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RESPECT RESILIENCE HONESTY POSITIVITY HAPPINESS CONFIDENCE

# ABBAS

As I write this I can smell the pine of the Christmas tree. We have just heaved all thirty feet into position. I cannot believe that we are near the end of the Autumn term already.



Well done to all of our Year 11 students! The tough fortnight of mock exams is now over and there is a chance to recharge and reflect over the coming holiday. Make sure you resolve to attend those intervention sessions, there is revision available every night – use it! Also resolve to enhance or improve your revision materials or method. There are huge gains still to be made so set your mind to it in the new year.

Opportunities to get involved have come thick and fast this term. Well done to the victorious Year 8 Football team – a great early win for Abbas. It is lovely to see so many volunteering and getting involved. Thank you to:

Maisie Lane
Finn Morris
Findlay Blakeborough
Henry Bale
Alex Gudgin
Jess Williamson
Berkley Baker
Andrew Day
Lucas Marseille Lebreve
Rex Marlow

Charlie Reed Alice Wilby-Ward

There was an amazing response for the Children in Need cake competition. There were some stunning entries. Well done to Sophia Longhurst 7SST for her winning Abbas entry!



Congratulations also to William Parsons 9RMc for his excellent endangered animal model. William's creature was the winning Abbas entry for this well-supported competition.



Tutor time enables group collaboration and team work and this photograph shows off the hard work put into the Remembrance Theme of the Fortnight from all students in ABo.

Fund raising in earnest will begin with our Christmas charity raffle. This year we have some gold earrings, some items of luggage, a Guess handbag plus numerous other items. Tickets will be on sale until the end of term. We will hopefully take part in some supermarket bag packing again. We have also had our quarterly pay-out from Easy fundraising. Please do remember to go to online shopping sites via Easy fundraising and look for Abbas House at TGS. It will cost you nothing more yet last year raised over £200 for our House charity with only six members!



Finally, I would like to share some of our recent core value winners. Every week students can let me know what they have taken part in, helped with or achieved outside of school. It will earn five

merits but may earn ten if they are declared the winner of the week. Three of our talented swimmers demonstrate their commitment to our core values and their swimming performance here. In our most recent swimming competition at Sudbury and District Swimming Club we were all trying to beat our personal bests and obtain trophies and medals to try to achieve our Development, County and Regional times.

"My name is Holly Bunter and I entered the swimming competition in Sudbury and entered 10 races. I achieved 10 medals and 6 personal bests out of my 10 races. These medals consisted of 5 silver and 5 bronze medals."

"My name is Roisin Clancy and I am a member of Sudbury Storms. Recently I swam at the swimming competition and entered 8 races. I achieved personal bests in 3/8 of my races. These were: 200m freestyle, 50m freestyle and 100m IM. I am now looking to improve on the times of all of these 8 races in our next swimming competition which is Last Chance on the 15/16th December."

"My name is Fia Garrard and I am also a Sudbury Storms swimmer who swam at the competition. I got 12 medals, 6 silver, 3 gold and 3 bronzes and achieved 4 PBs over the weekend. I am now looking at getting county times."

Well done to our talented swimmers! I look forward to sharing many other fantastic achievements here. I wish you all a very relaxing and peaceful Christmas, and a happy New Year.





Mrs N Wilby

# CHAMBERLAIN

I cannot believe it is already time for me to write my second article for Portrait; time is simply flying by. It has been another prosperous half term for Chamberlain house, so many of you have achieved so many marvellous things, that I know I will struggle to fit them all in this brief report. We are currently in a strong position to remain holders of the Chelsworth Cup, so we all need to be thinking about collecting as many merits and entering as many competitions as we can from now until the end of term, if this is to be achieved.



The overriding tone from the past half term is how involved in the school community members of Chamberlain house are. It fills me with such joy to see so many of you participating in events and entering competitions. And in such an array of areas as well; your talents are so diverse! It has been even more important to get involved this half term, as it has been the focus of one of our Theme of the Fortnight's, and you have all made me proud watching you submerge yourself in the school community. Firstly, I would like to say how impressed I was at the standard of the Endangered Species entries. I know that a large number of Chamberlain students entered, however Jake Cutmore was the winning Chamberlain entry, creating a unique turtle, whose shell was made from CDs. This will now be showcased at The Apex in Bury St. Edmunds or the Town Hall.



Our house must be full of scientists too (which is excellent news for me!), as we had the highest number of entries in the science competition, which was to write a newspaper article outlining a development in science, and we also had lots of entries for the Twist on a Tale competition, which was being run by the English department. There are too many members of the house to list who have been out and about representing the school in a variety of events and sporting fixtures, so congratulations if this includes you too. Children in Need has also occurred during this half term. Well done if you were busy baking cakes for the cake sale or wearing spots on non-uniform day. We raised over £800 as a school, which is excellent.



Not only did Chamberlain do well in the competitions aspect of the school community, we have also proved to be great fundraisers for our house charity, Suffolk Mind. Last week we held the annual London-Brighton charity event, which was so well supported by all houses, not just Chamberlain. Whilst I know you are still collecting together the money raised, I am pleased to say that we completed the London-Brighton obstacle course! As we were being watched over by our House Mascot, Alfie the Retriever (who even attempted some obstacles himself), we were unable to let him down. A distance of over 46 miles (76 km) was covered by our fabulous they were able to retain the title of KS3 Inter-house team of participants: Sid Benton (who completed 50 laps), David Newcombe (covered a distance of 13km), watching you take part was amazing, you all did Lottie Alleston (who completed 47 laps), Maisie Young, Charlotte Turner, Megan Turner, Caitlin Cook, at the back of the assembly hall! You are worthy Ellis Wilkinson, Charlie Fuller (who completed 52 laps), Harry Watson, Oskar Howard (who completed 68 laps), Jensen Cooper, Jack Osborne, Amelia Barker, Zach Brazier (Tollemache, who completed 77 laps), Matt Rowe (Houghton, who completed 84 laps), Lenny Lancaster (Houghton, who completed 65 laps), deserve a special mention as they were at the event from start to finish, including the setting up and clearing away. Your help is much appreciated, thank you.





A special mention must be made to Vahan Rikards, who single-handedly organised a 5k run charity event, in his own time. A total of over £300 was raised, which he will donate to the 4Ocean charity, a charity which has been formed to clean up the Earth's oceans. Vahan has written an article for Portrait explaining this event, so I won't go into too much detail, but well done Vahan! And then it was time for the annual KS3 Inter-house Quiz last Friday. Our Autumn Term team consisted of: George Bowden, Jack Bentley, Megan Pemberton, Joy Morelli, and I am ecstatic to announce that Quiz Champions. To be amongst the audience so fantastically well, and I was bursting with pride

winners, who deserve the title, so well done once

again!



And lastly, moving on to Christmas. Whilst we all had fun producing as many snowflakes as we could during registration to adorn the netting by the Christmas tree, on Monday 16th and Tuesday 17th December, the Christmas Fayre is back! Each house will have three stalls, and money raised will be jointly split across all five house charities, so please bring along some money to sample everything that the Christmas Fayre has to offer. I really appreciate all the help from the Chamberlain Committee: Charlotte Roberts, Megan Turner, Daniel Judd and Kai Thomas in their efforts to create products to sell at the Christmas Fayre. Events such as this could not go ahead without your huge input, and I am very grateful to all of you.

Wishing you all a fantastic Christmas and a happy, healthy New Year.

Miss A Alston

# HOUGHTON

It has been another very busy half term for the 298 students in Houghton House, as they continue, supported by their tutors and each other to exemplify the school values and our house motto "honour is the reward of valour."

Firstly, I must recognise the calm, assured and hard-working approach that Year 11 students took to their recent mock exams. Attendance was really high during the mock fortnight as students wanted to demonstrate their progress this year and if they did not have a view on what to expect in May and June 2020 before the mock exams, they do now! I hope now that students take the messages from the feedback they get from their mocks, rest after the end of term and then return in the new year ready to apply it.

As ever, there have been a large number of house competitions that individual members of Houghton and teams of students have got involved in. There was a solid performance in the Year 8 football competition and so many students wanted a place in the Year 7 & 8 House Quiz team that we had to hold a "Quiz-Off" one lunchtime to determine the final make up of the team, a team that went on to put in a good performance in the University Challenge style contest.



There were also a good number of entries to the Children in Need cake competition and I have it on good authority that the members of staff who organised the Snowflake making competition were buried in a drift of Houghton manufactured flakes! As we approach Christmas, our charity work steps up and the House Committee have organised a Christmas card and candy cane delivery service to raise funds for our House charity, the Salvation Army. We are also looking forward to welcoming a local



representative from the Salvation Army to our house assembly on 11th December.

Finally, as I reported in the last edition of Portrait, we award a member of the House an award each week to recognise their exemplification of one of more of the school values. Winners this half term are: Kiera Blowers (Y11 JWO) who has crocheted dozens of hats for the maternity ward at West Suffolk Hospital, Molly Goldsworthy (Y11 JWK) for organising a fantastic work experience placement for herself and Joshua Moye (Y8 TBA) for taking a leading role in a local Remembrance parade.

May I take this opportunity to thank my fantastic team of tutors and thank all parents and carers for their support of our efforts to deliver "Excellence, for each, for all."

Mr M Gibson

# MY WORK EXPERIENCE AT COLCHESTER GENERAL HOSPITAL

I had my first hospital admission at eleven weeks old, and have proceeded to be a regular visitor due to my Asthma ever since; this sparked my interest in the medical profession from a very young age. On the week starting the 14th October, I was fortunate enough to take my work experience at Colchester General Hospital with Professor Tan Arulampalam in the Surgical Department. I shadowed many of the different teams over the course of the week allowing me to see all of the different aspects of working in the surgical field. On Monday I was with Dr Vasudevan in surgery. I began in Anaesthetics where I was shown a general anaesthetic before following him into theatre where I observed, and was spoken through a variety of different planned laparoscopic surgeries. On Tuesday I attended an international lecture on 'The Opioid Drug Epidemic' in addition to shadowing the Junior Doctors and their Registrar on ward rounds and performing general procedures such as the taking of blood cultures. They shared their wealth of knowledge with me on how to proceed with my career path. I assisted the team at the ICEINI centre on Wednesday morning at the "Restart a heart day" where the vital elements of CPR were taught to many schools of different age ranges including at TGS. I was with the Surgical Assessment Team in Accident and Emergency on Wednesday and Thursday afternoon assessing patients who may have needed to be taken into theatre; I saw a variety of different conditions diagnosed such as appendicitis, diverticulitis and kidney stones to name a few. I also attended a talk on the 'Human Microbiome' and how diet is

#### 'RESTART A HEART' COLCHESTER HOSPITAL, WEDNESDAY 16TH OCTOBER 2019

On Wednesday 16th October 2019, the ICENI Centre at Colchester Hospital hosted a 'Restart a Heart' event which aimed to teach vital lifesaving cardiopulmonary resuscitation (CPR) skills to as many people as possible on one day. This is because if you suffer a cardiac arrest out of hospital in the UK, you have less than a one in ten chance of surviving. They want to change that. In places such as Norway where CPR is more widely taught it is as high as four in ten. Because of this, we thought it was paramount to get involved so we sent fifteen students over from the STEM pathway to learn as

essential in helping to prevent Cancers. On Friday I spent the morning observing in the Endoscopy unit; I learnt about the formation of polyps and how they can become cancerous in addition to the biopsies of benign and malignant polyps. I finished my work experience with the General Surgery Team on the wards, examining people post-surgery checking for any abnormal symptoms or infections.

I had not previously considered myself as "cut out" for the surgical field, having always been squeamish, however I could not have predicted just how interesting I found the whole theatre experience! As a result of this fascinating work experience, my eyes have been opened to new possibilities and I hope to one day qualify as a surgeon, working alongside these talented, incredible people.

Molly Goldsworthy





much as they could in the state of the art medical setting. The students had a fantastic time and now feel like they could potentially make a difference and save a life one day!

Mrs A Butcher

# PEYTON

This year we have been having a real push on being proud of what we do here at TGS so I am delighted to be able to congratulate a huge number of Peyton pupils who have demonstrated our school values.

We have a number of very talented sports people including:

Bailey Spall who has played football for Ipswich Town, beating Arsenal, which I am sure, brought plenty of happiness to Blues fans. Alice Selwood has also represented Ipswich Town and played in a match All of them should be very proud of their against Norwich City. Tyler Coombe took part in a dance competition in Braintree, winning the freestyle and coming runner up in two other categories. *Joshua Cates* continues to impress on the BMX circuit, following up his efforts at the European Championships by qualifying for the World Championships in Texas.

Lucas Lawson continues to go from strength to strength in the swimming pool, setting a new PB in Butterfly recently. Jasmine Howard and Emma **Arnold** also continue to train hard in the water, gaining 9 and 5 medals at the recent Sudbury Club Championships.

We have a large number of exceptionally creative performers too:

Isabelle Selwood was selected to sing at 5 different venues including the Swan Hotel in Lavenham over the festive period and Rebekah Franke has been performing as part of the choir at Bury St Edmunds Cathedral at the Bury Christmas Market. Alfie Marriot has been dancing at Sadlers Wells theatre in London recently while Millie Simon has been offered a summer scholarship at Birds College of Performing Arts in London.

Honesty is a real theme through our values nominations too:

Lost wallets or money have been found and handed in by Jacob Bloomfield, Ashley Dean and Alex Walder recently. Willis Cook also demonstrated the honesty we expect by finding and handing in a set of Ear Pods. I am sure the students (and their parents) were very pleased indeed!

We have plenty of students who volunteer their time to help others too:

Anna Robson and Charlie Stone have both been volunteering at SEESAW, the local animal charity. Numerous other students have offered their time helping family and friends through difficult times from looking after injured relatives to helping new students settle in to TGS and even assisting total strangers in times of need. You know who you are, and thank you all.

achievements, well done!

If you know of any other Peyton students who have demonstrated the school values of Respect, Resilience, Honesty, Positivity, Happiness and Confidence then please feel free to let either myself or their form tutor know and we can give them the recognition and merits they deserve.

A special mention needs to go to Ashleigh Owen who is one of just 4 students in the entire school who has been awarded a 'Headteachers Award'. This is the highest of our new award badges so a huge congratulations needs to go to her.

We have also been very busy entering all the House Competitions this term with superb entries into Children in Need baking comp and Endangered species sculptures recently amongst others. Let's hope that the efforts Peyton students have made are rewarded with a victory in the House Cup at the end of the term!

Mr W Ponsford







Every December in Sudbury the Rotary Club hosts their annual Christmas Tree Festival in St Peter's church to raise money for local charities. Thomas Gainsborough School always contributes to this event by decorating one of the 100 trees in the church to a different theme each year.

This year our tree resembled a traditional Christmas dinner decorated with items you would usually find on your plate on Christmas day. As part of their art work students created turkeys, carrots, parsnips and even yorkshire puddings to be hung on the tree topped with a gravy jug in place of a star. Megan Turner and her nan added final touches to the tree by wrapping a string of

knitted Brussel sprouts around it. Thank you to all the students who made decorations and we hope you were able to take the time to visit this festive event and look at all the fantastic contributions from across the community.





# TOLLEMACHE

Dear all as we gather momentum towards the end of term, it is always good to reflect on what a busy term we have had.

There have been a lot of fun competitions to get involved in.

A scientific change newspaper article, a 5k Charity run, European day of languages bake sale, to list just a few. Mrs Hoff's tutor group are a crafty lot: they entered the endangered species sculptures competition. Everybody got involved and produced a papier mache tiger's head. The head was inspired by the snow leopard the tutor group have adopted from the WWF which is the Tollemache's charity this year. The students pay fifteen pence a month to support a snow leopard in their natural environment. The students have received a soft toy and posters about the snow leopard's habitat. Mrs Beer's tutor group have also adopted a snow leopard and Mrs Bevan-Smith an orangutan.

The charity pots will get a massive boost at the Christmas market this year. The market will be held in the last week of term. Tutor groups are busy planning their stalls. Mrs Gammon and Mrs Beer are planning a hot chocolate stall. Mrs Hoff's group have tie dyed gift bags to hold Suffolk lavender for all things crafty on their stall.

The students have been working hard on their theme of the fortnight this term. During the Remembrance fortnight the students really shone as the work they produced was very thought provoking. The work produced by all the houses and tutor groups was vast, from poems to artwork.

Mr Partrick's tutor group however outdid everyone else with their stunning banner. All the students in the tutor group got involved and produced a poppy and a piece of written work. The final piece was two scrolls of richly decorated artwork approximately 60ft long. This piece of work demonstrates all the key values TGS hold dear.

We have some amazing students in Tollemache house demonstrating the values of the school. Scarlett O'Shea competing in a horse competition, competing against adults in her category. Scarlett came first out of fifty riders.

Isabell Sell competed at the Suffolk Federation of International Gymnastics challenge. Bella became the FIG Suffolk champion of 2019. Winning gold on the



















floor, gold on the vault, sliver on the beam, sliver on the bar. This made Isabell win gold overall. This is a fantastic achievement. Bella gave the Tollemache house a performance of her floor routine in assembly. I can definitely see the 24 hours a week of practice in her measured flips and jumps in her controlled routine. Outstanding work Isabella.

Gracie Brown was awarded a value for positivity in scout work. During the summer, Gracie gained her level 2 Kayak qualification and became a Patrol Leader. Gracie has also raised £1200 of the £1400 she is required to raise for the World Scout Jamboree next year. Gracie raised the money by bag packing at supermarkets, making treats for dogs and cats (as a business), pet sitting and babysitting.

I would like to wish you all a merry Christmas and a happy new year. I look forward to seeing how you all strive for success in 2020. At the beginning of November as part of our regular theme of the fortnight, Tutor Groups have been reflecting on the topics of "Remembrance and VE Day".

Tutor Bases explored aspects such as the Exhortation, the Kohima Epitaph and the timeline of key events from the end of World War One to the point in 1954 when rationing stopped in Britain (nearly 10 years after the war officially ended!)

In our form (JPA) we discussed the meanings behind the exhortation, and the Kohima Epitaph: Exhortation:

"They shall grow not old, as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning We will remember them".

Kohima Epitaph
"When you go home, tell them of us and say,
For your tomorrow, we gave our today"

We then considered the impact of 34 key events on us in Britain, on Germany, and the rest of the world, and produced a banner to reflect our opinion, and then decorated it with some 300 individually coloured poppies.

Well done to the form for this magnificent effort!

Mr J Partrick

Mrs F Raleigh













#### INTER-HOUSE QUIZ

What an exciting end to the week we had last Friday at the KS3 inter-house quiz! A 270 strong audience waited with anticipation as 20 pupils took centre stage to represent their house by answering near-impossible questions. In the hot seats were the following: for Abbas: Thomas Mayles, Sophia Longhurst, Maisie Lane and Fran Pledger. For Chamberlain: George Bowden, Megan Pemberton, Jack Bentley and Joy Morelli. For Houghton: Tommy Bentley, April Gray, Ashley Hart and Gwen Thorogood. For Peyton: Blake Bailey, Maddie Cornwall, Matthew Walker and Isabelle Selwood, and for Tollemache: Anna Buthelezi, Daniel Atkins, Constance Buckingham and Lukus Granderson.

Chamberlain were feeling the pressure as they entered the quiz reigning champions, so could they come out on top once more? They knew Houghton were chasing their tails, and the family rivalry between Jack and Tommy Bentley only added to the tension. Abbas, as always, demonstrated their competitive fighting spirit.

The questions came rapidly from quiz master Mr Welsh, ranging in topics from Great Cornard and Suffolk, to the American Civil war and science, playing not only on the strengths of each pupil, but also into the hands of other houses. As the quiz was in its early stages, the leaderboard was frequently changing, seeing one or two questions alter the position of the houses entirely. However, as the quiz progressed and moved into the final stages, Chamberlain really found their rhythm, and answered question after question correctly, pushing them almost 300 points ahead of second place. As the clock counted down to the final 5 mins, it was clear that Chamberlain could not be caught, their lead had caused irrefutable damage, and Chamberlain remained the champions!

Miss J Hilson



























Once again we are always over-whelmed with the generosity of our students and their families. With many events running this term we have seen some amazing fundraising and we know this will continue throughout this year.

#### Children In Need

With students wearing it spotty and a great donation of cakes students raised £880 for this charity.

The Children In Need decorated cakes were absolutely stunning – well done to Ellagrace Wells for her winning entry.



40cean 5km

This event was suggested and organised by one of our students who was particularly keen to raise awareness about the pollution problem in our oceans globally – especially related to plastic waste.

Although the weather seemed to try and put us off, the all-house 4Ocean 5k run was extremely successful. With 30 people taking part, we managed to raise an extraordinary £400! Thank you to everyone who competed and especially those who managed to raise over £16. Those who raised over this amount will receive a 4Ocean bracelet, a bracelet made of recycled plastic, glass and fabric from the oceans. Once again many thanks and we hope to see you getting involved further in future events across the school. Vahan Rickards





Storehouse Foodbank

Storehouse Foodbank is an initiative of Stour Valley Vineyard Church. Working together with local business and communities they collect food donations all year round. In turn they provide not only emergency food bags but also a listening ear and the hand of friendship.

"The need locally has significantly increased this year, we are now feeding 250-300 people per month, 40% of which are children. In September we received and distributed 6,325 items of food." Once again our students were keen to be involved in this initiative with over 400 items being collected over a 2 week period in time for Christmas food parcels.

A huge well done to Mr Harman/Mrs Turner's form who collected the most items amongst them but Houghton house were the most generous of all.



Remember houses each run their own Charity events too. This term we have seen Chamberlain complete their London-to-Brighton obstacle course and Houghton delivering Christmas cards and candy canes. All the houses then work together to run our two-day Christmas fair with stalls and games to play raising money for our five house charities. Please contact your head of house if you would like to get involved in these type of charity events and remember that taking part counts as evidence towards your Community ribbon.

Miss J Hilson

#### KNITTING & STITCHING SHOW

On the 11th of October, over 50 KS3, GCSE and A level Art and Textile students were lucky enough to visit the Knitting and Stitching Show at Alexandra Palace, London. The Knitting and Stitching Show is the largest textiles event in the UK, with thousands of craftspeople, exhibitors and specialist craft suppliers; each individually showcasing their involvement in textiles.

Having the opportunity to meet and converse with the textile artists was by far the most enriching aspect of this experience, as not only were some of these artists crucial for research, just gaining an insight into their processes, initial inspirations and stories really helped me to engage with textiles and realise the diversity of what can be done with materials. I met a textile artist, Marian Jazmik whose work is a huge inspiration to me, due to the way that she interprets what she sees in nature, focusing her work on the overlooked, using recycled materials and everyday items to convey this.

Not only was the trip inspiring to meet individual craftspeople, for me, it was hugely insightful as there is often a misconception that knitting and stitching are outdated. However, in between fashion runways, state of the art machines and demonstrations, the pure variance in techniques and future innovations proves how the textile industry is seamlessly evolving before our eyes.

The trip was hugely insightful and we all had a fantastic time. Thank you Miss Bowman for giving us this opportunity! I, for one, would love to visit again soon.

Milly Wingate, Year 12

We were able to buy items such as fabric, button etc for own own projects back at school and home.

Besides knitting and stitching there were also more abstract forms of textiles such as felting, embroidery and weaving too.

Megan Turner, Year 10







### COMPETITIONS Competitions COMPETITIONS

What a busy term this has been – from Animal Sculptures to Scientific Newsletters and Twisted Tales there has been something for everybody to get involved in.

#### **Endangered Animal Sculptures**

Students were asked to make an endangered animal of their choice using only recycled or reusable products. As you can see from our cover photo we had a phenomenal number of animals and some of absolutely fantastic quality.

TGS produced over 200 animals and these are now on display in The Apex in Bury St Edmunds and Ipswich Town Hall Café Gallery till March – if you get a chance to go along and have a look at them please do!

Special mention must go to our house winners: Tobey Fenton (Abbas), Jake Cutmore (Chamberlain), Edward Gray (Peyton), Isaac Carlier (Houghton) and Anna Buthelezi (Tollemache) for their amazing entries.

Feedback from Caroline Fish the Waste Service Development Officer for Suffolk County Council: "Thanks so much for taking part and making this project such a success. The main thing is that all your pupils, visitors and their families took on board the important 'reduce, reuse and recycle' message as well as the broader environmental ones, which is exactly what we are trying to do. The project illustrates brilliantly that if we all do a little bit it really adds up to a lot!"

Watch this space in the Summer when we will have another competition linked with the Suffolk Show.



















### COMPETITIONS Competitions COMPETITIONS

### Scientific Change Newspaper Article

This competition involved students creating a newspaper article about a Scientific Change – covering any aspect of Science. Students needed to research their chosen area to make sure their article contained factual information and then considered their page layout to be in the style of a newspaper.

We had articles discussing the changes in transport, particle acceleration, recycling and even medicine – all well researched and well written. Top winners were Kai Thomas (Chamberlain) and Sam Clayton (Abbas). Well done boys!

### Twisted Tale Story Competition

Pearson Education launched this national competition where students needed to take a traditional tale and re-write it with a modern day twist. They could include new forms of transport and technology; they could change the setting into a more modern day era or even a local area. Students could include a horror story twist or include themselves as characters. We had over 20 superbly written entries which have now been submitted to Pearson and we eagerly await the results to see how our students have done.

#### Snowflakes

Every year our amazing school Christmas Tree looks fantastic as students enter the building. This year we decided to give our tree some extra support by creating a



back-drop of snowflakes.
Each house competed to make the most snowflakes with much enthusiasm and in total 1800 snowflakes were created using a range of medians.
Some beautiful individual

snowflakes were created by Layla-May Mackender, Maisie Young, Sam Clayton, Mrs Key's tutor group and Mr Reynolds himself.

All competition entries contribute to students' Records of Achievement, giving them a chance to demonstrate many of their talents and evidence of their commitment to all aspects of school life, as well as earning points for their houses. Please continue to check your emails and watch out for many more competitions in the New

Miss J Hilson

Year.



### CELEBRATION OF SUCCESS AT TGS

t Thomas Gainsborough School we are really Aproud of the way we celebrate our students' achievements. Over the past few years this has grown from strength to strength. Our online merit platform allows immediate recognition for both students and their parents / carers. Certificates are presented weekly for those students who have demonstrated our school values both in and outside of school. Students who achieve 300 or more merits go on all expenses paid trips to places like Thorpe Park and London. Students who make outstanding progress and commitment to learning are presented with books, certificates and trophies during our annual awards evenings, students who achieve outstanding success in their extra- curricular activities earn a place on our 'Wall of Excellence' and those students who are fully engaged in school life are presented with 'Full Honours Ribbons' at their graduation ceremony.

This year we have taken it one step further and have launched a badge system for students' blazers. Otherwise known as 'blazer bling', this system gives an incredibly clear visual representation of what our students have achieved and gives them an immense sense of pride.

Badges can be earned in recognition of the following achievements. Half Ribbons, worn on the left lapel, are awarded to those students in years seven and eight who have shown commitment and significant contributions in sport, creativity, community engagement, employability and commitment to learning. Once students have achieved these in Key Stage Three, they can aspire to reach Full Honours Ribbons at the end of Key Stage Four. Bronze, Silver and Gold Pips, worn on the right lapel, are for

students who have demonstrated our school values at the highest level. The 'Wall of Excellence Badge', worn on the left lapel, is presented for outstanding achievement in extra-curricular activities such as getting a story or poem published in a book or achieving regional or national team selection. Student 'Subject Ambassador', worn on the right lapel, demonstrates outstanding commitment and passion for a particular subject and students need to meet all requirements to achieve this very special badge. Finally, the Headteacher's Value Award, worn on the left lapel. The only award to be presented by Mr Lloyd himself can be presented to any student and is for demonstrating our school values in an awe inspiring way. The parents of the first students to achieve this, we are sure, will be immensely proud.

These awards not only reflect the hard work, dedication and passion of the students and staff but also of the school as a whole. 'Excellence for each for all', is our school motto and this display of recognition truly reflects what it means to be a part of our school community. We are really excited to see many more students shining with pride and wait in anticipation for the first Headteachers Value Award to be presented.

Mrs A Butcher



## HEADTEACHER'S VALUE AWARD

Our most prestigious badge – the Headteacher's Value Award has now been awarded to four students who have demonstrated a range of our TGS values: Respect, Honesty, Confidence, Happiness, Positivity and Resilience.

#### Sam Clayton & Davit Rickards

These students received the KS3 and KS4 Headteacher Values Award at our annual Awards Evening back in October for their hard work and commitment to many aspects of school life last academic year. Both of these boys are role models for other students getting involved in many school competitions and events in such a positive way.

#### Reuben Rumsby

Reuben has been instrumental in increasing our Recycling scheme at TGS. He has introduced several different recycling bins to the school grounds and gives up his own time to ensure that much of our waste is now recycled in the correct manner. His enthusiasm in this area is infectious and he now has several other students who help him with his work.

#### Ashleigh Owen

Ashleigh has recently completed some amazing work towards Theme of The Fortnight. Her piece of writing on knife crime was incredibly mature and sensitive and she demonstrated a great deal of respect working on our Remembrance unit.

Well done to these students for leading our new TGS Way!

Miss J Hilson



### PHOEBE DOYLE

National Dance Winner

Phoebe has been dancing since she was very young and started with ballet - she is now working towards her Grade 4 in this. She currently dances with two different dance groups: Sistars in Leavnheath & Boxford and The Company in Colchester, training over 5 hours a week.

She regularly competes in a range of events and recently took part in the IDST (Imperial Society of Teachers of Dancing) National Freestyle dance competition and won the Under 14 Freestyle Solo event!



#### ESME TURNER Gymnastic Regional Champion

Esme started Gymnastics at the young age of 6 years old. She now trains over 15 hours a week (whilst keeping up to date with all her school work) with Bury Gymnastics Club – sometimes training up to 4 hours in an evening. Recently Esme competed in the Regional

Level 5 competition and won bronze for vault, silver for bars, silver for beam and gold for her floor routine! What a fantastic range of achievements! She won a trophy for gold overall in her category.

She now has more Regional competitions to complete before moving on to the Nationals.



#### Paige Gardiner **Football**

Paige has been playing football for many years now first starting out in a girls team before progressing into boys football. Last season Paige pushed herself gaining a place in Needham Market EJA (Eastern Junior Alliance) side becoming the first girl ever to play at this level in the EJA League a fantastic achievement for girls football.

She has now earnt a place with Essex RTC (Regional Talent Club) which is the highest level of girls football in the country.

On Saturdays she now finds herself playing in games against clubs such as Arsenal, Chelsea, Charlton and Reading across the country and visiting many club training ground. She is working towards being selected for one of



the England Regional camps where scouts will be watching the players and she will have the chance to meet both National and International players. For the last two years she has represented Suffolk in the U14 Suffolk Schools Girls squad, playing against other counties. This year she is leading the team as Captain and is really looking forward to playing Essex Schools team as she will be playing against many girls from her Essex RTC squad who are the current National schools Champions.

## ALEX COOPER Football

During his second year with Sudbury AFC Alex was scouted and joined the academy training and was registered for the under 8s and is now in his fourth year with the Ipswich Academy.

Through recommendation by Ipswich Town and the Welsh heritage link he has secured a place in the Welsh development squad for his age group which means attending 6 two day camps in South Wales each year for a 3 year period and potentially friendly games against other countries.

Alex currently trains 3 times a week and usually has a match most weekends too – whilst keeping up to date with all of his school work! This year is crucial for the Ipswich Academy; as he gets older the criteria gets tougher and places are more competitive – if



successful he will be signed for a further 2 years with them.

He is also enjoying playing for the TGS Year 7 team and the Year 7/8 Futsal team.

Sara Cooper

# ISABELLA JOHNSON Cycling

Isabella Johnson, riding for Datalynx-Paranesis Cycling team, has finished in an outstanding 2nd place in the junior women's British Best All Rounder (BBAR) competition. The BBAR is one of the most important competitions in cycle time trialling, so Isabella's success is particularly significant. It takes riders' average speed across a range of distances – in this case two 25 mile events and two 10 mile events. Isabella showed great consistency across the distances and showed an average speed of 24.775mph.

Following this achievement Izzy has been selected to represent Great Britain across the globe in 2020 – she will compete in The European Aquabike Championships in Walchsee, Austria.



# Wall of Excellence

### Denmark Media Trip

In October half term, a group of 13 Year 10 media students went on an extraordinary trip to Denmark to work with an Oscar winning film director, Martin Strange Hansen. The trip lasted 5 days which were jam packed with fun and educational experiences. On the trip we worked with students from Denmark, Sweden and Finland. The film camp was organised by the Twin town of Sudbury Fredensborg. During five days in Denmark we stayed at a community house with everyone else.



On our first day in Denmark we got acquainted with everyone else with fun games followed by a concert. Everyone was very friendly and we all had a lot of fun. On the second day we had to make a scene from our favorite films followed by an acting or camera workshop. The workshops were extremely fun and we all got to know each other even more. After the workshop we all went out in groups to Copenhagen to look at the places we were going to film the next day. These areas ranged from an old factory to a large harbor. After all our hard work we were treated to a delicious meal. The next day was the filming day. We traveled by train to Copenhagen and then we traveled by bus to our areas. We spent most of the day filming but after all the hard work was over for the day we had a quick walk around copenhagen where we admired the architecture and got a bite to eat. That afternoon the editing and poster making began. When the day to show our movies came everyone was exhausted and full of great memories. On the Sunday during the trip, we were the last group left from all the countries that were on this Film Camp. So after this day we had a trip to go to Tivoli Gardens. This is the second oldest amusement park in the world.



Also during this visit, we managed to get a bit of free time in groups to walk along the Danish version of a main street. Filled with clothing stores, restaurants, souvenir shops and even a couple of Lego stores. Then we went to Tivoli. This is where the excitement of the last day was intensified, Tivoli is a very unique park as some of the rides are different to a lot of ones we'd see here in the UK.

This last night was capped off with a brilliant light display from the park, including water works, lasers and smoke machines. After that it was a long trip back to the airport.



The one factor of the trip that was really interesting was that we got to sit down with people we would never have thought to meet and have a conversation on anything that came into our heads. So my impressions of them were really good because they were so different to us in the way they spoke but also had such similarities to us as well.

The part for me that I enjoyed the most was definitly the screening of all the finished products. So getting everyone sat down together like a cinema was an amazing experience. Especially because the people at the community house provided so many snacks and drinks for us. There was popcorn, coca cola, lemonade, cookies and an abundance of sweets. If it couldn't get any better they brought in two extra experts on film and cinema to judge the films and give us professional feedback.



On the filmcamp I learnt a lot, how to use a professional camera and be a cinematographer in a film group. This was really exciting for me because I've never been able to use a proper camera in a natural environment around everyday people.















# MENSDAY November 19

Ten of our Year 8 students were invited to a fantastic opportunity to celebrate International Men's Day at Thomson Reuters' prestigious offices in Canary Wharf. This exciting event built on their success of the last 4 years and is the first time Thomas Gainsborough was able to join in.

The day was hosted by Bear Grylls The Island Star and Radio Presenter Dean Quinton and included students being able to:

- Experience a corporate setting,
- Be inspired by young men doing great things they can relate to,
- Bring the PSHE curriculum to life through inspiring workshops and real life experiences of guest speakers,
- Increase aspirations and understand the many opportunities potentially available to them,
- Be challenged to make a difference in their community and realise their personal power,
- Meet boys from different walks of life and celebrate International Men's Day amongst their peers,
- Have a positive day reflecting on what is good about being them,

What an amazing opportunity!

Miss J Hilson





### RELIGIOUS STUDIES TRIP

We went to Cambridge to learn from the lady who wrote our Religious Studies textbook. The day was mainly about how to write essays in the best possible way to get the most marks, we learnt about how to structure essays correctly and ways to make sure you have included everything. The morning was mainly about how and what to include and the afternoon was

more about examples and how we would have marked them. We soon worked out that libby is a very kind marker and that in fact we were quite harsh and often disagreed with her marking. The day was extremely useful as it gave us the opportunity to ask her questions specific to the textbook and the course we also had the ability to see a marker in action which was extremely helpful.

She gave us a lot of resources to help us on our way. Overall the day was really fun, engaging and interesting and I would definitely recommend it to anyone who gets the opportunity to go.

Hannah McGrath-Wells

### SCHOOL STUDENTS TEAM UP WITH SUDBURY CHAMBER OF COMMERCE TO SUPPORT LOCAL BUSINESSES

Secondary school students have partnered up with Sudbury Chamber of Commerce to help encourage people to shop locally over the festive season.

**Pupils from Ormiston Sudbury** Academy and Thomas Gainsborough School in Great Cornard have created their own digital leaflets to highlight the importance of supporting local businesses in Sudbury.

Emphasising the significance of the initiative, Robin Bailey, chairman of Sudbury Chamber of Commerce, said: "It's well known that retailers have been seriously hit by internet trade."



Miss S Byham, Mrs L King, Chloe Thomas and Jess Griggs from TGS

The CAT scheme at DanceEast offers various connections to world-L class performing arts colleges and/or specific dance training. On Sunday 24th November, Bird College (a performing arts college in London) taught the advanced groups a number of jazz routines. Over the afternoon, we learnt technique jazz choreography, as well as the commercial styled jazz.

Bird College were there not only to teach us a different genre of dance, but also to scout for potential offers of a scholarship. I have been offered one out of the two summer-school scholarships at Bird College for five days in London. This week will include an intensive set of dance lessons based around different styles, simultaneously living in approved accommodation in London. I will be taught by world-class teachers, with a lifelong experience in dance and the performing arts.

I am really excited to expand my knowledge and understanding in the performing arts, and gain a sense of direction in terms of career pathways. This experience will teach me how to live independently, while also working incredibly hard throughout the day to learn as much as possible at Bird College.

"I never paint dreams or nightmares. I paint my own reality" - Frida Kahlo

Millie Simon

#### THOMAS GAINSBOROUGH SCHOOL BECOMES FIRST IN SUFFOLK TO ACHIEVE PRESTIGIOUS HERITAGE AWARD



homas Gainsborough School has been recognised with the Heritage schools award by Historic England, the first school in Suffolk to do so. The award is given to schools which have engaged with and made significant contributions to preserving and recording their local heritage. Thomas Gainsborough School students in Year 9, along with other partners have contributed significantly to the development of the 'Sudbury Silk stories' project, a heritage lottery funded multimedia. The Heritage schools award was presented to the was led by Mr Clark and Miss Gammon, and supported by Miss Lomas and Miss Fairs.



As part of the project, students conducted interviews with members of the silk industry both current and former, recorded and edited footage in coordination with a media company and have even become qualified oral historians in order to formally enter their interviews and findings into the historical record. The completed work can be seen at the 'Sudbury silk stories' website, including the finished short film.

project led by Babergh council. In school, the project teachers and students involved by Kate Argyle, East of England local heritage education officer.

> Of the project and the school's contributions, Mrs Argyle said 'The silk industry in Sudbury has a proud and long tradition and Thomas Gainsborough School pupils have played a key part in bringing this fascinating heritage to life as part of the Sudbury Silk Stories project. Those pupils who worked as Oral Historians and interviewers met people who share a real passion for their work and they impressed everyone with their insightful questions. I also want this award to recognise the willingness and enthusiasm of all the teachers who supported the project. It is their hard work that enabled their pupils to take advantage of the sort of experiences projects like this offer.'

Jonny Hawley (now in Year 10) said of the project:

'I was honoured to have been a part of this lifeenhancing opportunity. The professionalism and dedication of those organising it to encouraging us, as students and locals of the community, to embrace our cultural heritage and to express that through this project was one of the most impressive things I've ever experienced. It's been a privilege to have been a part of this documentation of history.'

Megan Turner (Year 10) added: 'I thoroughly enjoyed the silk project, as it was fun learning how interviews are filmed and set up, and also finding out about the actual history and the people who work in the factories is fascinating. I have a passion for history, and particularly the history of my family, and knowing I had members of my family who worked in the silk mills in and around Sudbury, seeing what they would actually have been doing, and what their work meant to Sudbury's trade, is very fulfilling. Being the first school in Suffolk to achieve Heritage status, and knowing I was part of the project is very exciting, as it is very important to the school, and the fact that we are preserving our cultural heritage of our towns is something I am very proud of.'

Mr Clark commented that 'the way the students engaged with this exciting project, and the way they conducted themselves throughout was highly impressive and emblematic of why we are so proud of the students at Thomas Gainsborough school. To be the first school to achieve the heritage award in Suffolk is a great recognition of the work the students and teachers have put into this important heritage project.'

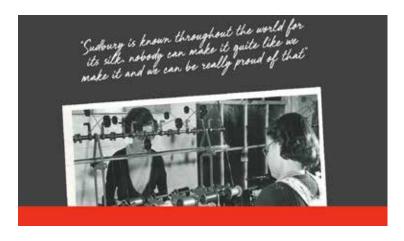


Mr Lloyd said, "All of us at Thomas Gainsborough School are delighted and honoured to be the first school in Suffolk to be accredited as a Heritage School. At the core of our work in school is the belief that we have a duty to ensure that young people understand their place and position within their local community. They are taught to value their past and understand the role that they have in contributing positively to future generations, leaving the world a better place for them having been there. By understanding the story of their past and the heritage of their town they can shape and determine the legacy that they leave behind."

Thomas Gainsborough School will continue to take part in projects which preserve and raise the profile of Sudbury's cultural heritage, and are immensely proud of the work undertaken by the students and staff involved.

Mr E Clark







# ALUMNI

y time at school was a difficult Lone regarding my education. I struggled with dyslexia and would not fully immerse myself into classes and would instead mess around rather than work as it was a self defence mechanism - I didn't want people to see I couldn't do something. I did however have a place in school where I felt comfortable and that was in the P.E department. I participated in most sports regardless of my ability. After school I attended college and then re-sat my core GCSEs. Alongside this I completed a sports course at West Suffolk college whilst I worked as a lifeguard at Kingfisher Leisure Centre. At 18, I became a firefighter in Sudbury. While I did that I furthered my education and enrolled onto an access to university course on Popular Culture and Heritage which I also completed.

At the age of 20 I left the Sudbury area and moved up to Leeds and studied at Leeds Metropolitan University (now Leeds Beckett University). Whilst there I pursued my main interest and passion in life, rugby. Whilst playing at this level I was called up to play for England university's rugby union team. This was my break into professional rugby. Since then I have played for 3 teams which include Championship sides Leeds Carnegie, Jersey Reds and Premiership rugby's Newcastle falcons. In my early years as a pro I achieved success in the

Sam Lockwood

Professional Rugby Player

Greene King IPA Championship and was named in the Team of the Year 2 years in a row while I was playing for Jersey. Since then I have played in the Premiership with Newcastle Falcons. We got to the semi final of the competition in 17/18 and have played in the Champions Cup which is the highest club competition in Europe. If told when I was just playing rugby for fun, that I would play the highest level of club rugby in the Northern Hemisphere I would have laughed.

While I'm still playing I have continued my education and professional development to help prepare for life after professional sport.

Now I look back at my school career with a different feeling than I did before. It helped mould me into a hard working person who never quits. It's helped me realise that anything you want to achieve in life requires hard work and dedication.



# ALUMNI

Ileft, what was then Great Cornard Upper School in 1983 for a BSc in Environmental Sciences at Southampton University. From that time the theme in my professional career has been the environment. I qualified and worked as a Solicitor in the City specialising in Environmental Law. In 1996 moved here to the Netherlands and worked for Nike for 14 years and then TomTom for 3 in corporate social responsibility and sustainability fields. Still here now working for a not for profit ZDHC.

ZDHC is a group of apparel and footwear brands and retailers working together to lead the industry towards zero discharge of hazardous chemicals by 2020.

I am responsible for building the day to day global operational structure and processes that are fundamental to bringing ZDHC strategic vision to life and that support the ZDHC vision of widespread implementation of sustainable chemistry and best practices in the textile, leather and footwear industries. I work closely with Frank, the Executive Director on the global operations of ZDHC overseeing legal, governance, financial, strategic and organisational planning matters. Furthermore, I oversee the development of the contributor model, contributor management and communications.





# A TGS STUDENT'S ANCESTOR

Jacob Wood Edith is my great, great, great Aunt

Edith Cavell was a vicar's daughter, an English matron of a teaching hospital and an influential pioneer of modern nursing in Belgium.

When World War 1 broke out she was visiting her mother in England. She returned to Belgium as she felt her nursing skills would be needed more than ever and felt it was her duty to stay in the occupied country rather than return to the safety of England. Edith's hospital became a Red Cross hospital, and wounded soldiers of all nationalities were equally treated there. Her strong Christian beliefs motivated her to help all those in need, both German and Allied soldiers. She once said, "I can't stop while there are lives to be saved". However, when some wounded British soldiers, who had been cut off from their comrades, arrived, Edith had to face a near-impossible dilemma: if she helped the soldiers she put at risk the neutrality of the Red Cross and would possibly endanger others working with her. If she refused to help them they would be in danger of being executed, along with any civilians who had harboured them.

Edith decided to help them despite the risk to herself. "Had I not helped, they would have been shot", she later said. She then agreed to join a Belgian underground movement and helped more than 200 Allied soldiers to escape to neutral territory. When the network was betrayed, she was arrested, tried by a court martial, found guilty of treason and sentenced to death.

On the eve of her execution she said, "I am thankful to have had these 10 weeks of quiet to get ready. Now I have had them and have been kindly treated here. I expected my sentence and I believe it was just. Standing as I do in view of God and Eternity, I realise that patriotism is not enough, I must have no hatred or bitterness towards anyone".

The execution was carried out at dawn by a firing squad, on October 12th, 1915, at the Tir National in Brussels. Edith was still wearing her nurse's uniform. She immediately became a national heroine to the British and her death was used as propaganda against the Germans. However, Edith never wanted to be a martyr; to Edith the protection of hunted men was a Christian and humanitarian act for which she was prepared to face the consequences. Just as importantly, she is also remembered for her forgiveness.

During May 1919, Edith's body was exhumed at the

Tir National in Brussels and a service was held for her which was attended by the King and Queen of Belgium. Her body was then returned to England.

Edith's body is taken from Dover, in the passenger luggage van of a train, to Victoria Station, later to be used for carrying the body of The Unknown Soldier. It was then carried on a horsedrawn gun carriage, with great ceremony through crowd lined streets, to Westminster Abbey for a memorial service, attended by Royalty.

During the afternoon, Edith's body is taken by special train from Liverpool Street to Thorpe Station, Norwich, for a burial service at Norwich Cathedral at the families request rather than the proposed burial at the Abbey. She is reburied just outside the east end of Norwich Cathedral in an area called Life's Green.

#### Her Legacy

Amongst Edith Cavell's legacies must be counted the possible descendants of the 200 Allied soldiers she helped to save - the people alive now who might not have been alive had she not made the decision she did.

But Edith Cavell's life's work and achievements are overshadowed by the legacy of her death. The propaganda the British were able to make out of her execution, apart from encouraging more men to join up, may also have been one of the factors that turned American public opinion to support the United States entering the war, and ensuring victory for the Allies.

The seeming unjustness and brutality of her execution, especially since she had also helped to save the lives of German soldiers in her hospital, stirred public opinion around the world. Her words of understanding and forgiveness for her executioners captured people's imagination and made her captors look brutal and barbaric.

Over the years, many memorials have been raised to her memory including one near Trafelger Save

to her memory, including one near Trafalgar Square which depicts her in her nurse's uniform and has her famous words of forgiveness engraved.

Around the world there are wards and hospitals that have been named after her, as well as many streets and schools.

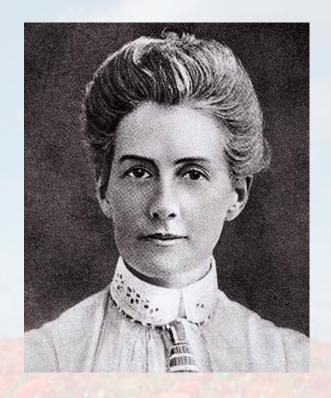
A number of parks bear her name and there is a Mount Edith Cavell in the Canadian Rockies, which was named in 1916.

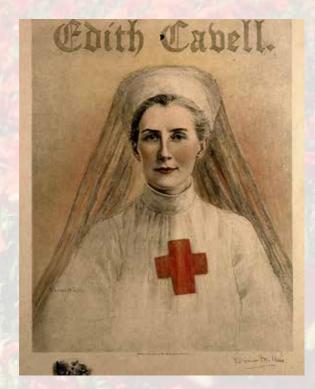
Numerous books were written about Edith, many of those soon after the war were romanticised to the point of being more like works of fiction. But there have been some well researched biographies since World War 1. There were also some films about her: one silent one in 1928 starred Sybil Thorndike (a very famous actress, later to become a dame). In 1939, Edith was played by Anna Neagle. Edith's legacy continues today in the form of the Cavell Nurse's Trust formerly known as NurseAid established in 1917. Providing vital support to all UK nurses.

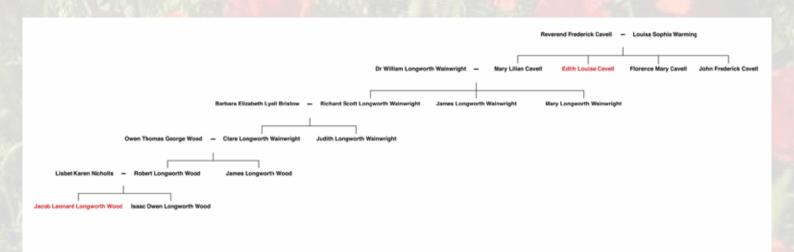
#### Centenary

October 2015 saw the 100 year commemoration of her death and was marked by a series of events in the UK and Brussels. Edith was featured on a UK commemorative £5 coin, part of a set issued in 2015 by the Royal Mint to mark the centenary of the war and work has been carried out to restore her grave in the grounds of Norwich Cathedral after being awarded a £50.000 grant.

Mr Wood







# The Solution The Language Show

15th-17th November 2019 Olympia London

On Saturday 16th November a group of 14 talented linguists attended The Language Show 2019 in London Olympia, Europe's largest language event. We had the opportunity to enjoy some free language taster sessions (23 different languages were on offer!) We also were delighted by some cultural performances: a Korean cultural performance and a performance of indigenous dances from the Southern Philippines.

Students found out lots of information about how to improve their language learning experience and how they can use their language skills in the future, from being an English Language Assistant abroad with the British Council to multiple courses at different universities.

It was a great day and students enjoyed themselves:

"When I went on the languages day trip, I was able to find out about how I could use my language skills and knowledge to build into my potential future careers. One of the best things about the languages day was being able to learn more about a language which previously I hadn't seen on such a highly advanced level. This will greatly help me in my future career. Also, I really enjoyed experiencing interesting Asian culture through dance and music!"

#### Fergus Dark

If you are interested in attending next year please let your language teacher know to find out more.

Mrs L Hurtado-Read



### GEOGRAPHY FIELDTRIP

On the 10th and 11th of October Year 9 STEM Geography students went to Felixstowe to look at the sea defences there and how they work. The field trips allow students to consider how the groynes trap sediment and ensure there is a beach at this popular tourist destination. As always there was a long walk from Languard Point to the pier and lots of work was completed along the way. As is tradition, we all stopped at the Fish and Chip shop half way near to Mannings for a well earned snack! Great learning was conducted on the day and following the trip projects are completed to help demonstrate field work skills and

Thank you to all of the staff who took Year 9 STEM for another informative Geography day out!

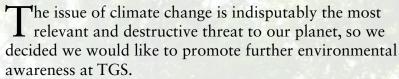
Mrs C Kelly

outcomes.

### PLANT A TREE







Firstly, we implemented a pen recycling scheme, in partnership with a local primary school. We initially ran the scheme as a house competition, with great success, as each house filled at least two buckets with broken or empty pens and other suitable stationery. This facility will remain indefinitely in the main school and sixth form, as general collection points for all to use. All items will be recycled and made into new products as part of a national initiative, from which the house charities will receive a donation.

We then began fundraising at Open Evening for a tree planting project, quickly raising all the necessary money to buy the saplings, stakes and other equipment we would need. Then came the physical planting. We would like to thank Callum Page, Abi Smith, Erin Forbes and Mr Watkins for their excellent help and expertise, which allowed us to efficiently plant all nine trees along the fence line, adjacent to the school drive. We are now discussing planting more trees, either on the school grounds or in the local area, in order to make a small difference to the global trend of rising carbon dioxide emissions. Should you have any suggestions for future environmental projects, please do not hesitate to come and find us, we are excited to hear your ideas!

Charlie Wilson and Poppy Curran, Head Boy & Girl

# CAREERS Careers

After half term the careers department welcomed a new member of staff, Mrs Devereux, who will be replacing Mrs Baker. TGS are sorry to see Mrs Baker leave. She has worked at the school for 22 years and has been involved in helping so many students in choosing which career pathway they are going to follow, giving advice and guidance on subject options to Year 9 students and advising on further education choices to Year 11, Year 12 and Year 13 students. She also worked with all year groups during Enrichment Days and throughout the academic year. She started Operation Christmas, which provided food hampers for several charities in Sudbury, thanks to donations from students and staff. The yearly trip to the Suffolk Skills Show for Year 9 students was an event that was organised by Mrs Baker and enjoyed by all who went on the annual trip. Graduation Day is a huge part of careers, as students would come and discuss ribbons and how they would be able to achieve ribbons. Staff and students will miss her. We wish her all the best in her new career and thank her for all her marvellous work during her time at TGS.

On Thursday 31st October Year 10 students had their mock interviews as part of the Enrichment Day. We were lucky to have 40 employers offer their time to come to TGS for the day and interview the students individually; assessing them on their CVs and letters before the interviews.

All the students did really well. Most were nervous prior to the interview, but came out smiling after their interview, which is always a good sign. Interview skills are so important, as students will come to realise throughout their lives and we would like to thank all the employers who were willing to interview the students and give constructive criticism and praise. Well done to all the students who did so well in the interview process.



Also Year 8 students took part in the "What's My Job" event as part of the PSHE programme. This is informative and fun. We had 5 employers and students had to guess what their occupation was after hearing them describe their working week and all it involved. Again thank you to the employers who took part.



Students have been going out on their work experience placements and making a good impression on the employers who have kindly offered them the opportunity of 5 days in the "Working World". Students who have completed work experience this term are: Bethan Hines: Wells Hall Primary School

Karolina Mazurkiewicz: Ree's Cafe

Brandon Thomas: FJG Solicitors Jessica Egan: Nayland Primary School

Lorin Grogan: Bishop William Ward School

Isabelle Hand: Pot Kiln Primary School

Britney Worsfold: Sunshine Nurseries

Ella Martin: Long Melford Primary

Mizelli Walker: Hillside Special School

Magan Ha

Megan Hermon: White Diamond Beauty Salon

Nicole Scanlan: THB Solicitors Kaitlin Riddle: Bures Primary Grace Gray: Bures Primary Edward Gurney: Ardmore Vets Callum Ryan: St Gregory's Primary School

Charley Skeggs: Fanboo

Rhiannan Beale-Collins: Sudbury Library

Phoebe McLaughlin: The Bridge Project

Sam Harris: Nether Hall Farm Sophie Allen: Pot Kiln Primary School

Aaliyah Embery: White Diamond Beauty

Well done to all the above students who completed their work experience. Thank you to the local businesses and employers who offer the students the fantastic opportunity of a placement.

# CAREERS Careers

















On 4th December we had Enrichment Day for KS3 students. Year 8 students took part in the speed networking event, which involves employers coming to TGS and being sat in a large hall. Students then have the opportunity to visit each employer in groups and listen to them talk about their career and ask questions regarding qualifications required to embark on their chosen career. Students then have time to ask questions about future career pathways, college courses and apprenticeships. The event went well and the students took a lot from their time spent with the employers.

Once again thank you to all employers who took part.



Miss K Perkins

Year 10 and Year 12 Work Experience Coordinator

# TGS CLAIM SECONDARY SCHOOL OF THE YEAR AWARD

□riday 15th November saw TGS PE  $oldsymbol{\Gamma}$  department attend the Suffolk Sports Awards 2019, held at Kesgrave Hall. TGS were nominated by Andy Samways for the Secondary School of the Year, for their work creating an inspiring curriculum which 'changes the child' as well as leading national innovation with Sport England in their Specialist Teacher Training Programme, being one of 40 schools across the country selected to develop approaches to curriculum and staff development. Their project sees inclusive practice being embedded and intentionally developed alongside competitive and elite performance strands. The extensive extra curricular programme, including a variety of trips to see elite sport competitions, including a very successful leadership programme. The outcomes for their KS4 & 5 students. TGS were shortlisted from all the nominations and after a very quick voting process through many forms, TGS were in the final 3, along with IES Breckland and Pakefield School. TGS were awarded the accolade of the Secondary School of the Year 2019, sponsored by Suffolk PE and Sport Network. A fantastic award for such a hard working department, offering so many opportunities for the young people of Thomas Gainsborough School. Mr Myhill. Head of Physical Education said, "It's fantastic. This can and will be a building block to make the students of TGS even better. We shall continue to develop the curriculum and links with the community and local feeder school to allow even more opportunities for our students. I am really proud of my team, but it is more than this, it is a school ethos and the support we have from everyone is fantastic. TGS certainly does put PE and school sport at the heart of the school."

Well Done!





#### Isabella Johnston - GB

Isabella continues her success in cycling and has impressed with her swimming times. This has opened up opportunities within a triathlon based sport (Aquabike) which is basically a triathlon without the run. Qualifications for the GB team have been accepted and she has had confirmation of her race entry at the European championships in Walchsee Austria on 28th June 2020.

The race itself is an under 20s 2 km open water lake swim followed by a 90km bike road race.

Now the Cycling season takes its winter break, riders' times over different distances throughout the season are collated to find the fastest consistency over the season. This is known as Best British all rounder(BBAR) Isabella finished in second place with an average speed of 24.77 mph.

She continues to train 6 days a week and is determined to achieve her absolute best when she puts on her GB tri suit.



#### WILLOW PARKIN

Is continuing to excel in rugby. She is playing in the Sudbury Rugby team as well as representing Eastern Counties. She is consistently winning player of the matches in many of the games she is playing. Willow underwent a lengthy selection process and was asked to play for Eastern Counties. She plays in number 5, second row. She trains once a week, plays once a week for Sudbury, within a 2 hour radius so plays against clubs like Diss, London clubs, Norwich and Peterborough. Her team last year made it through to the quarter finals of the national cup which placed them in one of the 12 best teams in the UK for her age group! A great achievement Willow. Well done!

# ALEX COOPER WALES FOOTBALLER

I recently attended my first two day football camp training with the South Wales regional squad in Newport.

I was selected through the Ipswich Town Academy because my Grandmother is welsh. I have been with Ipswich Academy since I was 8 years old. I was one of 37 boys selected. The two day camp

was enjoyable because I met loads of new people

and learnt a lot more football skills and techniques. The coaches there were very interested in developing my technical, tactical and physical skills.

#### JESS EGAN

In October, I played for the Colchester United Girls Development Centre, where I train weekly as part of the football pathway. We played 2 tough matches against respective girls teams; 1 against Spurs and 1 against Stevenage. The 1st match against Spurs, I played centre-midfield, and although we lost 2-0, they were very strong and physical. Later in the evening, we played against Stevenage where we lost 6-1, and I again played centre-midfield, but we were very tired from the Spurs game and had lost our goalkeeper due to injury. I enjoyed playing my first games for Colchester and look forward to playing again soon.



#### **ALEX QUIN**

Congratulations to Alex Quin who has been selected to represent Suffolk in cricket for the u18 squad. A great achievement indeed – watch this space for more details closer to the start of the season.

#### NETBALL

#### **Year 9 U14**

On October 30th, we won a match against Thurston. We played very well as a team. On the team were Grace, Tamika, Maddie, Lily F, Holly, Atlanta and Emily. We started off very well but by the time it was halftime we were drawing 4-4 and knew what we had to do to win. At the end of the game we were all very proud that we won by 5 goals, the final score

ended up to be 10-5 to TGS.



#### U12 Netball

TGS v Stowupland – As a team we played very very well. You could see everyone shining in their role on the court. As a team we made some great interceptions and Mya, Ruby and Lucy created some great chances and scored some very good goals. We also scored the highest amount of goals so far this season, with the final score 20-1.

Liberty Rayner

#### U14 Netball

On Tuesday 5th November, We had a match against Stowmarket and the result was amazing. It was 28-9 to us. In the match we kept focussed and we made sure we had our eye on the ball at all times. In every quarter we stayed consistent and scored 7 goals in each. Our strengths were getting into spaces to receive the ball and we made lots of good interceptions. At some points during the match we got lazy with our passes and kept making the wrong type of pass. This was our most successful game due to team work, good communication and determination. Well done girls!

Player of the match: Harriett Hesketh

A couple of weeks ago TGS competed in the western area netball competition. It is where you go against a load of different school/ private schools and see who goes through to the finals. Our A and B teams both got involved and tried to beat the opponents. Unfortunately both teams didn't get through. For me personally my team, which was the B team, was really strong at defending and interceptions in the centre third. We unfortunately didn't win any of the four games but we were one point out on mostly all of them and my team played really well. Very proud of us as a team, well done girls!!

Match reporters: Hollie Platt & Harriett Hosboth

Players of the match: Hollie Platt & Harriett Hesketh.

#### **SWIMMING**

On Tuesday 15th October, TGS took part in a swimming competition at St Felix school. There were multiple age groups for each school so people in Years 8,9,10,11 and Sixth Form all represented TGS. Even though TGS unfortunately didn't make it into the next round, the competition was very enjoyable for all the swimmers who took part and was a good experience.



#### BADMINTON

#### West Suffolk badminton competition

On November 14th the U16 boys and girls badminton teams went to Samuel Ward in Haverhill to participate in the West Suffolk badminton competition. The boys played against: Ormiston, Newmarket, Mildenhall, Culford and Samuel Ward, and the girls played the same, except for Culford. They both were up against very fierce competition, and despite the cold weather, played the best they could. The girls came first and the boys came third. This means they are through to the County finals.

Well done to the girls: Niamh Bailey, Evie Prager, Megan Turner and Celeste Barthropp.

Also boys: Charlie Wilson, William Davies, Maxi Webster-Coles and Kacper Kasica.

#### U14 Badminton

The team travelled to Samuel Ward for the area round to play many school in West Suffolk. Both the boys and girls teams played some great badminton and all games were closer than the scores may have suggested. All students who participated enjoyed themselves and having the opportunity to take part is fantastic.

#### U16 Boy's Basketball V Culford /U16 Boy's Basketball V Castle Manor

The boys travelled to Culford for a game whish was always going to be tough. We started well in the first quarter creating lots of chances with the game very close at 11-6 in favour of Culford. As the game progressed with only 7 players the boys started to tire and the points gap got bigger with Culford winning 51-23. The standout performer for TGS was A few weeks later, TGS played against Thurston. James Bayley who scored an impressive 14 of our 23 points with his impressive drives to the basket. The game against Castle Manor was much the same with the boys working hard on defence but Castle Manor had too much for us and again as our legs started to tire Castle Manor pulled away to win the fixture comfortable.



U14 Boy's Basketball V Thurston

The U14 boys welcomed Thurston for a home fixture. The game started with both teams playing very well going forward and there was only 1 basket between the 2 teams after the first quarter. As the game progressed Castle Manor started to pull away with them having an outstanding player who plays for Ipswich who started to run the show. TGS battled bravely but ended up losing the game.

All involved gave 100% effort. We just lacked composure in the final part of the game.

#### U14 Girls Basketball

The U14 girls basketball team have played 2 matches this half term against Castle Manor and Thurston.

Castle Manor was a strong team, with lots of players who represent basketball clubs outside of school. After a nervous first quarter, the girls got into the swing of the game and showed much more confidence and determination. There were some excellent displays of defence, some long range shot attempts and a brilliant shot by Emma Arnold. We tried our best, but it was a very difficult match for us and unfortunately, Castle Manor came away with a secure win.

The game was neck and neck throughout and all involved showed sheer determination and great effort levels in what was a very closely contested match and unfortunately we lost a key player half way through, Grace Beckinsale, due to an injury to her ankle. Despite this, TGS continued working hard and displayed great teamwork. At the end of the match we were drawing, but unfortunately lost by 2 points in overtime. Well done for showing such effort and determination girls!

#### CROSS COUNTRY - IPSWICH HIGH - RACE B

11 TGS students decided to attend the next round of the area cross country at Ipswich High School, Saturday 30th November. A very picturesque setting greeted the runners, and the weather although cold, was not too bad for the event. A strong TGS team, performed very well, with many qualifying for the next round to be held at Woodbridge School, early January. Well done to Freddie Baldwin, Jack Bentley, Tommy Bentley, Michael Gwynn, Evie Hughes, Anna Robson, Dylan Fothergill, Ben Lowe, as well as Charlie Walder who could not run due to illness.





U16 A + B Netball vs KEGS

On 27th November two TGS U16 netball teams went over to play King Edwards Grammer School. The A team played first and demonstrated resilience and positivity even against the tough competition given by KEGS. TGS had a few opportunities to score which was taken and successfully executed by Millie Pearson. Unfortunately, TGS were unable to keep up with the outstanding play and speed of KEGS goal attack who gave KEGS an unbeatable lead. The final score was 18-8 to KEGS. After a short turn around it was time for the Bs to play. TGS started off strong with Georgia Hesketh scoring a couple of goals in quick succession. TGS were dominating the first quarter however KEGS strong players started to fight back and finished off with a win of 8-3.

#### U14 Girls Football vs Thurston

On Tuesday 12th November we took our U14 team to play in the cup against Thurston. With 11 players but no goalkeeper it was shared amongst the team who would go in goal. Alice Ward nominated herself first and made some great saves within the first half. Jessica Barr played in goal in the second half however she had very little work to do! TGS made a brilliant start with Paige Gardiner scoring early into the first half. Our midfield worked fantastically with Paige assisting her to 5 other goals within the game. A fantastic corner from Zoe Deacon was

tapped into the goal by Alice Selwood giving TGS a positive lead by half time. Paige scored more of her 6 goals in the second half and a penalty close to the end gave Lois Gooderham a chance to get one also. A fantastic game of football to watch finishing 8-0 to TGS.

#### U16 Girls Football vs Culford

On Tuesday 3rd December TGS hosted Culford in the U16 cup. TGS had a tricky start with only 9 players and for the first half fought hard against Culford's 11. Culford had some strong players scoring early on giving them a 2-0 lead. TGS worked hard as a team with Jess Egan taking on numerous players at a time in order to progress up the pitch. A strong defence consisting of Millie Dexter and Annabelle Krigisman kept Culford from scoring many more. A handball from a corner gave TGS a penalty with Jess Egan scoring; taking the score to 2-1. Playing with 9 took its toll on TGS who struggled and were down 4-1 by half time. After a discussion with Culford's manager they generously gave us 2 of their players allowing the second half to be 11 v 11. Both TGS and Culford played some good football and an unlucky own goal by Culford brought the score 5-2. Culford got another goal at the end winning the game 6-2.

#### U18 Football TGS VI Form 6 St Benedicts VI form 0

The visit of St Benedicts was well anticipated by the boys and with having a couple of players unavailable we needed to rise to the challenge.

We started brightly scoring on our first attack with Archie Pether playing a through ball for Tyrese Williams to place wide of the keeper. Things soon got better when Dan Meekings was upended in the box and Haaris Khan cooly slotted the spot kick away. There was only one team in it now and with Archie Pether adding a third from distance and Tyrese being fouled when charging through giving Haaris the chance to double his tally from the spot meaning we went in at half time 4-0.

We started the second half in dominant mood keeping possession for the first five minutes of the half before Haaris saw his shot whistle wide. With St Benedicts now totally deflated we added two further goals from Ed Whitle and Adam Jego (after 17 deflections) leaving the final score at 6-0 to TGS, A trip to Finborough Sixth Form beckons in the next round.

#### U15 Football TGS (Year 10) 1 St Benedicts (Year 10) 5

A day to forget for the Year 10 team who created plenty of chances but failed to capitalise. The game started well with Ben Gooderham bursting through only to be taken out by the goalkeeper. The resulting penalty smashed off the upright and across the face of goal to be cleared by the defenders. 5 minutes later Leyton Chubb burst through but couldn't get a final touch on the ball once past the keeper. Against the run of play St Benedicts scored two quick goals on the counter attack to leave us chasing the game. Again Leyton burst through only to see his shot scrape past the post. Lightening struck again when St Benedicts again scored on the counter attack. Finally we managed to get a goal for our efforts when Leyton rounded the keeper to slot into an empty net.

#### H.T. TGS 1 St Benedicts 3

The second half started like the first with TGS on the front foot and within a minute Leyton had beaten the offside trap and rounded the keeper only to see his shot come back off the post with Adam failing to get a touch on the rebound. Again we had three or four more chances with Ethan, Leyton and Thomas all having shots cleared off the line. With TGS pushing for goals St Benedicts scored two late goals to leave the score 5-1.

#### U13 Futsal

Both the TGS U13 boys and girls had their area futsal competitions, hosted at TGS. Two very strong squads competed very well, showing some fantastic close skills, decision making and some very powerful shots. TGS boys team performed very well and ended their competition in second place: This was enough to gain qualification to the county final. The girls performed very well, and came up against some very strong teams, and unfortunately did not qualify

for the next round. Both squads really enjoyed the whole experience.



























#### **Thomas Gainsborough School**



# THE 2019 TGS ELECTION DEBATE-Restoring Faith In Humanity

The title, surely a bit grandiose? A bit puffed up? After all it was only a group of students putting a few questions to a group of wannabe MPs with a few TV cameras thrown in for good measure, wasn't it? Maybe, but, if like me, you have watched the election debates, listened to various radio stations putting candidates to the test, read the papers, and perhaps crucially, viewed the online opinions, the TGS debate really does deserve that billing. You may not agree, and allowing someone to have a different opinion seems to have been in pretty short supply over the last few days, months and years, but that was one of the reasons this debate, the third that ITV News Anglia has filmed at the school, in just four years, was perhaps the most successful of all.

So much of what has played out during this election campaign has been unedifying. Lies have been told, promises that will never feasibly happen have been made and conducted, often in a theatre of hectoring, headline making, that it's hard to know who is the main focus of the debate, the journalist or the candidate. I believe the media has as much to answer for as the politicians. Yet at TGS faith was restored. Talking to the panel before the debate there were some nerves and perhaps, I sensed, greater scrutiny than normal in the process. What was the format of the debate going to be? How long would it last? But also a question about interrupting. In other words, would this debate be like every other that we have seen recently. I don't know if this was asked because the panellist was hoping or worrying but if it was the latter, they needn't have.

A minute's silence, to remember those who died in the London Bridge attacks, meant that, understandably, the debate kicked off in a sombre and reflective manner, but, once underway, it reflected all that a good election debate





should be.

The candidates listened, they relaxed and they spoke from the heart. They warmed to the task and as they did, so too the students. Pre agreed questions gave way, initially to a few and then a cascade of comments from the floor, all delivered with great eloquence and understanding. They listened to the answers and responded again but done so in an atmosphere of respect and tolerance.

Opinions were voiced but more importantly, allowed. What was supposed to last around 45 minutes went to nearly an hour and a half and could easily have gone on longer, with all of those there, happy to have done so.

5 schools, 4 panellists, 1 television station and at the end a programme that, if ever you want to restore your faith in what a political debate should look like, you can watch whenever you want at

https://www.itv.com/news/anglia/2019-12-03/ east-anglia-s-first-time-voters-grill-politicianson-trust-brexit-and-the-environment/

The students showed the adults how it should be done and for that I am extremely grateful.

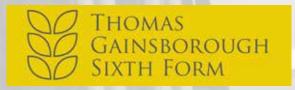
Jonathan Wills- Presenter ITV News Anglia





"The debate was a great way to get involved in understanding more about the local politicians as well as the parties' views on important topics. The debate mainly focused on the topic of Brexit. It was interesting to find that all of the politicians present had clearly supported remaining in the EU. However, they all took varying positions when it came to upholding the result of the referendum. It was interesting to see the importance each politician placed on the environmental policies, with some clearly more passionate than others on the topic. As a new voter, the debate helped me to see who I am going to vote for on the 12th December, and who I definitely won't be supporting."

Angel Worley



Additional link where people can see the debate - just the link addresses under the web address: https://www.facebook.com/itvanglia/ videos/2548582165230972/

PS. A massive thanks as well to TGS on behalf of the whole ITV News Anglia team for the warm welcome and delicious spread that greeted us after the debate. The team needed a nap after!

# 2019 *Graduates* Destinations

Emmanuel Ali University of Oxford Construction Project Management

Eden Rose Arkesden University of East Anglia (UEA) Mathematics with a Foundation Yr

Megan Bailey University of Suffolk Law with Criminology

Molly Bailey University of Suffolk Law with Criminology

Dylan Bailey-Knox The University of Buckinghamshire Creative Advertising

Eleanor Barrow University of East Anglia (UEA) History and Politics

William George Brazier The University of Essex Multimedia Journalism

Reece Brooking The University of Essex Mathematics

Anna Bruce University of Suffolk Early Childhood Studies

Iain Clifft University of East Anglia (UEA) Biological Sciences

Megan Connal The University of Essex Psychology

Lois Cutter The University of Kent Criminology and Sociology

Harry Dixon City of Bristol College Theoretical Physics

Lauren Elliott The University of Essex Childhood Studies

Louis Finch Anglia Ruskin University Marketing (with Placement)

Molly Fisher The University of Kent Hispanic Studies and History

Zinzan Forster St Mary's University, Twickenham Business Management & Marketing

Chloe Fry The University of Kent History and Politics

Bryn Gartland Birmingham City University Global Sport Management

Maria Grumann University of Southampton Nursing (Child)

Charlie Harman Sheffield Hallam University Banking & Finance

Charlotte Harrop University of Westminster, London Photography

Charlie-Leigh Harvey University of East Anglia (UEA) Law

Chloe Jackson The University of Essex Psychology

Georgia Johnson The University of Essex Psychology

Millicent Kirkpatrick The Institute of Contemporary BA (Hons) Creative Musicianship

Music Performance

Samuel Krishnan University of Suffolk Creative and Commercial Music

Oliwia Kujawa The University of Essex Psychology

Jennifer Lee Nottingham Trent University Psychology with Criminology

Miles McCrory University of Surrey Mathematics

Bethany Mills Strength and Conditioning with Anglia Ruskin University Rehabilitation Bethany Victoria Mills University of Suffolk History Anna Morley Writtle University College Veterinary Physiotherapy Amelia Moule University of Exeter Exercise and Sport Sciences The University of Essex Politics Jake Murray-Price Criminology and Sociology Kyra Nel Anglia Ruskin University Zara Nowak Anglia Ruskin University Psychology Economics and Politics Drew Olley De Montfort University Lydia Page-Wright Falmouth University Photography Connor Palmer Ocean Sciences with Plymouth University Foundation Year Philosophy Francesca Perkins-Taylor University of St Andrews Loughborough University Soren Ramchelawon Architectural Engineering and Design Management Nina Rawden Bishop Grosseteste University Education Studies and Sociology University of Suffolk Charley Richardson History Ioe Robson Aberystwyth University Environmental Science Peter Rose The University of Manchester Mathematics Oliver Shennan University of Lincoln Sports Business Management Anglia Ruskin University Emily Smith Psychology Anglia Ruskin University Georgia Spencer Nursing (Child) Taylor Steward The University of Essex Psychology with Cognitive Neuroscience (Including Placement Year) Alexander Weston Mechanical Engineering University of Lincoln Anna Wilde The University of Essex Criminology with Social Psychology Katie Witham The University of Essex Psychology Charlie Wright University of Worcester Outdoor Adventure Leadership and Management

The University of Liverpool

Law

Teia Yule

## KARTING SUCCESS!

Tosh Twitchen started go karting 3 years ago. He started at Youngstars at Red Lodge and within 8 months was ready to stay for the races in the afternoon. In 2018 he came 2nd in the season. It was then he got his own kart for Christmas. His 1st practice in it was between Christmas and new year, then his mentor and trainer at Youngstars said he's ready to compete in a weeks time. So in January 2019 he raced his own kart for the 1st time. He tried his best but it was only his 2nd time in the kart and he was still learning how to handle it. Over this season since he has been on the podium with several overall wins. The season concluded in November with Josh winning the overall points league. At the presentation evening, the drivers had to vote for the best driver, whether most improved, most liked or best driver. This was the biggest and the trophy everyone wanted. Josh was crowned driver of all drivers 2019. An amazing achievement in his 1st year. Next year Josh is planning on getting his MSA license and compete more over the country.

AND SANTONE SA

Danielle Twitchen



#### SIXTH FORM CURRY NIGHT

Sixth Form students recently attended a curry night at Cafe Masala in Long Melford. It was a great evening, getting to mix with students we don't normally talk to, whilst eating lots of delicious Indian food! The food and company was lovely, it was a thoroughly enjoyable evening and we would all recommend Cafe Masala.

Mabel Frost

Shaun Coles - Santander Presentation

The presentation by Shaun Coles explained everything he had to go through to get to where he is now, as Global Director of Santander. He said 'that to get what you want, you have to take risks, since you lose nothing'. I really enjoyed his talk because he made me realise that, nothing in this life is gifted to us and we have to work for it ourselves. He also explained that the process to get to where he is now was not easy, but he worked really hard and is now reaping the rewards of that hard work. He also highlighted some values that employers appreciate when hiring people, and he encouraged us to use the talents we all have as it will make it more beneficial to impress everyone and access more opportunities in the future.

After the talk I spoke to him and asked if he could give me the opportunity to do my work experience with him, as this could help me with my future career.

A really worthwhile talk, which will hopefully lead to me gaining an opportunity with Santander.

Patricia Pavon, Year 13

#### STUDENT CONFERENCE

On Monday 11th November, 12 A level biology students made the journey to London for a student conference. Three speakers presented on diverse topics.

Dr Beverley Glover, Professor of Plant Systematics and Evolution at Cambridge University and Director of the Cambridge Botanic Garden gave a very interesting insight into scientific method in research: how experiments are set up, evaluated, hypotheses proposed and variables controlled, using models and examples that illustrated the principles involved in her research into bees' responses to flowers. Her talk included direct references to content on the A level biology syllabus.

The second speaker was Steve Humphries, Emeritus Professor of Cardiovascular Genetics at University College, London. He spoke very quickly of the genetic causes of cardiovascular disease and how the sufferers could be screened



to detect the issue early to prevent or reduce the risk of heart attack. He used images and statistics to support his presentation; it was a lot to take in in a short time, but was fascinating to listen to.

The final speaker was familiar to many. Lord Robert Winston gave a thought-provoking talk about eugenics and the responsibilities of being a scientist. His content included historical information which touched on art, sociology and history as well as ethics in science which was, at times, shocking. He was an excellent presenter, and the students were talking about his presentation for many days after the conference.

Mrs A Bevan-Smith



# National School Quiz

n November 25th Chris, Barnabus, Callum and I participated in the National School Quiz at Framlingham College. We faced two teams from the college and whoever was victorious, would be going to the next stage of the competition. Sadly, that was not us, as Framlingham A deservedly defeated both teams. However, we were able to get a win against Framlingham B, supposedly breaking the record points total our school had set. The questions asked really had to make you think and I feel that myself and the other boys represented our school very well.

Even though we lost, it was great to be chosen for this event and it was an experience I will fondly remember, not just because the quiz master was extremely extravagant!

Thomas Gage



### SIXTH FORMERS DELIVER SPRING SENTENTIA SESSION

Year 12 top achievers present Spring booster sessions for Year 11 Sententia students.

Following a successful introduction in the previous year, some of our Year 12s with the highest achievements at GCSE will be delivering lunchtime sessions for Year 11 Sententia students in the Spring term. They aim to share their experience and advice on how to be successful in the upcoming summer exams, as well as provide a platform for Year 11 students to ask questions directly of them. What better perspective than from students who have just been through their exams and come out the other side with flying colours?

What makes us especially happy about these sessions is that they arose from student voice. Many of the same Year 12 students who will be delivering these sessions were the very same students who requested more student perspective on their GCSEs when they were in Year 11 last year. They are excited and proud to be in this position and not a little amazed at how quickly time has flown by!

So, Sententia students, expect

fresh advice, skill and knowledge boosters as well as anecdotes, personal wisdom and a free lunch! We hope you find it a valuable experience.

Mr M Harris

# Operating Theatre LIVE

With Operating Theatre Live we all got ready with putting on our scrubs, masks and gloves as if going into a real operating theatre. We used pig specimens to experience dissection of eyes and brains and even the digestive system of the animal. All of which being what I would describe as a once in a lifetime opportunity, despite the smell being one you'd only want to smell once in your life.

It was a very insightful experience which gave much more depth to science lessons as having a 3 dimensional and real organ in front of you is a lot more informative. It was an incredible experience both for those who are looking to go into medicine and studying biology and also just those curious about how the body works.



Oliver Depper

# DNA

TGS Sixth Form's production of GCSE set drama text, DNA was an absolute pleasure to work on and watch. The team of 10 dedicated students worked tirelessly, alongside completing mock exams and assessments. The result of their hard work was a polished, hilarious and, at times, extremely moving piece of drama. The play explores the moral dilemmas







faced by a group of misfit teenagers as they struggle to cover up a crime they have committed. Under the backdrop of eerie trees, cleverly designed and painted by Lucy Kerr, these teenagers argue and plot and reflect on life and their mistakes.

Particular mention must go to the director AJ Simms, whose vision and commitment was unwavering. They really were all excellent students to work with and I'm already looking forward to the next Sixth Form show!

Mrs J Arrow

# UCAS APPLICATIONS



Year 13 are in the midst of a decisive time for their future plans. With numerous open days attended at universities across England, Wales and Scotland students are finalising their applications to UCAS detailing their choice of course and universities. Already offers have been received from universities such as Durham, Warwick, York, Leeds, Bristol, Brighton, Southampton, Newcastle, UEA, Essex, Royal Holloway, Kings College, amongst others. This year five students have applied to Cambridge University. Already they have successfully completed a demanding Admissions Test aimed

at assessing their intellectual skills. The next step for them is the Cambridge interview in the next couple of weeks. With three historians and two psychologists involved they have been building their subject knowledge and will practise the encounter with mock interviews at TGS Sixth Form. Already this year the range of UCAS applications from TGS Sixth Formers speaks to the considerable ambition and intellectual capacity of our students and the enthusiasm and support of our staff.

Dr Talbot



The majority of preparation I have done for Cambridge is further reading, especially on the topics mentioned in my personal statement. This is important as it's highly likely there will be questions surrounding these areas of interest. For me, this was the psychology of the unconscious as well as how our biology plays a part in various mental disorders. Being very familiar with my personal statement and references was something that I prioritized, as these texts are the depiction of you that Cambridge has seen currently. My fellow prospective students and I also had the opportunity to experience a mock interview,

carried out by a past Oxford student. This was definitely the most helpful thing that was provided throughout the preparation period, as we all got to experience a similar situation that we would be facing in the near future. I received great feedback on my interview, and it helped me to remember that the University as a whole is not just looking for academic excellence but also a personality behind that.

Chloe Walker

# SIXTH FORM APPLICATIONS

 $\Gamma$  ollowing on from our recent Sixth Form Open Evening, we are delighted to report that Applications to Sixth Form for September 2020 start are coming in fast. Upon receipt of applications, students are invited for an interview, to discuss subject choices and to answer any questions students may have about Sixth Form life. The deadline for applications is December 20th.

Please email sixthform@tgschool.net if you have any questions.

Mrs L King







# ACADEMIC GUIDE

Pollowing the set up of the Sixth Form academic committee, our first goal was to create a useful resource for those just starting, or considering A levels in the future. We therefore compiled, with the help of a variety of other students, an 'Academic Guide'. We have made it as extensive as possible, providing students with a more informative resource than those they may be able to find online or through textbooks. Coming from personal student experiences, we have provided a range of

information from how to revise, how to prepare for exams, what different subjects are on offer and what opportunities are available after Sixth Form. We hope that this guide can be of some assistance and support for students through the adjustment period into A levels and enable them to get the most out of their sixth form years. The guide is available to download as a PDF on the TGS Sixth Form website.

Gemma Deacon

# Spring Term 2020

Monday 6 January - Friday 3 April

Half term: Monday 17 February - Friday 21 February

Non Pupil Days: Monday 6 January

#### Summer Term 2020

Monday 20 April - Monday 20 July

Half term: Monday 25 May - Friday 29 May

Non Pupil Days: Friday 17 July & Monday 20 July







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