### Early Help Teams @ Suffolk County Council

- . Are you a young person [16-18] + not in education, employment or training?
- . Or are you in Yr11 and haven't yet sorted out your education, employment or training for next year?
  - Got questions?
  - . Looking for support?
  - Need help do a CV or prepare for interview?
  - . Want a chat about what you're going to do next?
  - . Are there other barriers preventing you from moving on?
- . The Early Help Teams are offering support via telephone, videocall, text and email at the moment
- . For more information, contact your local Early Help Coach
- . [Early Help Coaches can link you to the Young Persons Workers in the teams too]

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Central + South Suffolk	Cally Boardman	07711 190 433	<u>callyboardman@suffolk.gov.uk</u>
Ipswich	Steve Gray	07543 237 729	steve.gray@suffolk.gov.uk
Lowestoft + Waveney	Barbara Blowers	07734 478 882	barbara.blowers@suffolk.gov.uk
Suffolk Coastal	Lou Collins	07711 188 092	louise.collins@suffolk.gov.uk
West Suffolk [inc. Forest Heath]	Liz Ginno	07736 007 620	elizabeth.ginno@suffolk.gov.uk

## $\delta$ careers support







Not sure what you want to do in the future, or have a little more time on your hands these days? Try these to get suggestions for what you might want to do as an apprenticeship, training course or job:

https://beta.nationalcareers.service.gov.uk/
& https://www.icanbea.org.uk/app/game/interests/

There are some great careers resources as well as virtual tours of colleges and local businesses at <a href="https://www.icanbea.org.uk/home-educating-schooling-resources-index/#CAR">https://www.icanbea.org.uk/home-educating-schooling-resources-index/#CAR</a>

# $\delta$ training courses

If you are not in education, employment or training and don't know what to do during the COVID-19 crisis, there are lots of opportunities that have recently become available to you for free

The programmes vary from a few hours to a few weeks in length

They give you the chance to show that you have used the time well and been able to add something to your CV. This could impress colleges and employers when the shut-down is over and you move on to your next steps

Suffolk	. Offers virtual tours of the college for potential students -
New	https://www.suffolk.ac.uk/virtual-tour
College	. To find courses + apply - <a href="https://www.suffolk.ac.uk/">https://www.suffolk.ac.uk/</a>
Suffolk One	. To find courses + apply - <a href="https://www.suffolkone.ac.uk/">https://www.suffolkone.ac.uk/</a>
West Suffolk	To find courses to apply to between the course and the
College	. To find courses + apply - <a href="https://www.wsc.ac.uk/">https://www.wsc.ac.uk/</a>

	A new online learning platform to help boost the nation's skills while
	people are staying at home has been launched
	. The new platform gives people access to free, high-quality digital and
$\Gamma \Gamma $	numeracy courses to help build up their skills, progress in work and
NEW	boost their job prospects
	. These are the skills which are highly valued by employers and sought
online learning	after in a wide range of jobs
from gov.uk	. With more people expected to be working and studying remotely in
	the coming months, the platform offers a great opportunity to learn
$\Gamma$	new skills to help to get ahead online and gain the knowledge we'll all
NEW	need for the future
	. Courses on offer cover a range of levels
	. All courses are online and flexible, so people can work through them
	at their own pace.
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	<ul> <li>. <a href="https://theskillstoolkit.campaign.gov.uk/">https://theskillstoolkit.campaign.gov.uk/</a></li> <li>. Offers a range of free courses for NEET young people in English, maths, music, sports</li> </ul>
	coaching, hospitality, construction, health and social care and landscaping and gardening.
BEATS Learning	They can be made to fit your interests and needs.
O	. For more information, contact Simon Gunton on 07885 706456 or email
	simon@beatslearning.com
	Explore Business Online 3-week Course
	. Starts Monday 27 <sup>th</sup> April 9.30am – 2.30pm Mon – Fri. Includes basic maths and English
CRC	needed by employers, as well as achieving Level 1 in Business Admin, Customer Service
	and Personal & Social Development.  To apply, register details via <a href="https://www.camre.ac.uk/explore-business-online-16/">https://www.camre.ac.uk/explore-business-online-16/</a>
	or for more information, call 07989 227 515 or email <a href="mailto:trainingtalent@camre.ac.uk">trainingtalent@camre.ac.uk</a>
	Introductory course for care work
	. Gain a City & Guilds Level 1 Certificate in Preparing to work in Adult Social Care and
	Childcare
	. for people age 15-24 years NEET [not in education, employment or training]
45t O T	. Open to people interested in the diverse roles in a care environment such as cleaning,
1 <sup>st</sup> Care Training	admin, + catering. Includes working with people with learning disabilities + the role of the activities co-ordinator
	. Courses takes approx. 5-6 weeks but will depend on individual learners
	. Course delivery is via email or posting work to students. There is telephone support from
	the tutor.
	. Email Jake Finney for referrals <u>Jake-1stcaretraining@outlook.com</u>
	. If you've already signed up, you'll be contacted and have the option of dropping out,
National	donating their 'fee' to a mental health charity, or deferring to an autumn programme.
Citizenship	. NCS plans to run normal sessions for their Autumn half term programme [restrictions
Scheme	permitting] + at other times through colleges/schools etc . More details will come out in a few weeks' time
	. Barclays Life Skills - <a href="https://www.barclayslifeskills.com">www.barclayslifeskills.com</a> - tools, tips and learning resources for you
	to help yourself or to support you in the development of others
Online short	. Centre of Excellence - <u>www.centreofexcellence.com/shop/</u> - e-learning courses in a wide
courses – usually	range of subject areas including fitness, mindfulness, wellbeing, writing, hobbies, animal
free	care, aromatherapySome of these are available for £29 when using the code UPSKILL
	. EdEx - https://www.edx.org/course?program=all - explore a new interest, advance your
	career, or break into a new field . Free English lessons online - https://www.esolcourses.com/
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Online short courses – usually free	<ul> <li>Future Learn - www.futurelearn.com/courses - free online short courses offered by universities with subject areas including business, fashion, health and social care, environment, science and more</li> <li>Google Digital Garage - https://learndigital.withgoogle.com/digitalgarage/courses - discover a range of free learning content designed to help grow your business or jump-start your career. You can learn by selecting individual modules, or dive right in and take an entire course end-to-end</li> <li>Open Learn - https://www.open.edu/openlearn/ - free learning from The Open University. Are you looking for a new topic to explore, or want to dig deeper into something you've already discovered?</li> <li>Vision 2 Learn - www.vision2learn.net - nationally accredited qualifications available to study online</li> </ul>
Princes Trust	Online Princes Trust Achieve modules:  . There are a range of topics such as interpersonal skills, managing money, teamwork, + healthy lifestyles  . If you complete 2 units, you can achieve an accredited Level 1 Award in Personal Development and Employability from The Prince's Trust  . No set start date  . Contact Peter for further info peter.hennessey@princes-trust.org.uk  . Or www.princes-trust.org.uk / 0800 842 842
Princes Trust	<ul> <li>Get into Adult Social Care</li> <li>Online programme - Monday 18th May - Friday 29th May 2020</li> <li>Phone interviews and sign-ups will take place up until Wednesday 13th May</li> <li>Are you aged 18-30? Not in education, employment, or training?</li> <li>The Prince's Trust, in partnership with Steadfast Training, are offering a FREE online</li> <li>employment training course, which gives you a fantastic opportunity to start a career within Adult Social care + gets you a Level 1 qualification in preparing to work in adult social care</li> <li>Doesn't affect your benefits and up to 6 months mentoring support</li> <li>Contact Peter for further info peter.hennessey@princes-trust.org.uk or 0800 842 842</li> </ul>
Qube Learning + Qube Work-Fit	Qube Learning + Qube Work-Fit are offering a range of remote courses - available to support the development of your skill set from the comfort of your own home. Open to people aged 19 + above who are claiming Universal Credit  . Warehousing / Preparing to Work in Adult / Social Care / Retail / Digital Skills / Team Leading  . For more info, contact jobseekers@qube-learning.co.uk
TCHC	<ul> <li>the 'step forward' programme will soon be open for new learners again</li> <li>please contact Tyrone for more details on 07720 090 215</li> <li>The 'my gaps' programme is not currently taking on any new learners</li> </ul>
Tempus Training	<ul> <li>Entry to Construction</li> <li>Is a free 1-week course for 16-24 year-olds that should lead to taking the CSCS Card test once centres are open</li> <li>You will need a g-mail account as the programme is delivered in Google. You'll also need a birth certificate or passport and evidence that you are NEET (you can ask your Early Help Coach to provide this evidence)</li> <li>For more information, contact Robbie Adams on 0300 320 1465</li> </ul>
West Suffolk College	The Essentials course  covers Social Awareness, Self-Development and Employability  https://wsc.theskillsnetwork.com/courses/wsc-employability-course-essentials  There may be some waiving of fees  Contact Liz Creasy liz.creasy@wsc.ac.uk
WS Training	<ul> <li>WS Training is still working with some existing learners, providing consultations + work to be completed at home</li> <li>But no new learners will be accepted until new academic year - September 2020.</li> <li>Contact: Charlotte Woolcock <a href="mailto:CWoolcock@WSTraining.co.uk">CWoolcock@WSTraining.co.uk</a></li> </ul>

YMCA are continuing to deliver learning remotely + have a range of offers

- . This year, YMCA training's 5-week Summer programme will be offered to school leavers as an online experience:
- . It runs from **Monday 29th June to Friday 31st July** offering variety of online activities and training sessions to suit all

### YMCA's 16-18 Study programmes

YMCA

- Applications and telephones interviews are now taking place for August 2020 starts in the following vocational areas, all of which include employability, work experience, English & Maths (Functional Skills and/or GCSE)
  - . Childcare
  - . Customer Service / Business Administration
  - . Occupational Studies

YMCA are now recruiting for a Sept 2020 start, our 2 year **Fitness Training Academy powered by NIKE** -

- . This is for any young persons interested in Personal Training / Fitness
- . All details are also available on the website www.ymca.co.uk or call 01473 406 126

## $\delta$ apprenticeships

Look on <a href="https://www.gov.uk/apply-apprenticeship">https://www.gov.uk/apply-apprenticeship</a>
for all apprenticeships - new ones are being added
You can also register, upload your info + apply on this site

The Education and Skills Funding Agency (ESFA) has confirmed that apprentices who are furloughed as part of the government's Staff Retention Scheme can continue in learning provided that they are being supported by the training provider. This can count towards the 20% off-the-job element of their apprenticeship. For more information, contact your training provider.

### Apprenticeships Suffolk

- Website for people looking for an apprenticeship opportunity
- Also has info for parents/carers + for companies looking to offer apprenticeships
- https://apprenticeshipssuffolk.org/

## $\delta$ jobs

### Some good job-search sites are:

- . https://www.indeed.co.uk
- . https://www.findajob.dwp.gov.uk/
- . https://www.totaljobs.com
- . <a href="https://newanglia.co.uk/employment-opportunities/">https://newanglia.co.uk/employment-opportunities/</a>

Vacancies at the moment are mainly in industries such as health and social care, warehousing, supermarket / retail

#### Recruitment pages for bigger companies

- Aldi https://www.aldirecruitment.co.uk/
- Asda https://www.asda.jobs/
- B&M https://www.bmstores.co.uk/careers
- Co-op <a href="https://www.eastofengland.coop/supportus">https://www.eastofengland.coop/supportus</a>
- FarmFoods <a href="https://www.farmfoods.co.uk/join-us.php">https://www.farmfoods.co.uk/join-us.php</a>

- Iceland https://icelandcareers.co.uk/
- Lidl https://careers.lidl.co.uk/
- Morisons https://www.morrisons.jobs/
- Sainsbury's <a href="https://sainsburys.jobs/">https://sainsburys.jobs/</a>
- Tesco <a href="https://www.tesco-careers.com/search-and-apply/">https://www.tesco-careers.com/search-and-apply/</a>
- The Food Warehouse <a href="https://www.thefoodwarehouse.com/vacancies/">https://www.thefoodwarehouse.com/vacancies/</a>
- seasonal farm labour [18 year olds +] <a href="https://hopslaboursolutions.com/seasonal-work/">https://hopslaboursolutions.com/seasonal-work/</a>

minimum wage: April 2020 (current rate)	Apprentice	Under 18	18 to 20	21 to 24	25 and over
	£4.15	£4.55	£6.45	£8.20	£8.72

## $\delta$ volunteering

- Look on https://volunteersuffolk.org.uk/ for regular updates + opportunities
- . Currently advertising Covid-19 volunteering roles
- Also usually covers a wide range of roles + you can search for an opportunity or advertise that you want to volunteer

National Citizenship Scheme

- NCS programmes are being altered because of Covid-19
- There are plans for lots of volunteering opportunities in June / July (lockdown permitting) instead of their normal programme. This will be for 15-17-year-olds working with local organisations + there will be a strong social action aspect
- For more details, please see https://www.wearencs.com

## $\delta$ support services

- . If you'd like some information + support around the current Covid-19 pandemic, please take a look at
- . https://www.thesource.me.uk/home/latest-news-and-views/coronavirus-advice-and-support-page/
- . It includes useful links to get you through, including how to look after yourself and your wellbeing in the current circumstances
- . These are sources that have been checked to provide reliable information and is regularly updated

Babergh Youth Engagement Service [BYES] + One Step Closer [from West Suffolk College]	<ul> <li>BYES is for young people aged 16-24 living in the Babergh area</li> <li>Currently, support is offered digitally to work towards education, employment and training opportunities.</li> <li>Young people can access online training, virtual coaching and signposting to careers or courses they may be interested in</li> <li>See the range of courses at <a href="https://wsc.theskillsnetwork.com/">https://wsc.theskillsnetwork.com/</a></li> <li>Learners that require English and Maths will also be able to start this and will be allocated a support tutor as well as Talent Coach from the project</li> <li>Referrals can be emailed to: <a href="mailto:colin.fordham@wsc.ac.uk">colin.fordham@wsc.ac.uk</a> [for Babergh Area]</li> <li>+ onestepcloser@wsc.ac.uk [for West Suffolk Area]</li> </ul>
Minding the Gap	<ul> <li>MtG support people aged 15-24 to work towards education, employment and training opportunities</li> <li>They are continuing to work with existing participants, supporting them remotely via telephone call, emails, texts and video calls</li> <li>They are accepting new referrals - these will be evaluated on a case-by-case basis Contacts:         <ul> <li>Lapwing – Charlie Wright <a href="CWright@lapwingeducation.com">CWright@lapwingeducation.com</a></li> </ul> </li> <li>Realise Futures, paula.cocksedge@realisefutures.org</li> </ul>

One Haverhill	. Karen Chapple, Youth Skills Manager, works closely with the schools and employers in Haverhill - <a href="mailto:karen.chapple@haverhill-tc.gov.uk">karen.chapple@haverhill-tc.gov.uk</a> . Haverhill young people have their own website - <a href="https://haveyou.org.uk/support/">https://haveyou.org.uk/support/</a>	
The Source	A website for young people in Suffolk     It has information on learning, job hunting including writing a CV, mental and physical health, relationships, housing, money and leisure     www.thesource.me.uk	
Work Well Suffolk (WWS)	WWS can help if you:  Are 18 years +  Unemployed / Economically Inactive  Have long term health condition  Have barriers to learning / employment  Have mental health/Autism / learning support needs  They will:  Support you to engage with education, training and employment  Improve employment opportunities  Promote independence, choice and wellbeing  Empower you to remove barriers to employment  Encourage you to participate in work related activities  They are continuing to help people through a range of support options, including: telephone calls, Social Media, Internet and our Website.  You can read more on the webpage <a href="https://www.suffolk.gov.uk/jobs-and-careers/work-well-suffolk/">https://www.suffolk.gov.uk/jobs-and-careers/work-well-suffolk/</a> or if you would like to get in touch with the team please contact workwellsuffolk@suffolk.gov.uk	

 $\delta$  if you have any information or updates that can be added to the next edition of this, please email cally - <a href="mailto:cally.boardman@suffolk.gov.uk">cally.boardman@suffolk.gov.uk</a>