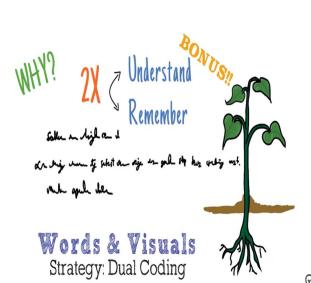






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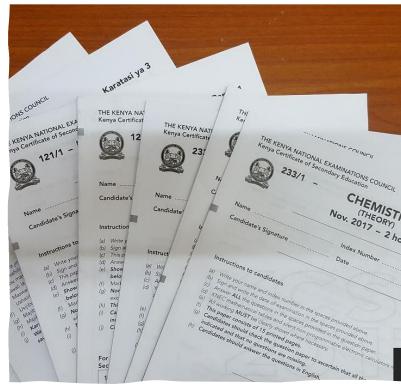
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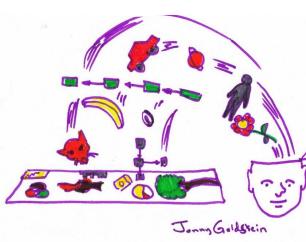
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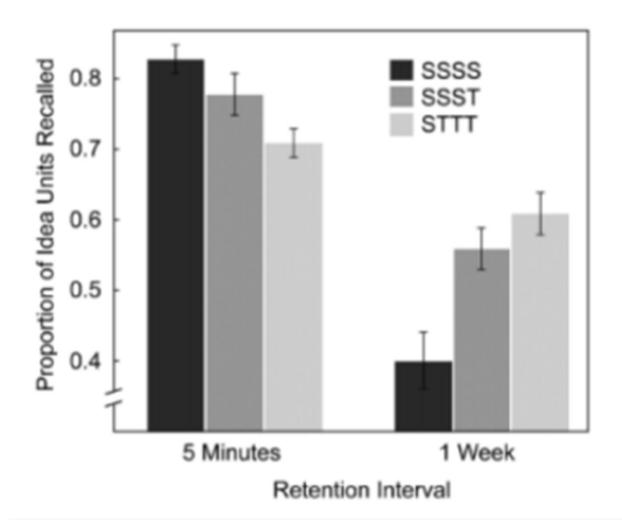


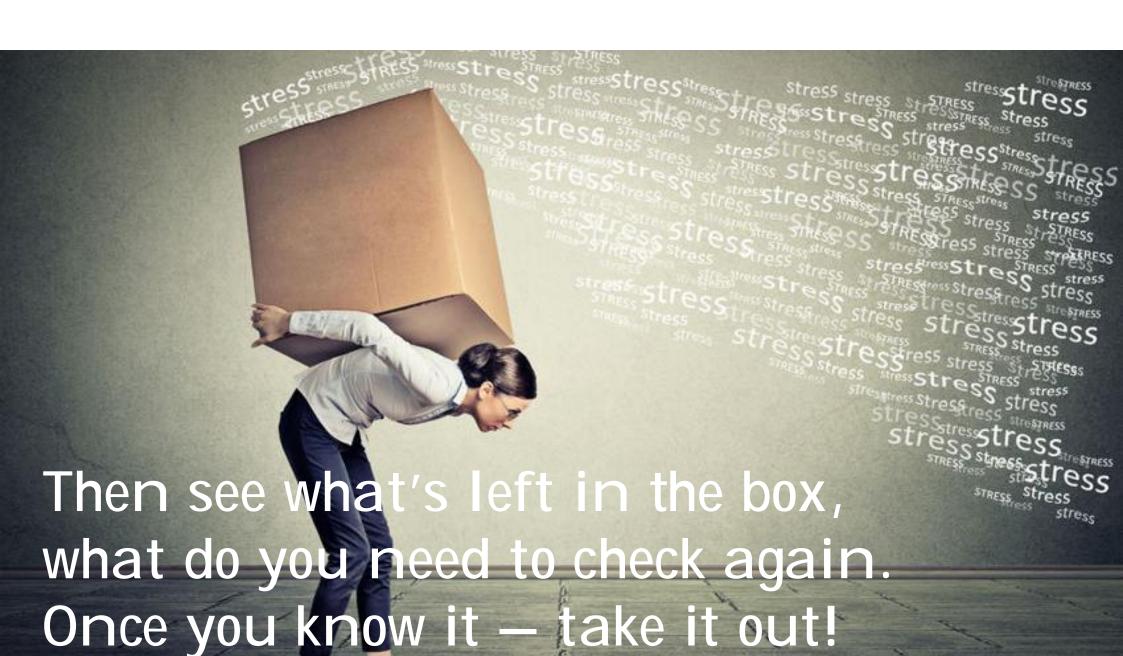






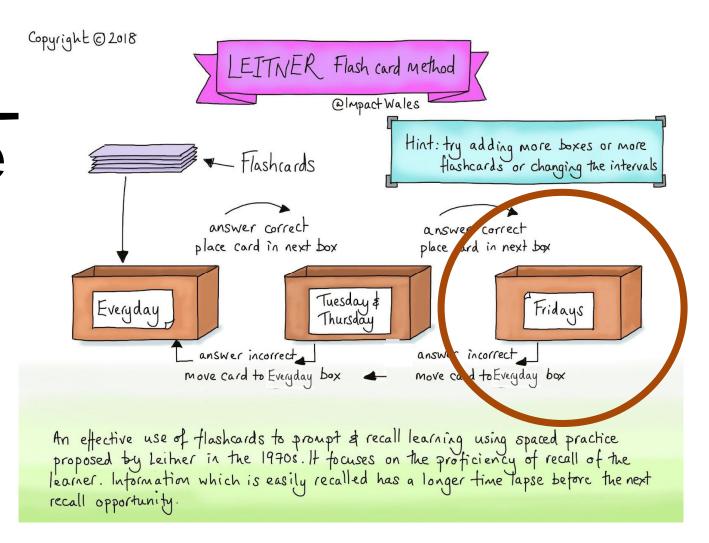




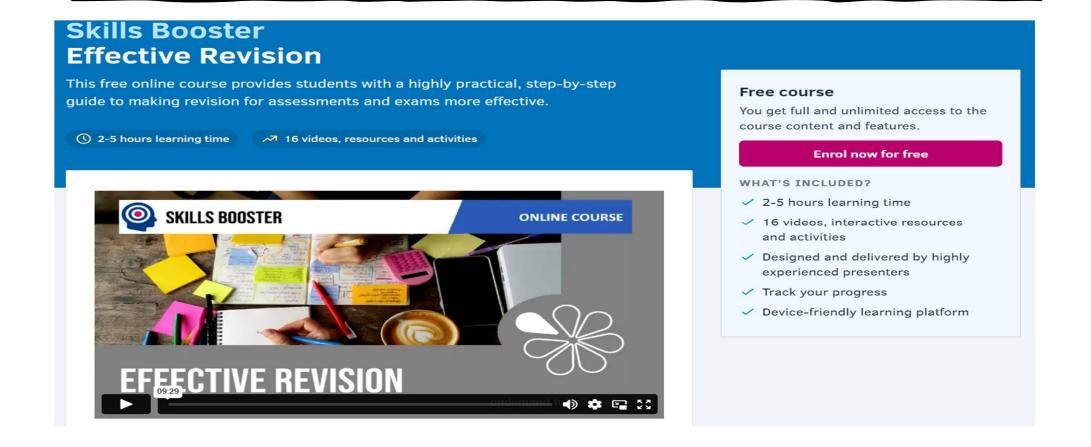


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